# Leicester Partnership Trust

Maxine Jenkins – Specialist Health Visitor Homeless Families

## Hostels & Refuges

#### **City Services**

Liberty House 2 7 flats

Maple park - 7 rooms single women with children 10 years old and under

Oak Hill - 8 rooms – single women with children 10 years old and under

Panaghar refuge - 9 rooms over 2 sites

Women's Aid refuge - 10 rooms. Women/ children escaping domestic violence.

Liberty House (EMHA) 8 flats- women/pregnant and pre-school children

Bethany project 12 one bedroomed flats

Bridge House 7 rooms shared facilities – refuge for women and children escaping

Border House 58 units

Brooks House Refuge 19 flats

### A Day in the Life of:

- Health Visitor
- 6:30 a.m. took son to work to icy for his motorbike
- 7a.m. breakfast with the family load washing machine and dishwasher and off to work
- 8 a.m. partner will be dropping my children off for school
- 8:30 daughter gets on school bus for a single journey to school takes about 20 mins
- 8:30 First visit of the day transfer in – assessment of a child now 2.5 has swallowing problems not been picked up as last contact with services was at 8 months – Mother has depression on medication and would like referral to cpn services

- Homeless Family
- 5:30 a.m. wake up wonder about my eldest the family has been split as at 17 he is too old to be in this hostel
- 6 a.m. Quick breakfast bread is dry as have to store it in my room or it will be eaten by others – milks gone from fridge
- 6:50 catch first bus in to town need to get two buses to get my children to school journey to school averages 2 hours

### A day in the life of.....

- 9:30 back to office sort out emails record visit and complete referrals
- 10:30 off to clinic 3 families attend one has thrush, one mother in need of a high chair, and a winter coat for her child and one 2 year old with an ear infection, mother smokes agrees referral to STOP. Chat on phone with voluntary service trying to arrange for them to provide a free food hygiene course for the families in the hostel as part of our effort to reduce the spread of infections through the hostel
- 9:30 2<sup>nd</sup> bus didn't let me on with a pushchair as already got 2 on, kids were late into school again

   will get moaned at again – get bus back into town bus fares really eating into my budget will spend day tomorrow hanging round school area to try to reduce cost
- 10:30 appointment with housing need to prove that I have no rent arrears from a private rent 2 years ago – not sure how I'll get this landlord may have moved on by now.

# A day in the life of.....

- 12:00 visit with interpreter to Arabic speaking family to demonstrate range of contraception methods am a little concerned she appears watchful of her partner use need to complete Chlamydia test an excuse to get her on her own ask the question she denies but I go on to explain how service can help as am not certain she's being entirely honest will talk to hostel staff later find out if they have heard any arguments etc
- 13:00 Visit to CPP child and family both parents have a h/o substance misuse obtaining script ok but will need to talk to drugs team to check she is accessing services ok go through weaning mother really anxious that child will hate her feeling really guilty over early enforced separation
- 14:00 back at office system one, phone call from family support have Mrs. x in office domestic violence will be moving her to another hostel today.
- 14:30 dash off to get my kids from school

- 12:00 little one is fed up been in buggy for several hours now – need to get some food only got £1;50 – thank god for McD bus back to hostel
- 13:00 appointment back at hostel to see family support staff – trying to arrange a creche place for little one but they are only open for a morning and I can't manage those hours. Need to get some washing done but can't as have to stay by machine or clothes get nicked
- 13:45 back on buses off to get kids from school – will need to see family support staff about changing the kids school can't keep this up for long but this will be the third time

# A day in the life of

- 15:30 kids have bought some friends home to play – intenet shopping and then get tea
- 18:00 tea over get kids ready for cubs
- 20:00 bath and bed time
- 20:30 off out for a game off squash
- 22:30 home well happy I won! Off to bed
- Peaceful night

- 15:45 get kids and start journey home
- 17:30 finally get back to hostel can't cook as other family using the cooker – kids get some crisps to keep them going
- 19:00 finally get access to the cooker to start tea
- 20:00 try to get kids to do homework but they are too tired – give it up and then fight with 2 year old to get him under a shower
- 21;00 kids to bed other resident tell's me all her problems makes me feel worse
- 22:00 kids up disturbed by girl in room next door playing loud music – put a dvd on for them
- 23:30 finally get kids off to bed
- 12:00 fire alarms go off all out!
- 3:00 7 year old wake up has wet bed again – too scared to use the loo at night – give her my sheet as cant get a clean one till morning