Rafters, Relationships, Resilience and Response

- the learning in Scotland

Neil Hamlet *– Consultant, Public Health Medicine, NHS Fife*
- National Public Health Lead for Homelessness
neil.hamlet@nhs.net

Housing – the bedrock on which we build our lives and reach our potential for health and wellbeing across the life course.

ScotPHN report

Public Health as a catalyst for new approaches and partnerships

Scottish Public Health Network

Restoring the Public Health response to Homelessness in Scotland

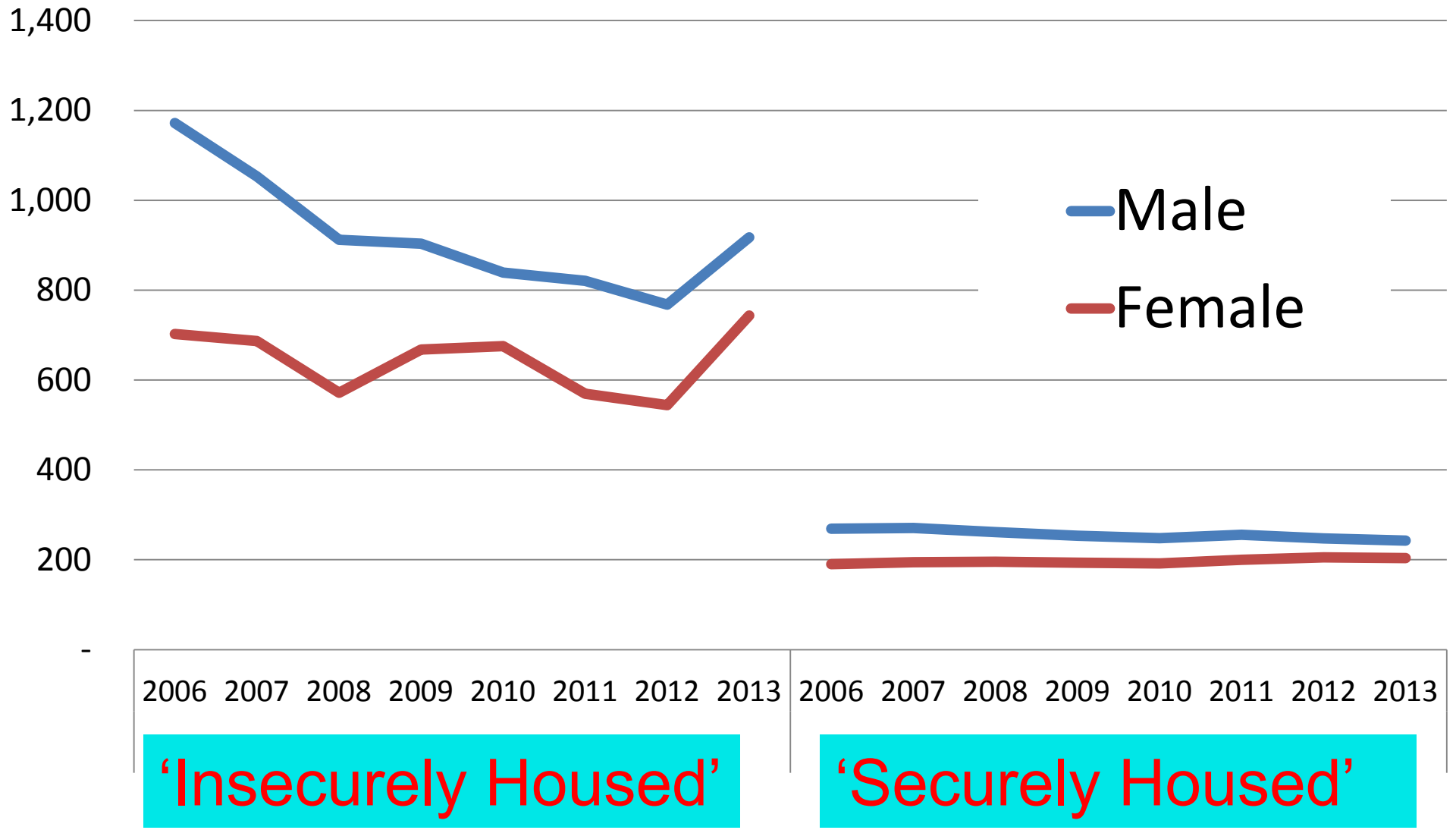
Katy Hetherington
Neil Hamlet

May 2015

‘Health is about Housing’

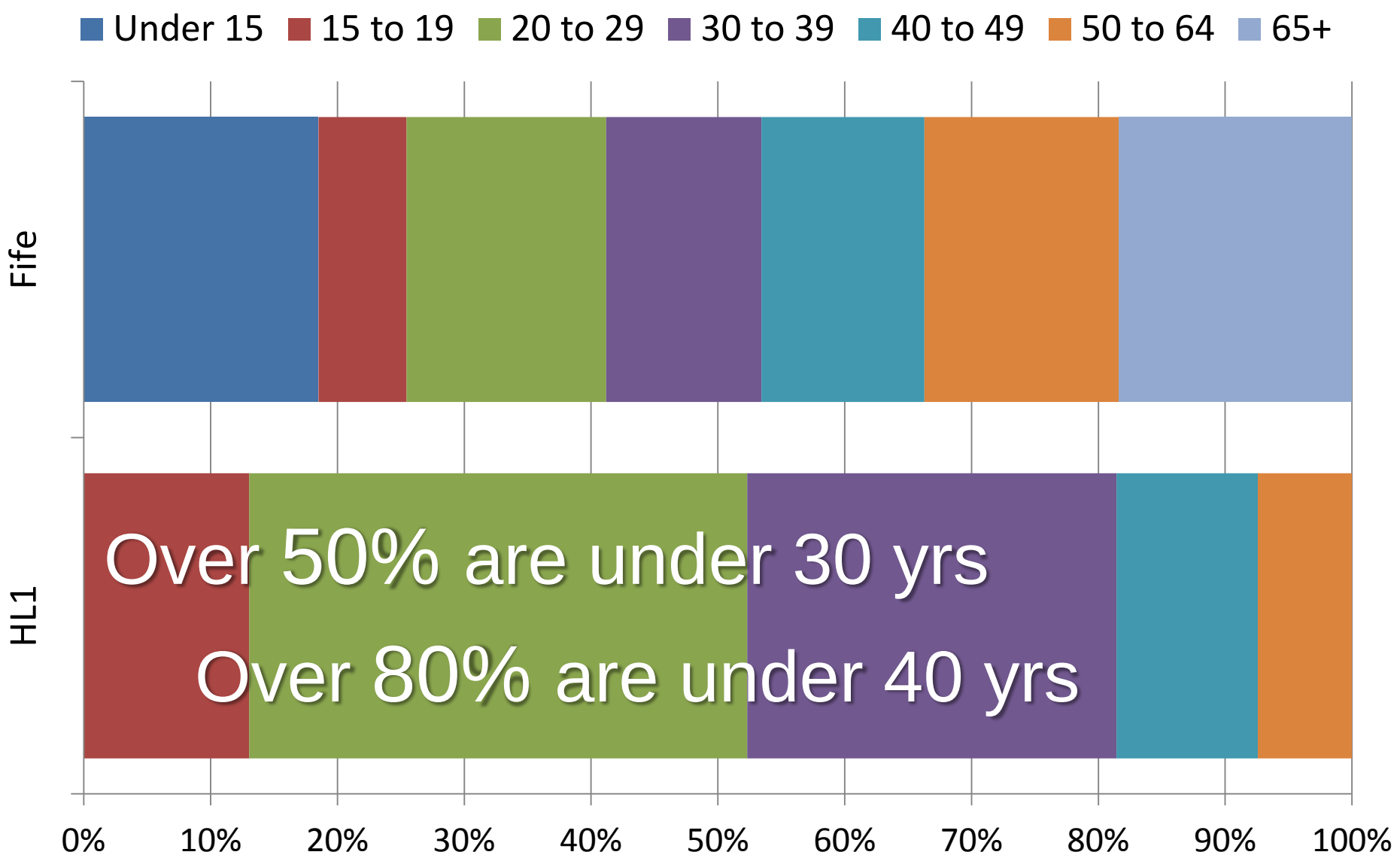
www.scotphn.net/projects/homelessness-guidance-for-public-health/

The impact of homelessness on health care – proving the case



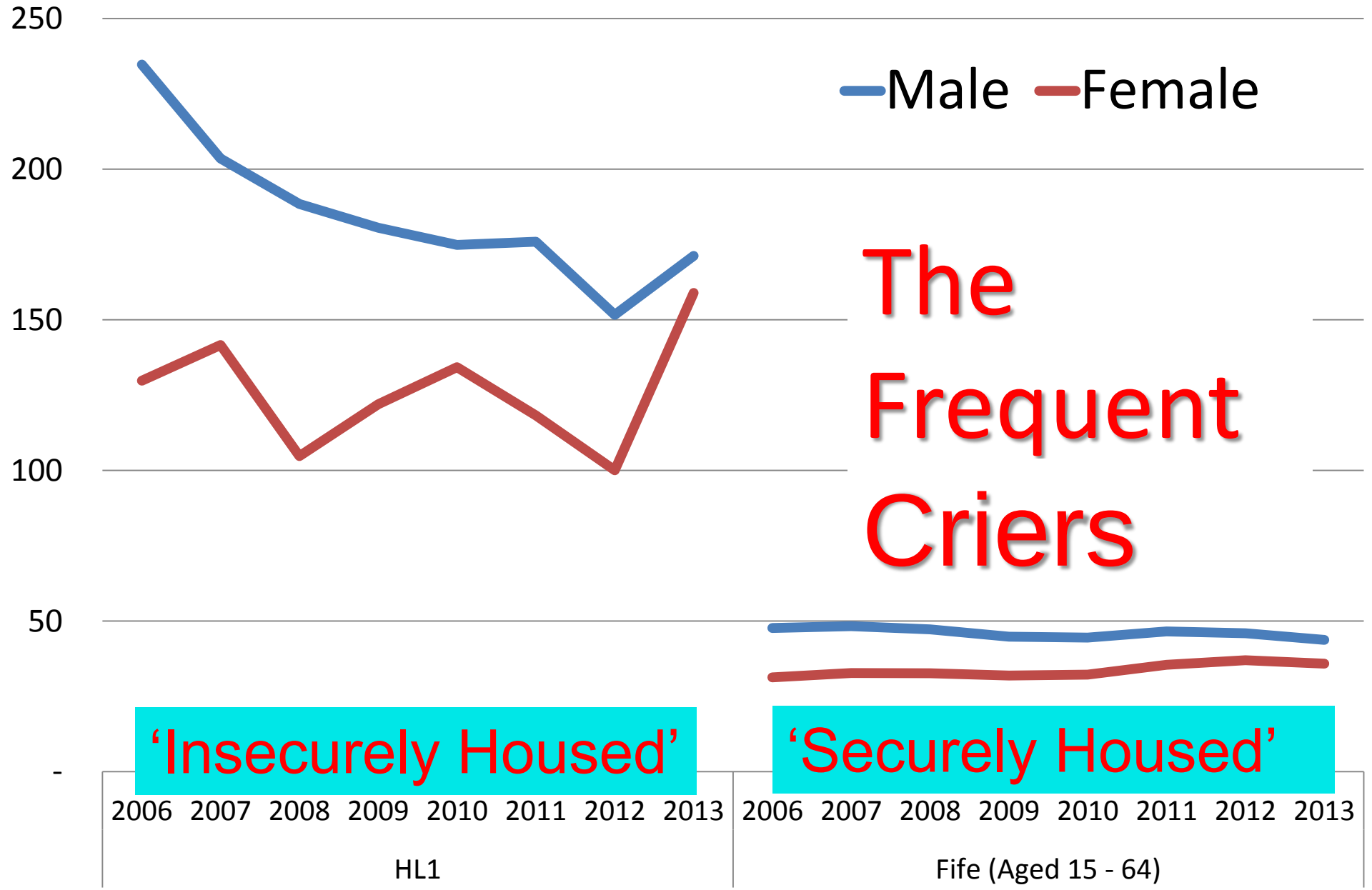
Age Distribution of A&E Attendances; 2013

Age of patients attending A&E



Patient Multiple Attendance Rate per 1,000 Population

Patients who have attended A&E more than once within specified year



Chief Statistician funded pilot to test Fife approach nationally

- Statistics
  - Browse Statistics
    - Housing and Regeneration
      - Homelessness Statistics
        - Ad hoc analysis
        - October - December 2014
        - Annual Homelessness Publication - Tables and Chart
        - Housing Options (PREVENT1) Statistics: 2014-15
        - Homelessness Annual Reference Tables 2014-15
        - Health and Homelessness Data Linkage

The Scottish Government

Health and Homelessness Personal Data Specification (The H2H Return)

For the one-off data linkage of health and homelessness datasets

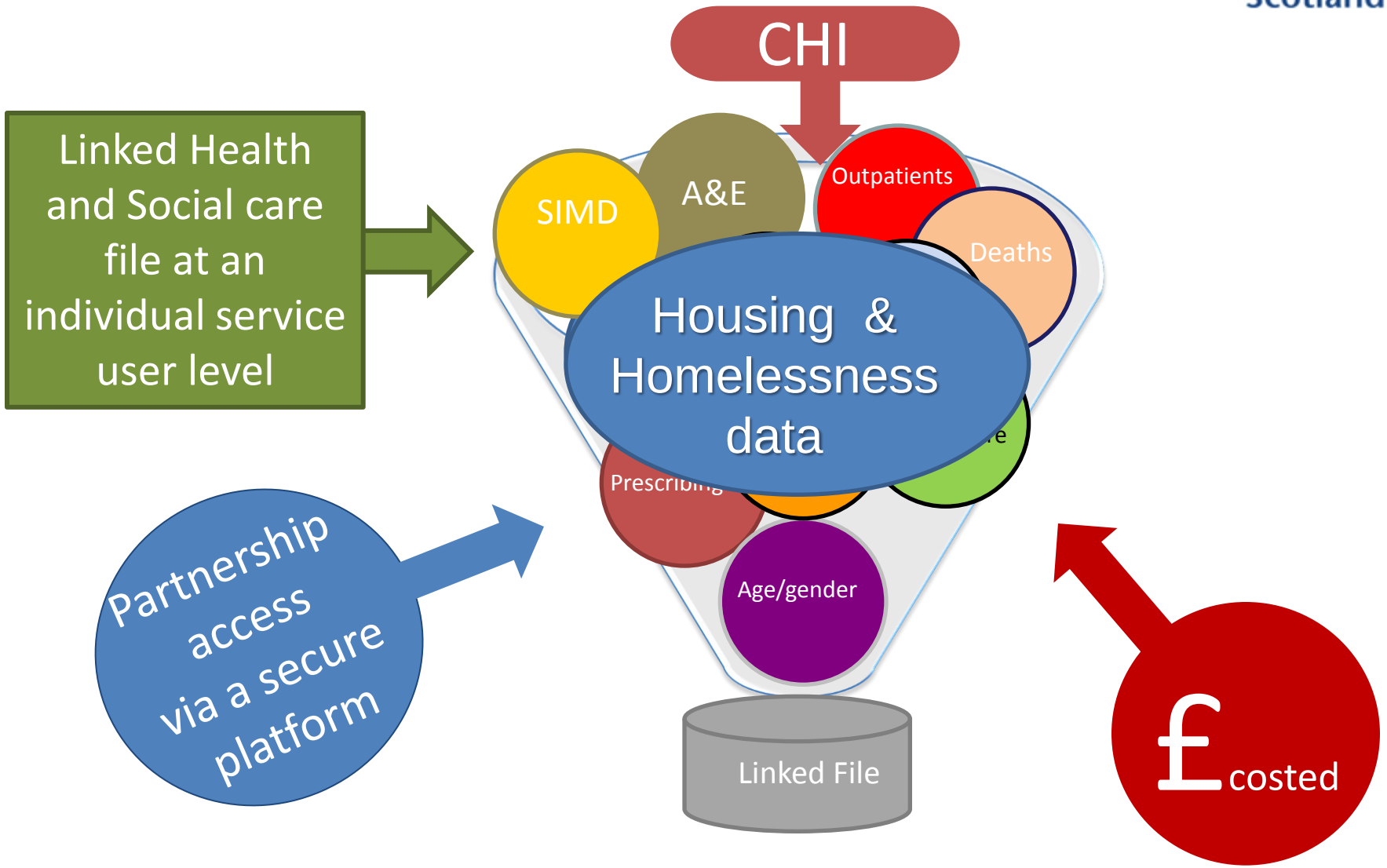
Version 1

28 January 2016

Social Security and Housing Access Statistics

This data specification contains the personal data questions to be used in the linkage of health datasets and homelessness data. The Scottish Government's HL1 and PREVENT1 data will be linked with NHS National Services Scotland data to provide robust evidence on the scale of homeless people's health needs.

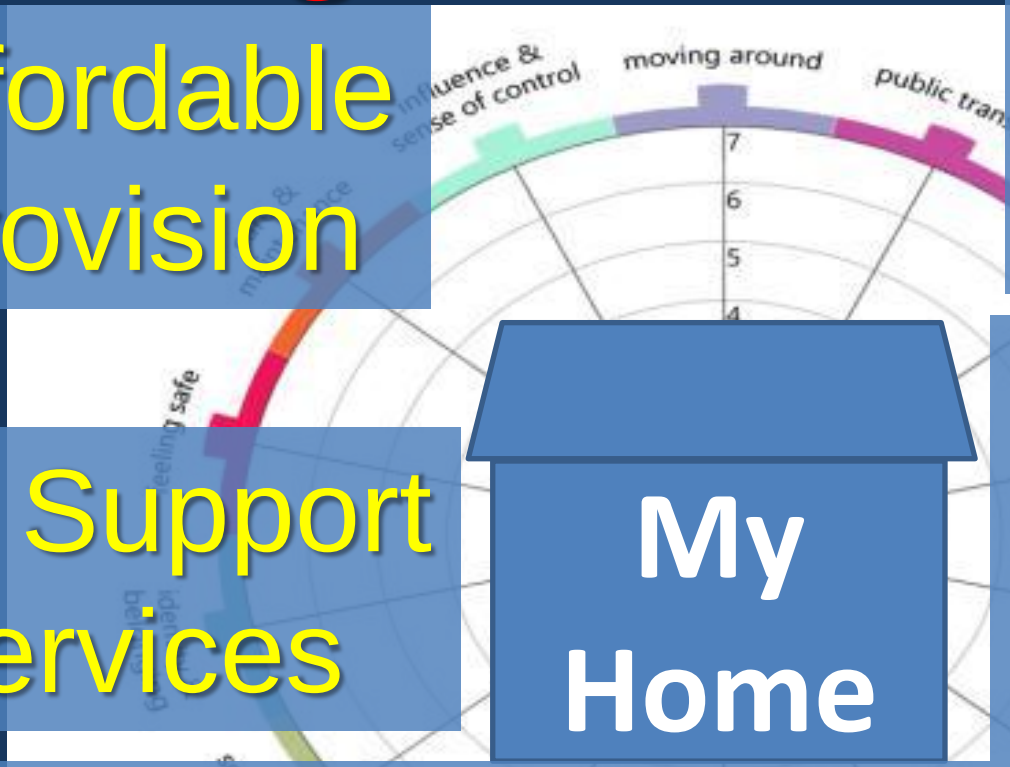
Integrated Data:
Health & Social Care Integration Platform



The ‘Home’ is the bedrock salutogenic environment

Affordable provision

Quality - warmth



Life Support services

My Home

Early detection & referral

Well home health check

Housing underpins wellbeing in society

The Inequality Iceberg

Multiple Exclusion Homelessness is the visible, deeply damaged and vulnerable tip of the health inequality iceberg.

Below the waterline lie all the social, environmental and behavioural drivers and transition points for prevention and early intervention.

Statutory Homeless
Keep chipping away
Domestic Abuse
Criminal Justice
Addiction
Relational Breakdown
Childhood Trauma
Warm the water

The Response - 12 Actions:

1. **At-risk population groups, circumstances and key transition points** - for prevention and mitigation
2. **Health Inequalities Strategies** - to include homelessness underpinned by needs assessments
3. **Housing and health literacy** - workforce development on risk factors and routes into homelessness
4. **Psychologically informed environments and services** – accessible person-centred approach

© NHS Health Scotland

Actions 5-9:

5. **Partnership Pilots** – linking housing, alcohol and drug partnerships, mental health, criminal justice, SPS and DWP
6. **Housing First** – spread across Councils and further evidence the Scottish model for MEH community
7. **Engagement with early-years, schools and colleges** – on awareness of transition points and routes into and out of homelessness
8. **Integration of housing into HSCPs** – focussing on those with most complex needs

© NHS Health Scotland

Actions 9-12:

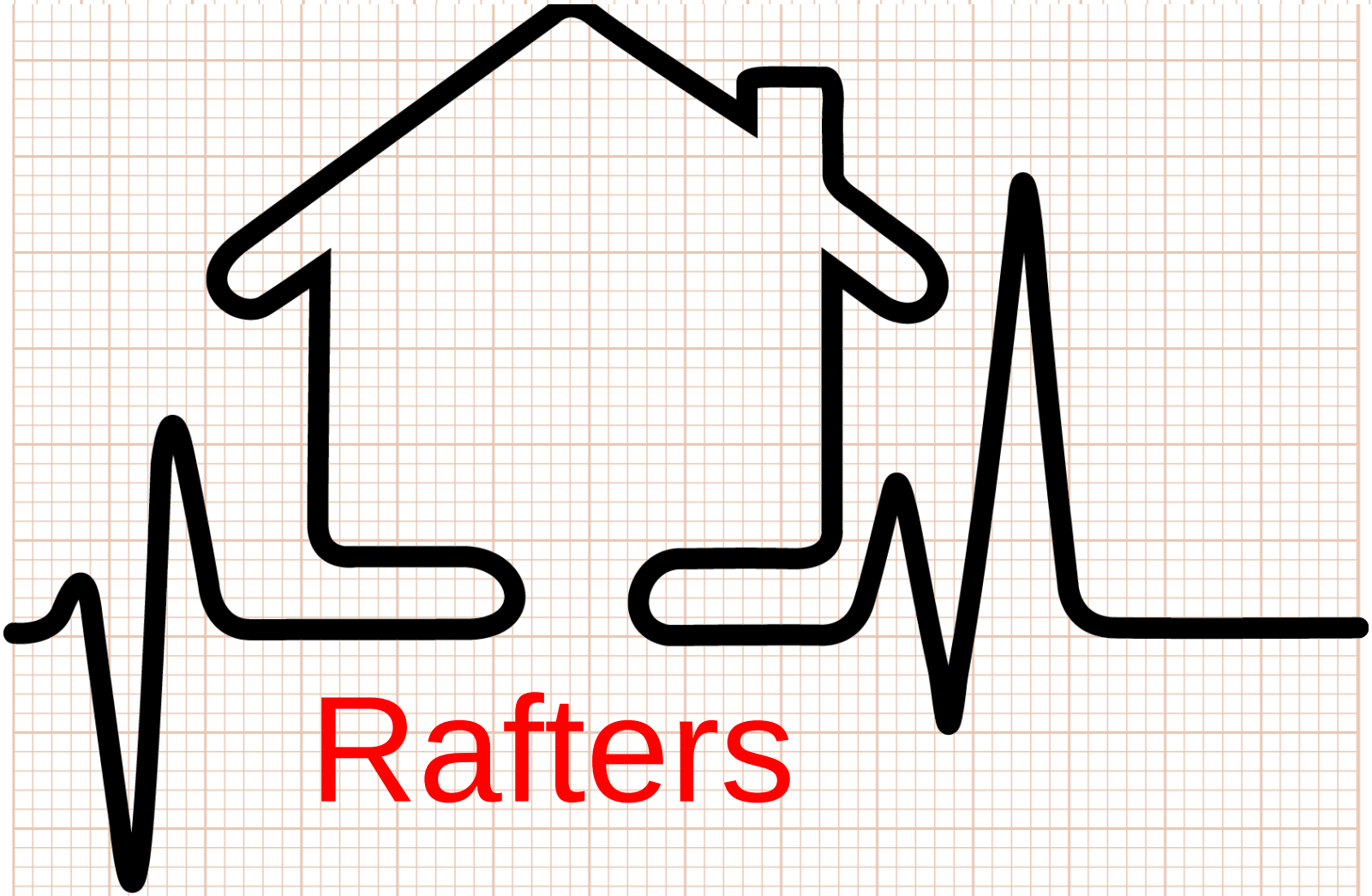
9. Data sharing - housing, health & social care data linkage

10. Data analysis - for prevention, mitigation and costing

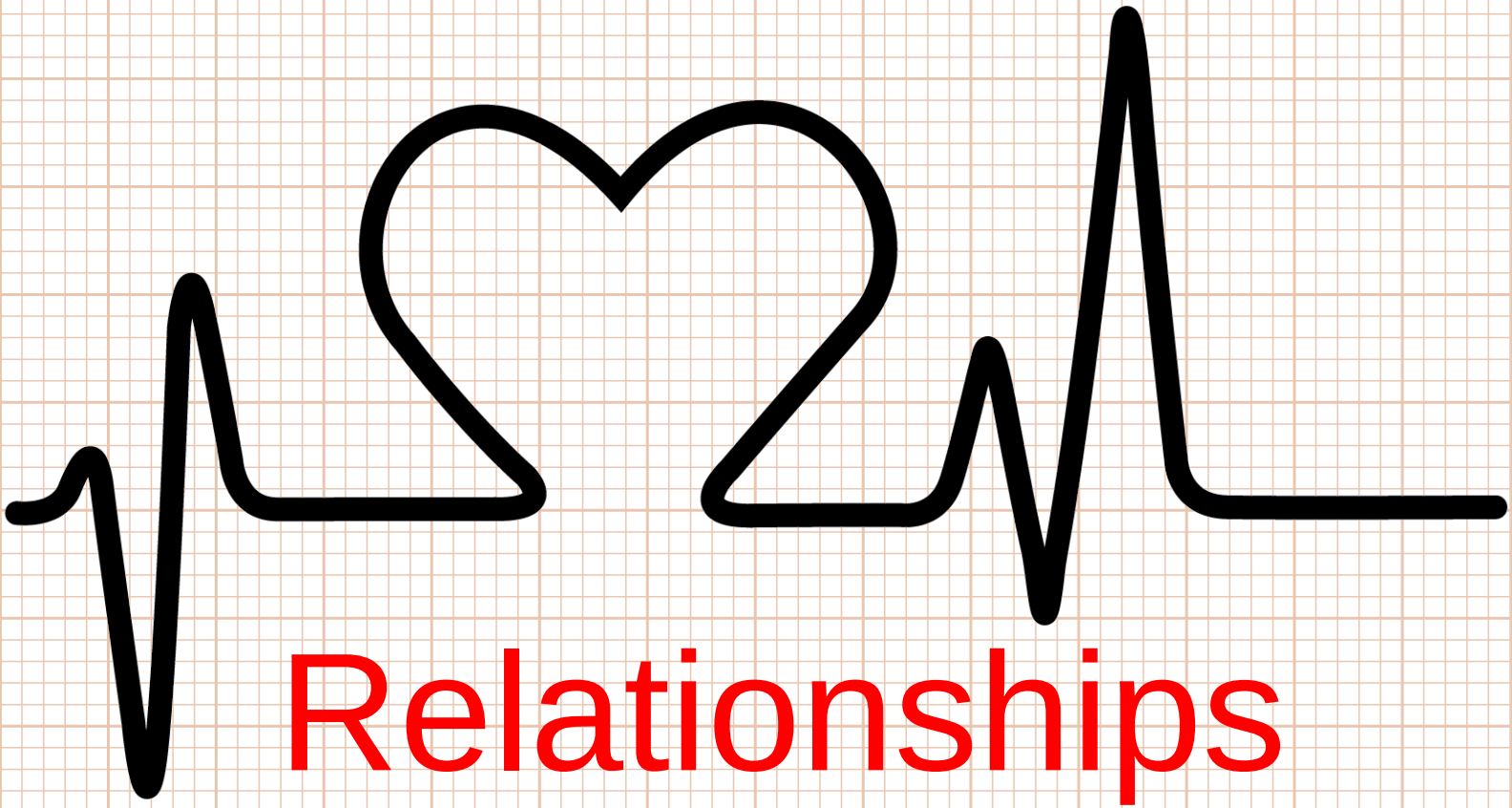
11. Faculty of Homelessness & Inclusion Health - workforce development, peer support and shared learning

12. Executive leadership – to champion the home as the key salutogenic place factor for wellbeing

© NHS Health Scotland

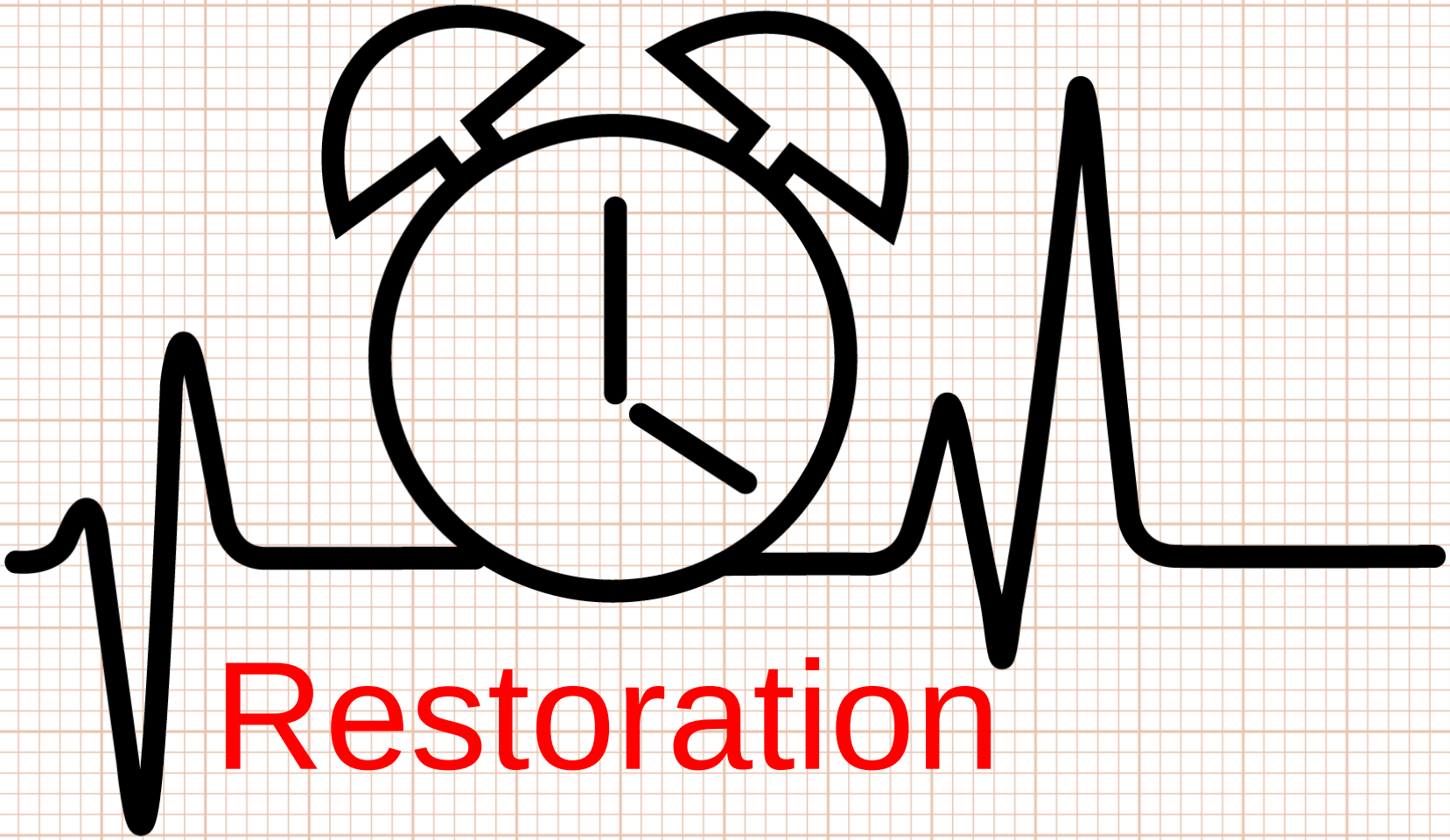


Rafters



Relationships

Resources



Restoration

Resilience