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**4TH INTERNATIONAL SYMPOSIUM & STUDY DAYS BUILDING A DIGITAL LIBRARY FOR HEALTH & INCLUSION** WEDNESDAY 2ND & THURSDAY 3RD MARCH 2016 ILEC CONFERENCE CENTRE & HOTEL IBIS EARLS COURT, LONDON SW6

# **SPEAKER PROFILES**







NHS

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FACULT FOR HOMELESS

# **SPEAKER PROFILES** (LISTED ALPHABETICALLY BY SURNAME)

# **Riad Akbur**

#### Housing Options Team Manager London Borough of Tower Hamlets

Riad Akbur is a social housing and statutory homelessness professional. He has worked in both frontline local authority operations and policy and strategy. For the past 4 years Riad has headed up HOST at Tower Hamlets Council, the borough's housing options service for single homeless people. Riad is the housing rep for the borough's MAPPA, the housing lead on the Royal London Hospital's discharge pathway for homeless patients, and the joint-lead for the tri-borough No First Night Out initiative, an ambitious project to prevent and combat rough sleeping covering Tower Hamlets, City of London and Hackney.

#### Carolina Albuerne Senior Welfare Rights Advisor Freedom from Torture

Carolina has worked in the refugee sector for the last thirteen years in a variety of roles supporting asylum seekers, refugees and other vulnerable migrants in the UK. She has worked for the Refugee Council, Solace (Surviving



Exile and Persecution) and the Poppy Project amongst others. She currently works at Freedom from Torture coordinating the welfare advice work done with survivors of torture across the organisation's five centres in the UK.

# Alex Bax Chief Executive

#### Pathway

Alongside his work for Pathway Alex is Chief Operating Officer of the NHS Staff College, an initiative designed to bring values-based leadership development to the NHS. He is a visiting fellow at the Institute of Health and Human Development at the University of East

London and Chair of the campaign group My Fair London. A career of 18 years in London Government culminated with five years as a special advisor to the Mayor of London (between 2004 and 2009). For the Mayor he was first the planning and development and then health policy advisor. While in the Mayor's Office he led a wide range of projects: chairing London's European Social Fund and European Regional Development Funds, launching the East London Green Grid, leading the development of London's first health inequalities strategy, and overseeing the first major 'alterations' to the London Plan, bringing concerns with climate change to the centre of London planning policy. Alex is a member of the Faculty of Public Health, holds a Masters in London Studies and a Degree in History. He lives in East London.

#### Kate Bowgett Director of Advocacy Groundswell UK

Kate joined Groundswell in October 2012 and is their Director of Advocacy, overseeing their Homeless Health Peer Advocacy Project. She has worked in volunteer management for the last fifteen years specialising in managing projects making volunteering



more accessible. She has carried out a variety of different volunteer management roles including National Volunteer Manager at Terrence Higgins Trust, Information Officer at Volunteering England and Volunteer Development Manager at Off the Streets and Into Work. Career highlights include spearheading the campaign to allow volunteers on benefits to claim lunch expense and publishing several books on volunteer management.

#### Dr Angela Burnett Lead Doctor and Responsible Officer Freedom from Torture (FFT)

Angela Burnett is lead doctor and Responsible Officer at Freedom from Torture (FFT), where she has worked since 1995. Several years ago she initiated peer support groups and mentoring for FFT doctors documenting evidence of torture which continue to run S



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of torture, which continue to run. She writes extensively on the health of refugees and survivors of torture, including a series in the BMJ and a resource pack for health workers on caring for refugees and asylum seekers. In collaboration with Yohannes Fassil she has recently completed guidance, commissioned by MIND, for NHS commissioners on commissioning mental health services for vulnerable migrants. She also delivers training, has mentored refugee doctors and has assisted in developing health services throughout the UK for refugees and torture survivors.

Until recently she worked as a GP at the Greenhouse Practice in Hackney, East London, caring for homeless people, refugees, and other vulnerable populations.Previously she worked in Zambia with people affected by HIV/AIDS and researched collaboration between traditional healers and formal health workers. She has evaluated education programmes for Macedonian doctors, worked with Oxfam in Ethiopia with people affected by drought and famine and delivered training for doctors and peritos working with survivors of violence and torture in Brazil.

#### Stan Burridge EbE Project Lead

#### Pathway

Stan Burridge spent most of his childhood in the care system and has significant personal experience of homelessness. He gained work experience by volunteering for a number of organisations over the last two decades and has been part of many service user led initiatives and actions due

service user led initiatives and actions during that time.

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Stan brings to Pathway, along with his wide range of personal insights, a unique talent of being able to engage with services users and service providers alike. Stan has developed a steady cohort of 'Experts by Experience' to participate in engagement activities including Pathway/Faculty of Homeless and Inclusion Health conferences. He has carried out research surveys for NHS partners and homeless sector organisations; compiled written reports, delivered lectures for a number of Universities and provided sessions to GP's and healthcare providers as part of an accredited CPD learning framework. Stan continues to facilitate focus groups for internal

and external events, and supports a growing number of EbE's to the Pathway conference, an event he calls the 'showcase event of the year'

Above all Stan continues to ensure that the voices of homeless people continue to be at the centre of all that Pathway achieves.

# Jennifer Cirone Children and Family Support Advisor, Women's Strategy

#### St Mungo's Broadway

Dr Jennifer Cirone is Children & Families Support Advisor at St Mungo's. This is a new role in the homelessness sector which works with homeless people to identify and address needs they have in relation to their children. The work includes casework advice,

training staff, development of specialist parenting





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programmes and identifying, developing and embedding best practice.

Jennifer is a family law barrister and has developed a McKenzie Friend scheme to help reduce barriers to justice in the family courts. Previously, Jennifer managed a high risk domestic abuse service and worked on Domestic Violence Disclosure Scheme and Domestic Violence Protection Order pilots. Jennifer has previously worked as an advocate for adults with physical and sensory disabilities and people with poor mental health. Jennifer is a trustee of a charity that helps homeless women get back on their feet through running and is a running coach.

#### John Conolly Lead Counsellor

Westminster Homeless Health Service, Central London Community Healthcare NHS Trust

John's passion for delivering psychological healthcare to homeless and excluded people was fired up when he realised some years ago how frequently early childhood abuse appeared in peoples' life narratives. It is estimated that 60 -70% of single



homeless people suffer from one form or other of Personality Disorder. He chairs the Westminster Personality Disorder Network, and is in the process of co-developing, and validating a stage appropriate model of psychological intervention, co-facilitated with ex-service users.

## **Jane Cook**

#### **Nurse, Integration Lead**

#### Guy's and St Thomas's NHS Foundation Trust

Jane is a Registered General Nurse and Public Health Specialist (Health Visitor) who has worked in a variety of settings to deliver health care to excluded groups for over 30 years within safeguarding, public health and transcultural frameworks. Jane has



developed innovative projects both with statutory and voluntary sector agencies so as to promote inclusion and has also written national guidance on safeguarding homeless children and families.

Jane is an Integration Lead for a Pathway Team in London developing referral pathways and partnerships so as to develop continuous care for single homeless people within acute and primary care. Jane also provides training and specialist clinical supervision to professionals working on the front line

Jane is a trustee for the Victoria Climbie Foundation and chair of the board of trustees for Nafsiyat Intercultural Therapy Centre.

Jane is a global nomad having been born in Zambia and educated in Zimbabwe, which remains home.

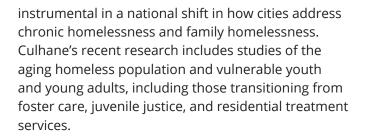
# **Professor Dennis Culhane** The Dana and Andrew Stone Professor of Social Policy, SP2

University of Pennsylvania, USA

Dennis Culhane is the Dana and Andrew Stone Professor of Social Policy at the School of Social Policy and Practice at The University of Pennsylvania, a Senior Research Associate at the Center for Population Studies, and the Director of Research for the National Center on Homelessness among Veterans at the United States Department of Veterans Affairs.

United States Department of Veterans Affairs. Culhane is a nationally recognized social science researcher with primary expertise in the field of homelessness. He is a leader in the integration of administrative data for research and directs the Actionable Intelligence for Social Policy initiative, a MacArthur-funded project to promote the development of integrated database systems by state and local governments for policy analysis and systems reform. His homelessness work has positioned him as an early innovator in the use of administrative data for research and policy analysis, particularly for populations and program impacts which are difficult to assess and track. Culhane's work has resulted in federal legislation requiring all cities and states to develop administrative data systems for tracking homeless services in order

to receive HUD funding. His work has also been



#### Professor Jane Dacre President

# Royal College of Physicians

Jane Dacre was elected president of the Royal College of Physicians in April 2014.



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She is an honorary consultant physician and rheumatologist at the Whittington hospital in North London, Professor of Medical

Education and was Director of UCL Medical School in London before taking a secondment to become PRCP. Professor Dacre was also the medical director of MRCPUK until December 2013 and prior to that academic vice president of the RCP.

Professor Dacre was a GMC council member, and chaired the GMC education and training Committee (2008-2012) and leads a research programme in medical education focussing on assessment.

Professor Dacre was the clinical lead for the development of the first Clinical Skills Centre in the UK, and was a co-author of the GALS screen. She has been instrumental in the development, implementation and evaluation of assessment systems in medicine.

Professor Dacre won the medicine and healthcare category for the 2012 Women in the City Woman of Achievement Award, was named on the Health service journal's inaugural list of 50 inspirational women in healthcare in 2013, was named in the science and medicine category for people of influence Debrett's 500 in 2015 and was named on the Health service journal's top 100 list in both 2014 and 2015.

Professor Dacre is married with three children.

#### Gerry Dickson Case Worker Groundswell UK

Gerry joined Groundswell in 2010 as an HHPA volunteer, starting the Health Promotion In-Reach sessions in the borough of Hammersmith and Fulham and supporting clients to attend health appointments. In 2012 she became



a Project Worker assisting with the Find and Treat Mobile Health Unit Peer Educator Project, until May 2015 when she was promoted to Case Worker and took over running the project. This was her first paid position since returning from overseas in 2003.

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Gerry was street homeless and suffered from alcohol addiction and went into treatment in 2008 she now uses her experiences to help others.

## Mark Easton Home Editor BBC

Mark Easton is BBC News Home Editor, heading the 'UK Specialists Unit' as well as broadcasting regularly on television, radio and online. His first book 'Britain etc.' was published in 2012 and a paperback edition produced in 2013.



His blog, 'Mark Easton's UK', was a finalist at the prestigious Online Journalism Awards presented in San Francisco. He has also won a number of awards for his television documentaries and news reports including the Royal Statistical Society award for statistical excellence in 2009 and 2010.

Mark's role is to provide expert analysis and broad perspective on the issues and stories affecting modern Britain, chronicling the impact of rapid demographic, technological, economic and global change.

In 2005 he wrote and presented a series of television documentaries, "The Happiness Formula", which studied the growth and impact of the politics of wellbeing.





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# **HOMELESS** pathway

Before taking up his current post, Mark was Home and Social Affairs Editor at Channel 4 Television and Political Editor at Channel 5 television. He is married with four children and lives in North London.

### Alison Faulkner Research, training and consultancy in mental health

**National Survivor User Network** 

Alison Faulkner is a survivor researcher and trainer in mental health with over 25 years' experience of working in mental health research and consultancy. She has worked for most of the major mental health charities, including the Mental Health



Foundation, the Centre for Mental Health, NSUN (the National Survivor User Network), Mind, Rethink and Together for Mental Wellbeing. Alison has personal experience of using mental health services, including inpatient care, medication, psychotherapy and crisis services, and has written and presented extensively on the subject. She is currently working with NSUN on developing the 4Pi standards for involvement, and is studying for her PhD at City University: on the role and value of experiential knowledge in mental health research.

#### Susie Finlayson Associate Young Foundation

Susie is an experienced social researcher working across a range of The Young Foundation's research, community engagement and co-design programmes. She has expertise in developing theory of



change and evaluation frameworks and conducting evaluations using a range of both quantitative and qualitative methods. Susie has worked on The Young Foundation's team evaluating Groundswell's Homeless Health Peer Advocacy programme.

## Thea Fitch Peer Support worker, Homelessness Prevention initiative CNWL NHS Foundation Trust

Thea has been working as a Peer Support Worker for CNWL NHS Foundation trust since March 2014. As part of her role with the Homelessness Prevention Initiative at Westminster Community Recovery, Thea is



able to use her experience of recovering from anorexia nervosa, and a long history of mental health difficulties, hospital admissions, and unemployment, to inspire and support others to find their own path to a meaningful recovery. She also uses her experiences of recovery in her work as a Peer Trainer at the CNWL Recovery and Wellbeing college; inspiring hope and empowering others to take back control and find a way of managing their health and wellbeing in a personally satisfying way.

Professor Ursula Gallagher Deputy Chief Inspector of General Medical Services and Integrated Care – Nursing Lead (London) Care Quality Commission

Professor Ursula Gallagher, was recently appointed as Deputy Chief Inspector of General Medical Services and Integrated Care – Nursing Lead (London) at the Care Quality Commission



She was previously the Governing Body Nurse and the Director of Quality and Patient Safety for Brent, Harrow and Hillingdon CCGs. Prior to this she worked as a Director of Quality and Clinical Governance for more than 20 years.

She has worked at a national level leading work on Safeguarding and Clinical Leadership. In 2009 she co-led the support unit for the Prime Minister's Commission in the Future of Nursing and Midwifery, which published its report 'Frontline Care' in March 2010.



Ursula has worked in a variety of clinical settings especially in the field of cardiorespiratory care and still works in clinical practice mostly with patients with long term respiratory disease.

Ursula's other interests include professional leadership, workforce and role development, developing new organisational forms for care delivery and involving patients in service re-design.

Ursula was a member of the Clinical Advisory Panel for the King's Fund Inquiry into the Quality of General Practice in England, and is a member of the Department of Health Payment by Results Clinical Advisory Group. She is also Visiting Professor in Primary Care Leadership at Buckinghamshire New University.

# Michelle Gavin Community Engagement Worker

#### Friends, Families and Travellers

Michelle Gavin has been working for Friends Families and Travellers since January 2010. Michelle is of Irish Traveller heritage through marriage. She is a founder member of GAIT (Gypsy and Irish Travellers association South East England) and previously worked as a volunteer caseworker and advocate. Her current role at FFT is as a health engagement worker – a position funded by Brighton and Hove clinical commissioning Group.

#### Nicola Glassbrook Senior Public Health Officer (Health Inequalities) Devon Council

Nicola worked in the homelessness field for nearly 20 years in a number of roles: managing a direct access hostel, working as a Rough Sleeper coordinator for Exeter City Council and developing and overseeing Outreach services.



She started working for the NHS in 2002 when Exeter PCT agreed to host a multi-agency outreach service for the city. This enabled Nicola to better link health and homelessness: forging better multi agency working; introducing 'Housing First' accommodation projects and piloting personal budgets for entrenched rough sleepers.

Nicola is now based in Public Health Commissioning specialising in reducing health inequalities for vulnerable groups. She has written a Homelessness Health Needs Assessment, which involved carrying out a health audit, has contributed to Devon and Torbay's Dual Diagnosis Strategy and has led a review of access to detoxification and residential rehabilitation treatment for the Devon Drug and Alcohol Team.

Nicola is currently part of a multi-agency group that is leading on a whole system change including MEAM, The Hub and Integrated Care Exeter.

'To bring about real change, everyone needs to contribute, to have their voices heard – from the service users to the commissioners'

#### Mark Goldup HGO Consultancy and Sitra

Mark started with Oxfordshire Probation Service as a housing specialist, and then worked for 12 years at Stonham Housing Association, latterly responsible for policy development and financial analysis. In 1997 he



became a freelance consultant before founding his own company, HGO Consultancy, in 2003. He played a major role in the establishment of the Supporting People regime and subsequently developed a nationally recognised expertise in this area, working at a strategic level for a number of local authorities. He has also worked in the fields of adult social care, criminal justice and the refugee sector. He has developed analytical skills, and has significant experience of financial and non-financial modelling. He developed the only recognised and widely used framework for estimating the need for Supporting People-style services across the full



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range of client groups. He has taken this further in work done recently for the NHF.

#### Laura Greason Policy and Information Worker

#### Roma Support Group

Laura Greason is a Policy and Information Worker at Roma Support Group. She has been working with East European Roma communities since 2011. Laura previously worked for a local authority Ethnic Minority and Traveller Achievement Service. She has an LLB in Law and a Masters in International Relations.

Laura has supported Roma families through the provision of frontline advice work in the areas of welfare, housing and education with a focus on the needs of children and young people including those with special educational needs. Laura also has experience of delivering Roma Culture Awareness sessions to local authorities and universities across the country on how to work effectively with Roma families.

Laura now undertakes policy and campaigning work on behalf of Roma Support Group. She attends regular stakeholder meetings with the Department for Education and the Department for Communities and Local Government as well as contributing to briefing papers and larger research projects on specific issues facing migrant Roma in the UK.

Dr Margaret Greenfields Professor of Social Policy & Community Engagement, Director: Institute for Diversity Research, Inclusivity, Communities and Society (IDRICS) Faculty of Society & Health, Buckinghamshire New University

Buckinghamshire New University Margaret Greenfields holds a first degree in Law and Anthropology from SOAS, a Masters in Medical Law and Ethics



(with Distinction) from KCL in which she focused on comparative teenage pregnancy rates in the UK and the Netherlands; a Masters in Theology from the University of Cambridge and a PhD in Social Policy from the University of Bath which engaged with Roma/Travellers engagement with social work and family law proceedings. She worked for the Universities of London and Manchester as a researcher before training as a community lawyer with a particular interest in homelessness, migration and gender issues, and subsequently working as a legal policy officer for several NGOs in London. In 2010 Margaret Greenfields became Founder Director of the Institute for Diversity Research, Inclusivity, Communities and Society (IDRICS) at Buckinghamshire New University (BNU). She was promoted to become Professor of Social Policy and Community Engagement in August 2012.

Since returning to academia Margaret has worked extensively in the field of social inclusion (with particular reference to accommodation issues and health), ethnicity, equalities and social justice with a specific emphasis on undertaking collaborative research with communities at risk of marginalisation, racism and 'othering'. Margaret has worked closely with Gypsy, Traveller and more recently migrant Roma (GTR) communities for over 25 years and in recent years has been developing participatory action research programmes with vulnerable migrants; LGBT+ members of faith communities as well as refugee and asylum seeking women. She has authored/co-authored and edited a number of books and journal articles, and numerous reports for local authorities, Central Government agencies (including the UK Department of Health; Communities and Local Government and EHRC); the European Fundamental Rights Agency, and charities. She regularly lectures and delivers training for NGOs and in academic contexts in the UK, Europe and South Africa. Margaret is a Trustee of London based youth charity (IARS) and also (until the Charity wound down in 2015) the national Gypsy, Traveller and Roma organisation Travellers Aid Trust (TAT) for over 20 years. She is currently supervising a number of PhD students in various fields relating to health and social care exclusion and marginal citizenship.



#### Dr Neil Hamlet, MBChB, DRCOG, MRCGP, DTM&H, DTCE, FFPH Consultant in Public Health Medicine

NHS Fife, Scotland, UK, National Public Health Lead for Health and Homelessness

Neil trained as a GP in the 1980s before relocating with his young family to Nepal where he directed a regional tuberculosis and leprosy programme in the remote western region. From there he moved to Kathmandu



as medical director for the organisation. During his time in Nepal he undertook a number of consultancies for WHO, World Bank and other agencies in the field of tuberculosis control across South Asia.

Returning to Scotland in 1999 he retrained in Public Health Medicine and currently works as a Consultant in Fife.

His passion is health improvement and reducing health inequalities. His focus is 'the causes of the causes' such that he now describes himself as a 'salutogenic engineer' rather than a doctor.

He is currently engaged in a programme of work seeking to re-invigorate the NHS Scotland's contribution to the prevention and mitigation of the health causes and consequences of insecure tenancy and homelessness.

#### Rick Henderson Chief Executive Homeless Link/Sitra

Rick Henderson is the Chief Executive of the Homeless Link group which also includes national supported housing agency Sitra as of 1st January 2016. These two agencies have a combined membership of 850



organisations across the country. Rick has more than 20 years' experience at a senior level within the voluntary and community sectors.

### Dr Nigel Hewett OBE Medical Director Pathway

Dr Nigel Hewett graduated in 1980 and after GP training volunteered for 2 years training village health workers in the Amazon jungle of Peru, before returning to General Practice in Leicester. He has worked with homeless people since



1990. In 1997 he was the founding chair of the Leicester Single homeless multi-disciplinary team and in 2000 set up the full time Leicester Homeless Primary Healthcare Service. In 2006 he was made a Fellow of the Royal College of General Practitioners and awarded an OBE for Services to the Homeless. In 2009 he set up University College London Hospital's Pathway homeless team. In 2010 he was a founder member of the Faculty for Homeless and Inclusion Health of the College of Medicine and in 2011 became Medical Director of Pathway – a new Charity formed to improve the health care of homeless people and support the Faculty. In 2014 he edited the 2nd edition of the Faculty Standards for Inclusion Health, which has been endorsed by the Royal College of Physicians. There are now 10 Pathway hospital care coordination teams from Bradford to Brighton.

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#### Dr Briony Hudson Research Associate

Pathway and Marie Curie Palliative Care Research Department UCL

Dr Briony Hudson is a Research Associate at Pathway and Marie Curie Palliative Care Research department at UCL. She received her doctorate in Health Psychology from The University of Surrey where she studied trauma and non –pharmacological interventions for pain and anxiety management.

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Briony is the researcher on a qualitative research study exploring the issues and barriers experienced by homeless people with advanced illness, and those that work to support them, in accessing health care

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as they approach the end of life.

Prior to joining Pathway, Briony worked for the Institute of Child Health and Great Ormond Street Hospital researching decision making and attitudes to research held by palliative care patients. Her interests include palliative care, addiction, access to health care, health promotion and patient experience.

## Maxine Jenkins R.G.N., R.H.V., B.Sc. ,B.A., Queens Nurse

#### Beaumont Leys Health Centre, Leicester

I qualified as a health visitor in 1997 and for the last 16 years have worked in the area of inclusion health. I worked for 4 years in Hinckley a small county town with homeless families, 4 years in Leicester working with families



seeking asylum and housed in Leicester and for the last 7 years with families facing homelessness in Leicester City. During this time I have had opportunity to develop projects such as a bus project providing play space and education for families in temporary accommodation, a directory of services that acted as a spring board for agencies to start to work together to support families I the local area, the development of a support group for parents seeking asylum, a survey of homeless families views of the services and an audit of homeless families nutrition. I consider myself very fortunate to have ben enabled to work alongside families during a period of great difficulty and to also have received such great support from the Queens Nurse Institute to develop my skills.

#### Paul Johanson Psychotherapist and Relational Skills Trainer

Paul Johanson is a social worker, psychotherapist and advanced relational skills trainer. He has worked as a practitioner and team/service manager in criminal justice, substance misuse, serious



mental illness, psychological therapies, cancer and palliative care. He has worked as a strategic leader in rolling out national programmes in mental health , psychological therapies and patient experience. He is a long term practitioner and teacher of compassion and mindfulness meditation and is currently the Buddhist Chaplain at the University of Sussex and the Martlets Hospice in Hove, East Sussex.

#### Robin Johnson R&D Lead

#### RJA consultancy and Editorial Board, Housing Care and Support

Having worked in therapeutic communities in the 1970s, Robin was for many years a mental health social worker, before he began to realise how much community mental health work is done by social housing services; and especially with those effectively excluded from care.



Since then, he has spent much of his time in chronicling examples of innovative practice, especially in homelessness; and promoting research into what works. He is credited with having first proposed the term "psychologically informed environments'. and now runs a website to encourage and showcase examples of such creativity in practice.

# Peter Kohn Director Office of London CCGs

Peter joined the NHS in 1978 as a nursing auxiliary and following training as a general nurse, specialised in A+E. He moved into general management in 1986, and specialised in children's services first at Greenwich, then



West Hertfordshire. In 1999 he became Chief Executive of Cotswold Primary Care Group and moved to Cumbria in 2001 to become Chief Executive of Eden Valley Primary Care Trust.

Peter worked for the Modernisation Agency with



CEOs and Boards of PCTs with zero stars, then for various community providers, NHSL and the Specialised Commissioning Group. This rich experience has made him a passionate advocate for quality health services.

He is now the Director of the Office of London CCGs which supports the 32 London CCGs for the things they want to do on a once-for-London basis.

#### **Gill Leng** National Home and Health Lead: Health Equity and Mental Health Division

Gill has worked with local government for 16 years, enabling councils and their partners across England to improve health and wellbeing and reduce inequalities by tackling poor and unsuitable housing, preventing and responding to homelessness, building new homes and supporting communities. Running a national consultancy from Greater Manchester, for the last two years Gill has been Public Health England's national lead on homes, homelessness & and health, and she is currently engaged by the

Royal Society for Public Health and a number of local authorities to provide expert input.

#### Professor Sir Michael MArmot

Recently confirmed as a keynote speaker in 2016, Professor Sir Michael Marmot, Director, UCL Institute of Health Equity and author of newly published 'The Health Gap'. You can see Professor Marmot's address to the inaugural symposium by clicking here.

# Karl Mason

#### Social Work Lead for the Medicine Division

#### King's College Hospital and University of London

Karl Mason is a Registered Social Worker and works part time as the Social Work Lead for the Medicine Division at Kings College Hospital and part time as a Lecturer in Social Work at



Royal Holloway, University of London. He is one of the operational leads for the KHP Homeless Pathway Team, which provides inpatient homeless services at three major London NHS Trusts.

#### Helen Mathie Head of Policy Homeless Link

Helen is Head of Policy and Homeless Link where she oversees their policy, research and information teams. Helen has led a number of evidence based projects to improve policy, including on health commissioning,



welfare reform and migration. She sits on advisory groups for several national research projects within the academic, voluntary and statutory sectors, including the 'Fulfilling Lives' Evaluation (Big Lottery). After starting her career in community development, Helen worked at the homelessness charity Broadway prior to joining Homeless Link in 2009. In 2013 she was seconded to the DH's Health Inequalities unit to lead a review of commissioning for vulnerable and excluded groups. She has a M.Sc. in Voluntary Action Management and was part of the 2015 London Housing Foundation's Leadership in Housing & Homelessness programme.

#### Zoe Matthews Strategic Health Manager Friends, Families and Travellers

Zoe Matthews is a trained psychiatric nurse, who has always taken a keen interest in the interplay of culture, politics and health. This led to degrees in Anthropology and Sociology and an MA in Health promotion (Europe). Zoe has worked with Gypsies and



Travellers since 1995, initially researching how their social exclusion can impact upon health outcomes. This led to work at Friends, Families and Travellers (FFT), which is the only national charity that works on behalf of all Gypsies and Travellers regardless of ethnicity, culture or background.





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#### **HOMELESS** & INCLUSION HEALTH 2016 pathway

Zoe is interested in working with Gypsies and Travellers at the grass roots in order to get their voices heard and the necessary policy changes which will improve the health of the community. Zoe has written for the Equality and Human Rights Commission, as well as the Race Equality Foundation and advised on the National Inclusion Health Working Groups, as well as other national policy groups. Zoe is also a Trustee of National Voices, a charity which is an umbrella organization for over 130 health and social care charities and a strategic partner to the department of Health.

# Dr Pippa Medcalf, FRCP **Consultant Physician**

#### **Gloucester Royal Hospital and RCP Senior Fellow**

Dr Pippa Medcalf FRCP is a consultant physician in acute medicine in Gloucester Royal Hospital. She leads nationally for the Royal College of Physicians in raising standards of secondary care for homeless people and locally has developed an in-reach team for the homeless in her own hospital.



She is the Royal College of Physicians' lead fellow for health inequalities and inclusion health.

# Leslie Morphy OBE Chair

#### Pathway

Leslie Morphy is the new chair of Pathway. Her career has largely been in the not for profit sector including 8 years as CEO of Crisis UK the national charity for homeless people. Prior to that she was a Director of The Prince's Trust for ten years, held the post of



Director of Research and Development at the Basics Skills Agency and was the Director of Broadcasting Support Services - a social enterprise. She is currently Chair Elect of the Board of Governors of Oxford Brookes University and holds non executive directorships for an NHS mental health trust and at

a housing association. She has degrees from the London School of Economics and Birkbeck.

#### Wendy Muckle Founder

#### Inner City Health, Ottawa, Canada

Wendy Muckle has been the Executive Director of Ottawa Inner City Health Inc. since its beginning on February 2001. OICH is the result of concern from the many services dealing with homelessness in the downtown area.



Wendy had been working with the homeless population since 1990 through her positions with the City of Ottawa and Sandy Hill CHC.

Poverty and health, homelessness, HIV/AIDS, harm reduction, health care for vulnerable populations, nursing education and community based information systems are her areas of interest.

Wendy has a Bachelor of Science in Nursing and a Master in Health Administration.

## **Tracy Ndovi Survivors Speak OUT**

Tracy is a member of the Survivors Speak OUT network (SSO), a torture survivor activist network engaged in outreach and influencing work in the UK. She is also a member of Write to Life, a creative writing group. SSO and Write to Life are groups based at Freedom from Torture, a human rights organisation that exists to provide rehabilitation to survivors of torture.



Tracy is from Zimbabwe and was an electrical engineer before fleeing to the UK. She has been in the UK for over a decade and now advocates for refugee rights including unaccompanied refugee children. Tracy has two children of her own who are both with her in the UK.

#### Suzanne Newbrook Clinical Educator and Programme Manager

#### Durham University

Suzanne Newbrook is a Clinical Educator and Programme Manager at Durham University. She has been a Registered Nurse for 18 years and is a Nurse Specialist in Emergency Care, Psychiatry and Medical Education.



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Suzanne has a focused interest in health inequalities and access to care. Since 2014 she has been the Programme Manager of an innovative pilot scheme funded by Health Education Northeast.

This programme gives fourth year medics the opportunity to undertake an unusually lengthy placement that's integrates primary care with community health. Suzanne will explain the vision for the programme, how it was set up, promising outcomes, greater applicability, and future plans.

#### David Parker-Radford Homeless Health Project Manager Queen's Nursing Institute

David joined The Queen's Nursing Institute in April 2014, coming from a background of charity management and project management roles. As Homeless Health Project Manager, David runs workshop events for nurses,



writes publications and conducts policy research in the field of healthcare for the homeless, as well as working with nurses to design guidance and practice development resources.

David has visited homeless health services around England and shadowed clinics and talked to clinicians about their challenges and experiences of care. He currently contributes to national panels including the NIHR King's College London Study Steering Committee on Hospital Discharge Arrangements for Homeless People in England, Public Health England Round table on Homeless Health and Lemos&Crane/ Trust for London Working Group Exploitation and forced labour of homeless and vulnerable people in the UK and has just joined the NHS Health Services for Homeless People Programme Mental Health Expert Working Group.

David has spoken at national conferences including Housing 2015, Journal of Family Healthcare Conferences, Healthcare in the Community QNI Conference, and Lemos & Crane's Homelessness and Wellbeing Conference.

# Ruth Passman Deputy Director for Equality and Heath Inequalities NHS England

Ruth has enjoyed a diverse career operating at Directorial and Chief Executive Level to establish and lead equity and health renewal organisations.



As Head of Equalities and Health Inequalities for NHS England, her

achievements include overseeing the introduction of the NHS Workforce Race Equality Standard, (WRES) in April 2015, establishing a system of 'Lived Experience' representation on the Equality and Diversity Council , commissioning a draft Workforce Disability Equality Standard with an associated campaign of action and engagement, developing national pilot for asylum health provision and pioneering Information Standards for equality groups including the Sexual Orientation monitoring standard currently being piloted and the proposal for a Unified Standard across the 9 characteristics protected by the Equality Act.

Ruth's policy experience spans care at End of Life, the implementation of human rights in healthcare, quality standards in translation and interpretation services as well as championing dignity in care. She is passionate about co-production and working from the asset base of individuals and communities.



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# **HOMELESS** pathway

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# Maxine Radcliffe

# Nurse Practitioner and Outreach Lead

#### Great Chapel Street Medical Centre for the Homeless

Maxine is the lead nurse at Great Chapel Street. She is also the Chair of the London Network of Nurses and Midwives Homelessness Group and Vice Chair of Bridge the Gap London (Charity No 1160595). She has



worked in a variety of acute and primary care settings in both high and low income contexts as well as expedition and civil disturbance medicine. She studied tropical nursing at the London School of Hygiene and Tropical Medicine where she also gained her Masters in Public Health with a sub-specialty in Health Services Management. She currently returns to LSHTM as a guest lecturer on the Diploma of Tropical Nursingcourse.

#### Iman Rafatmah Expert by Experience

Iranian born Iman, his wife and child came to the UK to seek asylum in 2011. In 2015, a month after gaining refugee status they were made homeless again because the accommodation which was provided for them was taken away



once they were given leave to stay. Iman is a member of GMVG & the EDC Inclusion Health Sub Group. He says "Being part of the EbE group at this conference is something I want to do because it is important to be heard but also to listen, I feel this is a real place for that to happen"

# David Robertson Nurse Prescriber

#### South Camden Drug Services

Currently, David works as a Nurse Prescriber in South Camden Drug Services and has spent the last twenty years working

with people affected by homelessness in central

London who also have substance misuse problems.

Until recently, David was the Blood Borne Virus Lead Nurse and Overdose & Naloxone Lead for South Westminster Drugs and Alcohol Services. Previously, David has also managed needle exchange services and developed hostel in-reach prescribing services, one of which almost won an Andy Ludlow award...

David has a particular interest in homelessness and injecting drug use and its related health consequences.

## Dr Chris Sargeant GP Lead Pathway Homeless Team

Brighton and Sussex University Hospital

Chris is a GP and in 1998 set up Morley Street Surgery (later Brighton Homeless Healthcare), a GP surgery for homeless people in central Brighton. Having completed an MSc in Addictions, he became the clinical



lead for Islington's Primary Care Drug Service in 2009.

In 2012 Chris joined Pathway as GP lead for the BSUH (Brighton and Sussex Hospitals Trust) hospital team as part of the clinical trial looking at the Pathway approach to improving the in-patient care of homeless people. The team has since become well established, and has expanded to include outreach and advocacy workers who follow up patients after discharge. Plans are in place to further develop this 'Pathway Plus 'model into a fully integrated health, housing and social care team.

Chris is a part time Senior Clinical Lecturer at Brighton and Sussex Medical School and chair the Faculty of Homeless and Inclusion Health education committee.

# Ousainou Sarr TB Outreach Worker

I was diagnosed with TB on the Mobile X-ray Unit in 2011 whilst homeless and have first-hand experience of the challenges that





people face accessing services and engaging with TB treatment including DOT.TB still carries a great deal of stigma ,especially for some migrant communities. I understand how to communicate sensitively about TB and am skilled at helping patients accept the diagnosis, take treatment and ensure that their contacts can access screening.

I took part in training of the fourth year medical student at UCL during their determinants of health lectures. This lecture was the most highly rated training on the public health course and is now an annual part of medical student training at UCL.

# Duncan Selbie

#### **Chief Executive**

#### **Public Health England**

Duncan Selbie took up post as Chief Executive Designate of Public Health England in July 2012 and as permanent Chief Executive on 1 April 2013. From



2007 to 2012 he was Chief Executive of Brighton and Sussex University Hospitals, the regional teaching hospital for the south east of England.

From 2003 to 2007 he was the Director General of Programmes and Performance for the NHS and subsequently the first Director General of Commissioning. Prior to this he was Chief Executive of South East London Strategic Health Authority and before that South West London and St George's Mental Health NHS Trust. He joined the NHS on 1 January 1980.

#### Dr Caroline Shulman GP in Homeless and Inclusion Health KHP Pathway Team

Dr Caroline Shulman is a GP in Homeless and Inclusion Health. She is currently clinical lead at Kings College Hospital KHP Pathway team. Prior to this she worked as a GP at the Greenhouse



homeless practice in Hackney. Before working in Homeless Healthcare, she was a Senior Lecturer at London School of Hygiene and Tropical Medicine, addressing malaria and maternal health in Africa.

Caroline is principal investigator on a qualitative study on End of Life Care in homeless people, in collaboration with Pathway, St Mungo's Broadway, Marie Curie Palliative Care Research Department and Coordinate My Care. Through discussions with homeless people, experts by experience, frontline hostel and day centre staff and healthcare providers, this research is exploring current provision of care to homeless and vulnerably housed people as their health deteriorates. Current challenges to providing quality care to this population are being considered, with the aim of identifying potential solutions.

#### Marg Smeaton Director of Health Services Mission Hospice

Marg trained as a psychiatric nurse in western Canada in the 1970's. After working in both Alberta and British Columbia she moved to Ontario in 1981 and spent some time at home raising three sons.

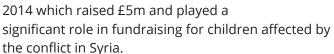


Marg joined the Ottawa Mission in 2002 shortly after the Mission opened its hospice program in partnership with Ottawa Inner City Health. Marg is now the Director of Health Services and oversees a primary care clinic and a dental clinic as well as the hospice.

# Jon Sparkes Chief Executive

#### Crisis

Prior to joining the charity he was Chief Operating Officer of UNICEF. Jon led the partnership between UNICEF and the Commonwealth Games in Glasgow 2014 which raised £5m and played a





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Previously Jon was Chief Executive of SCOPE, the national disability charity, delivering services for disabled people with complex support needs and campaigning for the right of disabled people to choice and control over their own lives. Jon was also the Chair of the Disability Charities Consortium and worked closely in alliance with disabled people's organisations.

He has wide-ranging experience across the charity sector, including as a trustee of SeeAbility, a charity for disabled people with a sight impairment, and through working voluntarily for charities. He has also worked on economic development projects in areas such as long-term unemployment, support services for lone parents, and employment improvement projects with black and minority ethnic communities.

Before working in the third sector, he was a Human Resources Director in the both the public and private sectors. He is a Chartered Companion of the Chartered Institute of Personnel & Development (CIPD), formerly a member of the Editorial Board of People Management magazine and Vice President of the CIPD responsible for Diversity. While leading Scope, Jon chaired an ACEVO working group bringing forward recommendations for voluntary sector chief executives for improving employee engagement.

#### Bean Stocks Expert by Experience

Bean was an expert by experience with Pathway for almost two years, and along with others he took part in a number of events for statutory bodies and partner organisations. His experience of the care system, homelessness and



substance abuse after leaving the child care system gave him the means to be an excellent ambassador for people on the margins suffering health inequalities. He spoke at the Pathway conference in that capacity two years ago and this year will be speaking from the perspective of a Care Navigator for Pathway in his new roll working in UCLH.

#### Dr Al Story Clinical Nurse Lead Find&Treat

Dr Al Story is a Consultant Nurse and the founder and Clinical Lead of the pan-London Find&Treat Service based out of University College Hospitals. His core expertise is in tackling communicable diseases among homeless people, drug and alcohol users, prisoners and destitute migrants. His research interests include outreach, integrating point of care diagnostics on the street, case management, the inclusion of service users within MDTs and the use of internet technologies to promote engagement with health services and treatment continuity. He is an original member of the Faculty for Homeless and Inclusion Health and the Pathway Team and an honorary lecturer with the Department of Infection and Population Health at University College London.

#### Nicky Tanner Lead Nurse Homeless Health Service, Central London

#### Community Healthcare

I have been a registered nurse for twenty years, thirteen of which have been spent looking after rough sleepers in the west end of London. I am particularly interested in poverty and homelessness having experienced both of these as a child and young adult. I am the lead nurse for the Central London Community Healthcare, Homeless Health Service which is a team of nurses and counsellors working from daycentres, specialist GP surgeries and on street outreach. Our primary focus is to reduce the thirty year disparity in lifespan between homeless and homed people. We do this by making contact with people that have 'lost touch' with healthcare, treating their primary presenting problem and working to re-establish a meaningful and lasting relationship with the NHS. We also screen for public health, treat minor illnesses/injuries, prescribe medicine where possible



and try to solve any health or access problem that the person brings to us.

## Dr Ligia Teixeira Head of Research and Evaluation Crisis

Dr Ligia Teixeira is Head of Research and Evaluation at Crisis. She chose the voluntary sector over academia having been awarded a PhD from the London School of Economics in 2007; she joined Crisis in March 2008 following



earlier stints at the Young Foundation and the Refugee Council.

Lígia has also worked in research roles for Professor David Held, founder of Polity Press, for sociologist Professor Helmut Anheier, who founded and directed the Centre for Civil Society, as well as for the International Labour Organisation.

#### Professor Panos Vostanis Professor of Child Psychiatry University of Leicester

Panos is Professor of Child Psychiatry at the University of Leicester, Visiting Professor at University College London, and Consultant at the Leicestershire child mental health service. He has longstanding clinical experience with



vulnerable children, young people and families, i.e. in care, homeless, adopted, refugees, and young offenders.

In his academic capacity, Panos has completed research on the assessment of mental health needs, evaluation of treatment and services for traumatized children, including those living in war zones. He is currently involved in several projects with NGOs and child trauma centres in Asia and Africa.

#### Professor Richard Wilkinson Professor Emeritus of Social Epidemiology University of Nottingham Medical School

Richard studied economic history and the philosophy of science at the London School of Economics before training in epidemiology. His research drew attention to widening health inequalities, and led him to ask the UK Secretary of



State for Social Services to set up an "urgent government inquiry". The result was the Black Report (1980) which stimulated research on health inequalities internationally. Since then Richard has played a formative role in international research on the social determinants of health and on the societal effects of income inequality. His books and papers have drawn attention to the tendency for societies with bigger income differences between rich and poor to have a higher prevalence of a wide range of health and social problems. Two of his books have been the subject of documentary films – one called The Great Leveller for the Channel 4 Equinox series in and another, called The Divide, is to be released soon.

Richard is now Professor Emeritus of Social Epidemiology at the University of Nottingham Medical School, Honorary Professor at University College London and Visiting Professor at the University of York. He wrote The Spirit Level with Kate Pickett, a best seller now available in 24 languages, which won the 2011 Political Studies Association Publication of the Year Award and the 2010 Bristol Festival of Ideas Prize. He co-founded The Equality Trust (with support from the Joseph Rowntree Charitable Trust). In 2013 Richard received Solidar's Silver Rose Award and received Community Access Unlimited's 'Humanitarian of the Year' Award. In 2014 the Irish Cancer Society awarded him the Charles Cully Memorial medal.

In the last few years he has given many hundreds of conference addresses and media interviews round the world, including at WHO, the EU, OECD and the World Bank.



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FACULT FOR HOMELESS INCLUSION HEAD

# **EXPERTS BY EXPERIENCE**

#### Ali

Ali was made homeless for the first time about 3 years ago, and after a couple of months sleeping rough he was referred to a hostel. He said, It was a real shock to the system, I have never



seen so much drugs, alcohol and despair in one place. While living in the hostel Ali was assaulted by someone who had both Hep C and HIV, so for the next 6 months (waiting for test results) he lived life in constant worry. He said, "Screening people would be a good idea, instead of putting them all in one place where illness can just spread"

#### Alister

Alister spent a large part of his childhood in local authority children's homes, first becoming homeless in the late 1970's. This is Alister's 3rd conference and he says, "This time I would like to hear



how doctors are going to improve the way they talk to each other. Lots of the problems I still face are as a result of doctors not being able to talk to each other and the system which stops one doctor seeing someone else's patient, even if it would be for the good of that patient.

# Chris

A marriage ending combined with underlying mental health problems meant that Chris quickly went from being a social drinker to an alcoholic with a drug dependency. "My world spun on its head and while I was losing everything



I had, I gained an addiction which nearly killed me" This is Chris's 3rd conference and it also marks the start of his third year sober. Spending time in both a detox unit and a psychiatric unit as an inpatient, means that Chris is able to talk about how ongoing healthcare support is important for him to stay on the road to recovery.

# Donald

Donald (51) says "Last year's conference was amazing; there was so much energy and so many people all working towards removing the stigma surrounding homelessness and homeless health.



I was shocked to hear that healthcare providers also feel stigmatised for wanting to work with homeless people. Now abstinent for 7 years after taking drugs for almost 40; Donald adds, "My own experiences of being homeless and an addict always felt like a reason to stay away from this kind of thing, but volunteering in Norwich and attending last year's conference is now a reason to keep being involved."

# Edward

Eddie has been homeless and in and out of hostels for the past decade, and currently staying in a night-shelter. Historically his crack & heroin addiction meant that he never



stayed anywhere for long and any money he had he would use for drugs, and live of handouts. He said "my main concern is the aftercare of former addicts, there seems to be either a rush to keep people on methadone or even worse when they are no longer on a script, they are pushed out of the services. More thought needs to be had to stop the low success rates of recovery."

#### lan

As a 15 year old runaway lan began sleeping in squats and was in his own words "on a bender of speed and acid from about 16-21" Getting linked into the mental health system helped





Ian as it was the first time he settled anywhere, but that was waiting for therapy rather than the actual treatment. He says "They should consider the whole picture, health and support, and the time it takes. It's the classic thing about mental health and the waiting times, it is hard to keep someone who is homeless in one place so they are able to get the right treatment."

## Iohn

John first arrived in London for a job he had, but this came to an end when a rogue employer left him nothing other than his few possessions. Fully expecting to be homeless for a little while he



decided to stay in London and soon fell in with other homeless people and admits "I've always had an addictive personality so it was easy to get into the drink and drugs scene with them. Now much more settled he says "I still have a long way to go, and taking part in things like the conference keeps me on that path."

#### Joseph

Joseph was homeless at 14 years of age, beginning to use crack and alcohol pretty soon after. He says that his addiction fuelled his paranoia and deep mistrust of all authority. Joseph is now living



in a flat of his own and has been actively volunteering for a while. "Being able to talk about my experiences is important to me, doing it publicly is important as well as it helps others understand what it is like and how things can be better for others." "This conference is a great opportunity to both educate and learn to make that happen"

#### Megan

Megan brings to the conference a wide range of personal experiences from her own time of being homeless. Addicted to heroin and crack Megan spent more than a decade selling sex to fund her habit, but it all began when



she left the care system with no support. Working

with current homeless people she uses these experiences to inform others whilst at the same time juggling the demands of being a mum to four children. She says of the conference "It is a fantastic platform to create awareness about what is really going on now and how homeless inclusion health is slowly transforming healthcare delivery."

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#### Peter

Peter (64) only spent a short time on the streets, sleeping on London buses, before being going in to a hostel. He maintains the assessment process for



homeless people when it comes to accommodation is bad for people's health saying "cramming people into small spaces when there is so much illness is not making people better, it makes them worse.

He says "Having been at the last two conferences I want to hear the progress since last year, it was fantastic to hear things which are talked about during the first conference get acted on."

## Phil

Twenty years of rough sleeping, drug addiction & alcohol misuse is a cycle which Phil is now breaking and he is well on the road of recovery. This is his s first conference and he says "I am



nervous and excited at the same time; I know that everyone at the conference is on the same side, but I also know what it is like when they are not. I would love to see a world where kids in care don't hit the streets, and talking about what happens when they do might help that happen."

#### Sarah

Sarah brings her lived experience of CAMHS (Child & Adolescent Mental Health Service) and AMHS (Adult Mental Health Service) to the conference. Her particular interest in transitions from CAMHS to AMHS forms the backdrop to her

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volunteering. As well as being involved with Pathway,





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Sarah also volunteers for Samaritans and sits on a number of health and well-being boards. She says "Moving through the mental health system from an adolescent to an adult has a different set of issues, being able to highlight them helps to improve the service for those who are following the same path as I have."

#### Stacey

Stacey first became homeless at 15 when social services gave her a ticket to London. She soon became mixed up with drink and drugs which now forms the backdrop to her lived experience. Now volunteering for Groundswell she says "a problem I see is people trying to get help with a drug problem but



being denied because they have mental health issues, and vice versa. Looking at her own health needs she adds " the waiting list for therapy, medication is often just given out during the wait causing more problems. Stacey is about to start an apprenticeship and sees the conference as a good place to learn and share.

#### Terry

Terry was first homeless with his mum and sisters in 1973 (when he was 5.) he entered the care system when he was 8 and was thrown out of a children's home when he was 15. His life has been a mix of homelessness, prison, mental health issues and addiction's and says he felt there is so much injustice



towards homeless people he didn't want to engage. Now free of addiction Terry still finds himself without fixed accommodation but adds "I just want the professionals to know what it is like so they can change things for the better, not just for me but for everyone."

# Viv

Viv was first homeless after leaving an abusive partner. She admits she has always had mental health problems, mainly depression which became worse during and after that breakdown. Viv adds "I also had an alcohol problem, but when I was homeless and sleeping rough it got better; I been dry since 2000. Homeless people generally go the other way



and drink more. Viv is the only EbE who has attended all three previous conferences and says. "I want to hear all the groups who have made changes after each conference talk about them, so that others can follow."



# FACULTY FOR HOMELESS AND INCLUSION HEALTH

