Love in a time of austerity: solidarity, compassion and care.

Faculty of Homelessness and Inclusion March 2nd 2017

> John Middleton President for policy UK Faculty of Public Health

Housing and health
Routes to and roots of homelessness
People on the edge- supported or not?
Health, housing and care services,
for and with homeless people
Can Britain house itself ?

### **Professional and Personal**

### **Disclaimer or Confession?**



## Housing and health

Housing

- Housing and health work in community regeneration
- Self build housing project in Health action zone
- Housing and health strategies since 1999

Based on: Numbers of houses Quality of houses Quality of neighbourhood Relationship to planning Relationship to planning out crime

## Housing and health: Quantity

Figure 3: Permanent new build dwellings completed, by tenure, England, 1946 to 2016

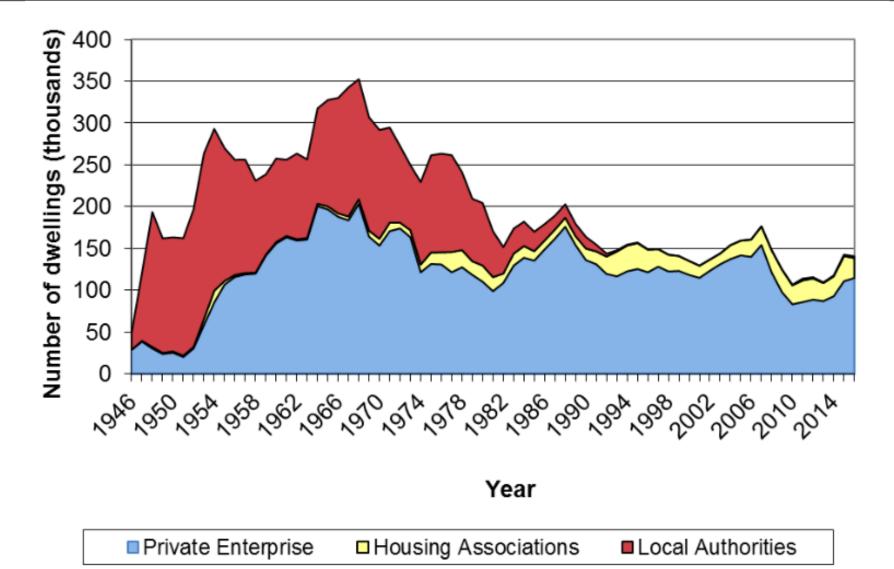
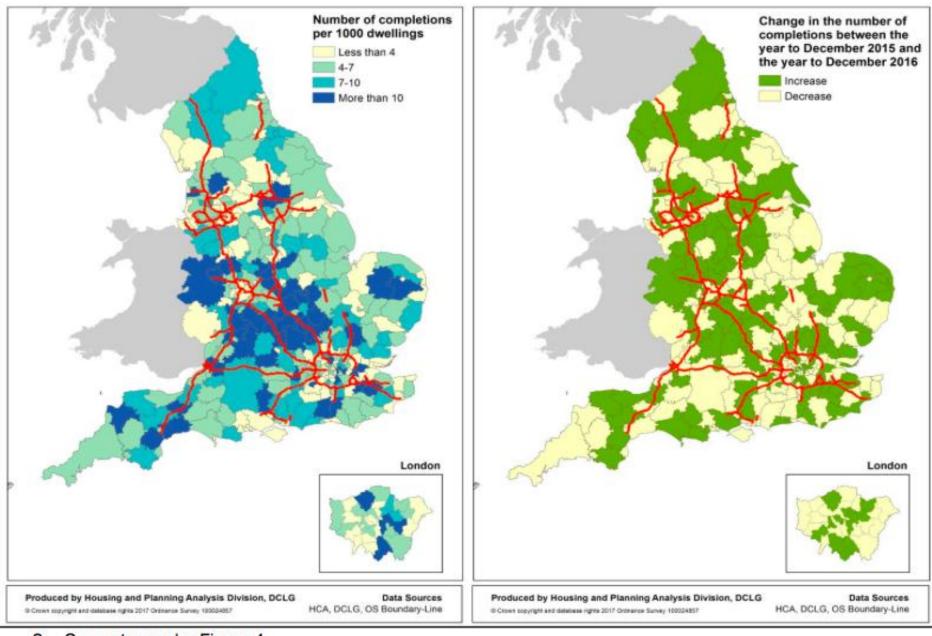


Figure 5: Completions per 1000 dwellings (left) and changes in numbers of completions (right) for each local authority district in the 12 months to December 2016



2. See notes under Figure 4.



Magazine

# Why can't the UK build 240,000 houses a year?

By Tom de Castella BBC News Magazine

() 13 January 2015 | Magazine



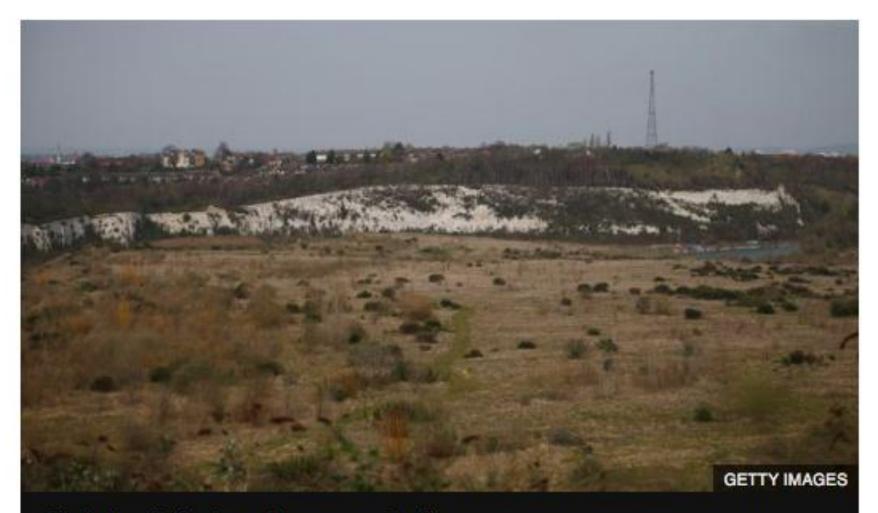


### More houses ?

Planning permission restrictions? Lack of land? No state building Housing Associations shackled Right to buy Skills and materials shortage Fewer small builders

Housebuilders sit on land and hold back homes

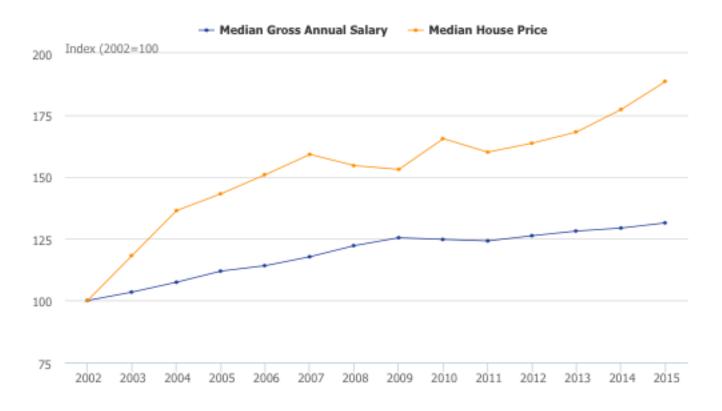
### Housebuilders sit on land and hold back homes



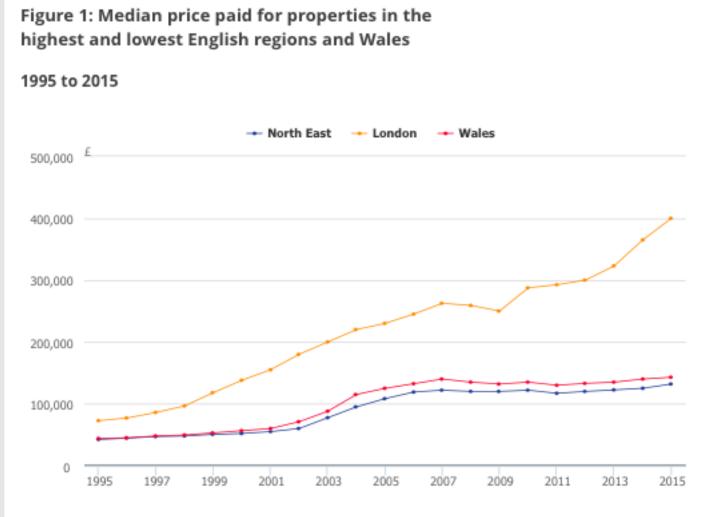
Ebbsfleet awaits development as a new garden city

Figure 4: Median price paid for property and annual salary indices

England and Wales, 2002 to 2015



#### Source: Office for National Statistics



Source: Office for National Statistics

#### Housing

## Scandal of Europe's 11m empty homes

Housing campaigners denounce 'shocking waste' of homes lying empty while millions cry out for shelter



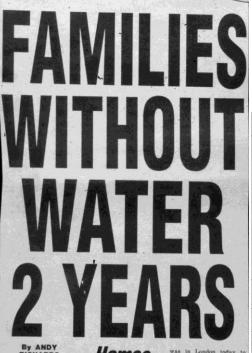
There are more than 700,000 vacant homes in the UK, something housing campaigners say is a shocking waste.
Photosephone Marking Conductor

lty of 2017

### Housing and health: Quality







RICHARDS FOUR debt-ridden Sandwell families have been without water supplies for two years after being cut off because they could not afford their bills, it was claimed today. Councilior Steve Eling

claimed the "breadline" council tenants had faced two years of misery after losing their supplies. He said that a further 160

hard-up tenants were cur-rently without water, hav-ing been cut off for varying lengths of time.

#### **Eradicated**

"It is a very worrying problem," said Coun Eling, who claimed that more people at the poorest end of the spectrum were being the spectrum were being cut off since the privatisaton of water companies.

was in London today to raise the issue at the House of Commons, where he was making a speech at the Na-tional Local Government Forum Against Poverty. Homes He said: "It is a growing problem in Sandwell. Peo-ple do not choose to deprive themselves of the supply, nor do they deliberately set out to not pay the water boards." as bills

unpaid

tion rates.

sewerage

down," he said.

#### Charitable

A spokeswoman for South Staffordshire Water, the supplier for most homes in He said that there was Sandwell, said it had set up a charitable trust to help more evidence of "dysen-tery-type" illnesses in artery-type" illnesses in ar-eas with high disconneccustomers who had genu-ine difficulty paying their "These were the kind of

Figures showed that disdiseases which we thought were eradicated years ago when water mains and connections in its region fell by almost half last year to 1.878 — and more than 80 per cent of them works were put were reconnected on the Coun Eling (Lab, Abbey) same day

1990/91 to 161 in 1992/93. THE FIRST thing you notice Health officials have estab-are the files. It is only April and lished a link between water dis-denied them. If they want the air is not warm, but they connections and the spread of baths, they have to travel seven circle the rooms in their dozens. diseases such as hepatitis and

since November last year, when nections. Councillors from Liv- they have singled out won't Wessex Water disconnected erpool City Council and Adur payers from can't payers but the Colin and Christine Clark and joined the growing campaign week, and things are very tight.

in Melksham, Wiltshire. The Mr Clark's GP, Dr Peter sewage. They have a sevenwalls are covered in Elvis pic- Phillips, is supporting him in point plan for contacting cus tures and the kitchen surfaces his fight for reconnection.

Colin, 50, a qualified cowman back pain," he said. "Part of the who is claiming invalidity bene- treatment is regular hot baths, the bill to actual disconnection. fit because of rheumatism in his Cutting off the water supply to back and legs, has to carry bar- his house would adversely affect satisfied we have followed all rels of water from neighbours' his medical condition." houses every day.

Each week the family spends week to the water company to £1.29 on disinfectant to prevent repay debts dating back to are satisfied there is no immedithe spread of disease. Christine 1990, but the water is still dispours the dirty washing water connected. The family has been into the lavatory at the end of without it for nearly six months.

Slum diseases tomers for non-payment of bills. Last year, 21,000 housethe water supply, an increase of 117 per cent on the previous year. Disconnections by Wessex . The Observer, 11 April.

the kettle for a cuppa, a hot miles to Trowbridge, where an older daughter lives. The water companies say

District Council, Sussex, have Clarks have to live on £132 a Wessex Water bills are £210 per year for water supply and tomers who are in financial difficulties and it takes more than

100 days from non-payment of A spokeswoman said: 'We are the procedures and that we are Mr Clark offered to pay £10 a not disconnecting a customer

who cannot afford to pay. We ronmental health office has been kept informed

Poverty groups and environmental health experts say disconnections should be banned. Chris Smith MP, Labour's Protection Environmental spokesman said: 'Citizens have a basic right to clean water. Water companies should be made to recover their debts



THE OBSERVER

SUNDAY 25 APRIL 199

A toilet that won't flush, flies on the prowl, a seven-mile journey for a hot bath - punishment for an unpaid water bill

### Family forced to live amid filth

Water have risen from two in every day, such as putting on Sarah Lonsdale

The Clarks have not been able dysentery. Local authorities are to flush their lavatory properly joining calls for a ban on discon-

4/NEWS

them.

their 12-year-old daughter, since The Observer first high-Maxine, live on a council estate lighted the scandal.

are covered in filth. 'Mr Clark suffers from low

each day. But neither the flies, Things we take for granted nor the smell go away. The Clarks are victims of the

rise as water supply is cut

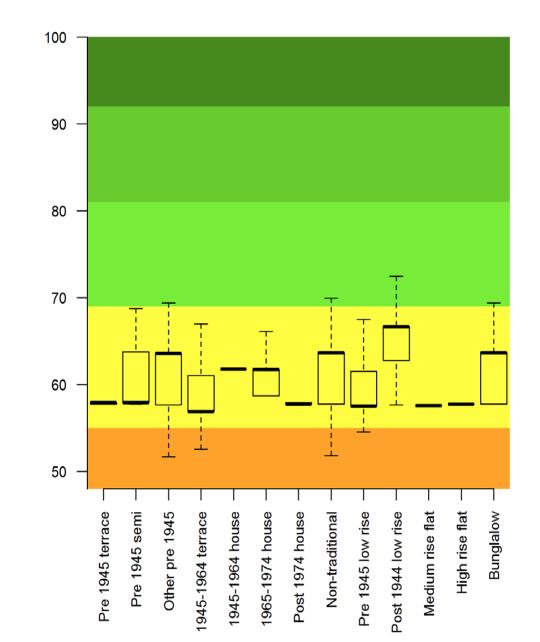
#### through the courts in the normal way.



When making a cuppa is a juxury: The Clarks and their daughter in the waterless kitchen of their Melksham house/Photograph by Jim Hods

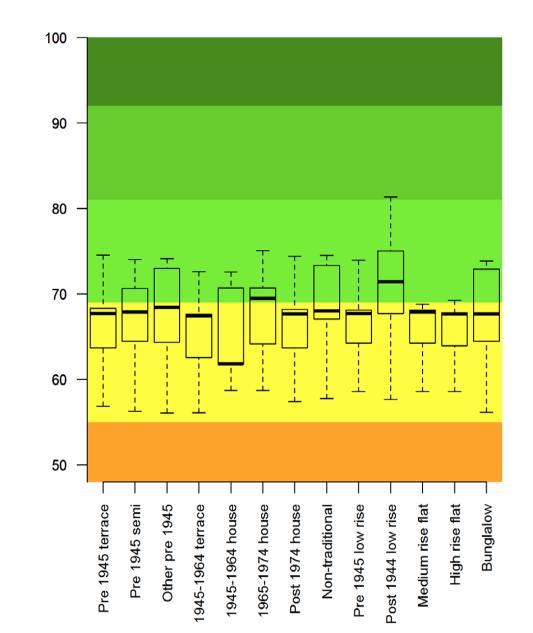
SAP rating

A box plot of the **Baseline SAP** measures for the Sandwell MBC housing stock, 1st April 2001, by housing type, n=25,595 dwellings



SAP rating

A box plot of the **Baseline SAP** measures for the Sandwell MBC housing stock, 31st March 2011, by housing type, n=25,595 dwellings



Housing and health -Results:

Significant relationship of improved thermal efficiency with reducing excess winter deaths

Adjusting for all of the other variables there is negative association between improved thermal efficiency and the odds of being admitted as an emergency

People in warmer homes appear to be admitted less for serious illnesses

The result is statistically significant

The effect size appears large

#### John Middle

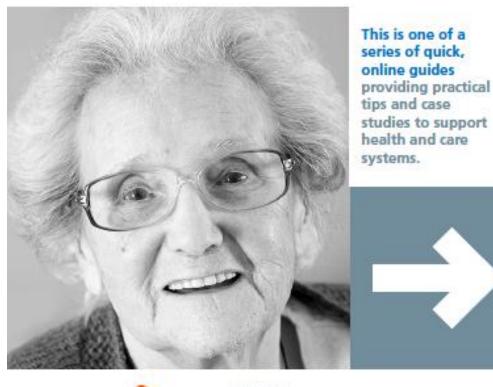
Bepartment Public Health of Health England



on and care: Faculty of usion March 2nd 2017

## Quick Guide: Health and Housing

#### Transforming Urgent and Emergency Care Services in England



Housing LN









### i- House, demonstration house West Bromwich 2008-2013

#### Partner News

#### Intelligent Health i-House Launch

Midlands' medical innovators welcome the future of healthcare at the launch of the UK's first I-House – the home of smart healthcare technologies.

Intelligent Health is a national initiative by Medilink West Midlands to showcase best practice and innovative technology. Utilising the expertise and experience of leading manufactures, health authorities and active housing associations in the West Midlands, it seeks to identify mainstream and cost-effective solutions to support smarter, community-based healthcare. The initiative is funded by regional development agency Advantage West Midlands through the Technology Strategy Board.

lain Gray, Chief Executive for the Technology Strategy Board (TSB) officially opened the refurbshed, terraced house in West Bromwich, which pioneers the principles and technologies for sustainable, assisted I living.

Proving that the technology already works in real housing situations, the I-House uses intelligent health technology from Midlands' based manufacturers and accessfocused building design concepts.

The aim of the home, created with the help of partners from Health and Social Care, Housing Associations, industry and people living with physical or sensory impairments, is to help participating companies refine, improve and develop their technologies while raising awareness amongst health service providers and create demand from the public. The I-House has been returbished by Birmingham-based BN Kaushai, with support from West Broinwich Building Society, Sandwell PCT, Urban Living and Black Country Housing. Christina Keey-Andersen, Medical Technologies Cluster Manager, Advantage West Mildlands commented: "Intelligent Health is an area of huge potential for our regional holusity to develop new products for a rapidly emerging market. The i-House marks a great step forward in the future delivery of healthcare and this is the first time that healthcare specialists, local authorities and businesses across the UK can see and learn from the techniques and all begin to invest in sustainable, illetime housing for our aging generation."

For more information log on to www.MedilinkWM.co.uk



From left to right? Xany Davis CEO of Medilink West Midlands, Jain Gray of the Pactionology Stategy Board (MP opening the house) and project partner Richard Beines of Black Country Housing and Community Sentices Group.









### Housing and health: location



DRAFT

#### Growing Healthy Communities

A Community Agriculture Strategy for Sandwell 2008 – 2012



"Sandwell as the garden of England is a bit far fetched, but it is not impossible for Sandwell to increase the food we can supply to ourselves."

Dr John Middleton, in *Regenerating Health: a challenge or a lottery*? The 8<sup>th</sup> Annual Report of the Director of Public Health, 1996.





### Salop drive and Ideal for All Growers



## UK has an estimated 25million houses There are more dwellings, more living spaces.

18.9 m families, but ...27.1M households (7% up on 2006)...2.9 M lone parent families



FIRST

Everyone needs a home



(416) 214-1870 📍 🎽 🚜 🔍 Staff Logir



#### REPORTS OF THE MINISTRY OF THE ENVIRONMENT 3en | 2015

#### The Finnish Homelessness Strategy

An International Review

Nicholas Pleace, Dennis Culhane, Riitta Granfelt and Marcus Knutagård



https://www.york.ac.uk/media/chp/documents/2015/ YMra\_3en\_2015.pdf



Siirry tästä uusille Asunto ensin -sivuille. Nämä ovat vanhat, käytöstä poistetut Asunto ensin -sivut, jotka on arkistoitu eikä niitä ole päivitetty syksyn 2016 jälkeen.

#### HOME DEVELOPMENT WORK HOMELESSNESS IN FINLAND HOUSING FIRST IN FINLAND READING

Origins of the housing first Housing first in Finland Name on the door project (finished) International cooperation Housing first news

#### Housing First > Housing first in Finland

#### Housing first in Finland

In Finland the housing first principle originating from the U.S., has become a challenger to the traditional "staircase" or the "continuum of care" housing service approaches. It is a question about the "change of paradigm" in tackling homelessness. According to the HF-principle housing is a basic need, which is not bound to health or lifestyle and rehabilitation is not a precondition for housing.

Traditional homelessness service models can work well with those who have opted for substance abuse rehabilitation and can cope with shared housing. However, a housing model that insists on the service user being intoxicant-free and able to take control of their life has proven to contain insuperable barriers for many homeless people with multiple problems. (Busch-Geertsema 2010.) What is the housing first principle, what does it mean in the Finnish context and what are the differences between traditional housing service models and HF-model? How does the Finnish housing first implementations differ from the original U.S. model?

#### Name on the door - development project (finished)

Name on the Door project has finished in 2012. The currently active project that develops services for homeless people is <u>Networking for development project</u>.

A specific Finnish research and development project <u>Name on the door</u> was dedicated to the research of the housing first principle in the Finnish context. The multisectoral project was part of the first <u>National Programme to Reduce Long-Term Homelessness</u> (PAAVO I) and it developed homelessness services that use the housing first principle in four Finnish cities. Meanwhile the project also outlined whether there is a specific Finnish housing first model or approach. The Name on the door project carried out <u>international cooperation</u> by networking with actors developing the housing first principle in other Nordic countries, Europe and in the U.S. Read also <u>news about</u> the Finnish housing first principle and its implementations.

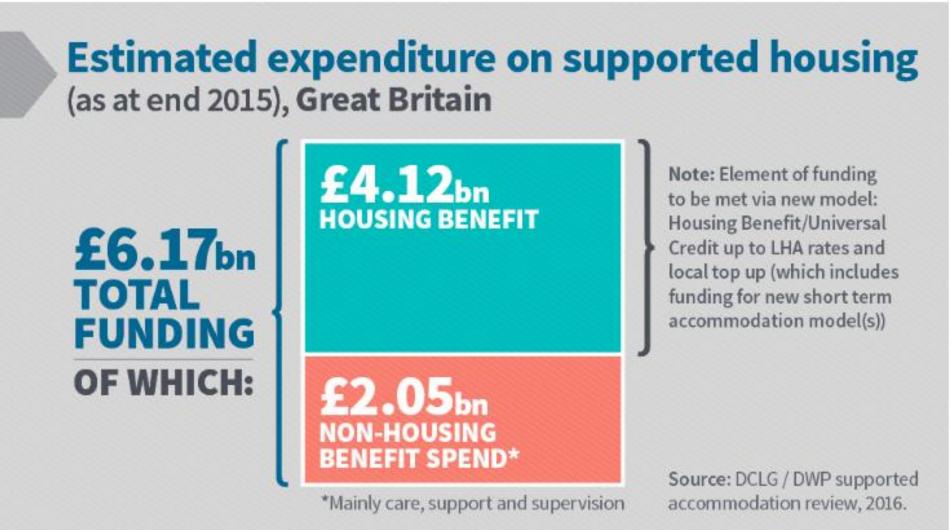
http://www.housingfirst.fi/en/housing\_first/ homelessness\_in\_finland

### If there were enough housing spaces,

### would there still be homelessness?

Yes ...

# People at risk of homelessness, On the edge...



# Supporting people consultation November 2016 Supporting vulnerable people Tackling homelessness Providing refuge Tackling poverty and inequality Recovery Improving public and health

and the health and care support system

14. The types of people in supported housing include:

- Older people with support needs;
- People at risk of or recovering from homelessness;
- People with learning disabilities;
- People with mental health problems;
- People with physical or sensory disabilities;
- People with drug or alcohol problems;
- People experiencing or at risk of domestic abuse;
- Vulnerable young people (such as care leavers or teenage parents);
- Ex-offenders;
- Vulnerable armed forces veterans; and
- Others (such as refugees with support needs).

But also Housing on the edge ...

#### Sandwell Homeless And Resettlement Project Limited

Home / A-Z Index / S Index / SA Index / SAN Index / SAND Index

#### General Information

**BANAME:** Sandwell Homeless And Resettlement Project Ltd

**9 Office Address:** 27 Birmingham Street B69 4DY Oldbury

**E Number:** 01705859

	A Company Registration Number is a unique number issued for trademark registration of a	
j	new company.	arantee,
	No Share Capital)	

U Status: Active



ushstrokes Community Project

an of the interface should be a solution where the movement of the should be a solution of the solution of the

raignets that annee three or the mer work must asynchrosen at a context samples and the method of the project is encapsoned in a robus which takes for only norm an incorring phase of Blessed Nicolas Barne. As the in the hands of God Nea brush in the hands of the painter".

with asylum seekers and helping them to establish a place of safety in the UK. This is still a key area of work for us, heweves, in this area foundhieds with its ever proving super diversity, we now welcome people from over safty countries to Brushardves, including impante. Duri continues to expand with refuges welves are helping for invalue that invest and stelle into new homes, discussion and work in Sandwell.

iervices and Activity

The core activities remain constant and are driven by the needs of the people who come through the door or who are identified on outreach visits. The services all depend enormously on the support and decilation of volunteers.

e volunteer base is supported by a staff team consisting of an ESOL co-ordinator, Outreach (Housing Co-ordinator, Resources Co-ordin sources Assistant, Administrative Assistant and Project Manager

The probability of practical consumers to the distilluity, laineless and obtains buildy in axistance poverty

here are growing numbers of people coming for food every week due to rising costs of living and the scarchy of full time employment. We now which closely with the Smethick Foodbank to support topelie in temporary difficulties while we meet the needs of the longer term distribute. We ontinue to provide children's and adult clothing, baby packs for desittute mothers, baby equipment to be and essential household items including beddings. At Onie and the state of the longer term distribute. We addition the state of the

shing an non-usal communities by viewing law horizond ay lockand and abolated people in that raw bo

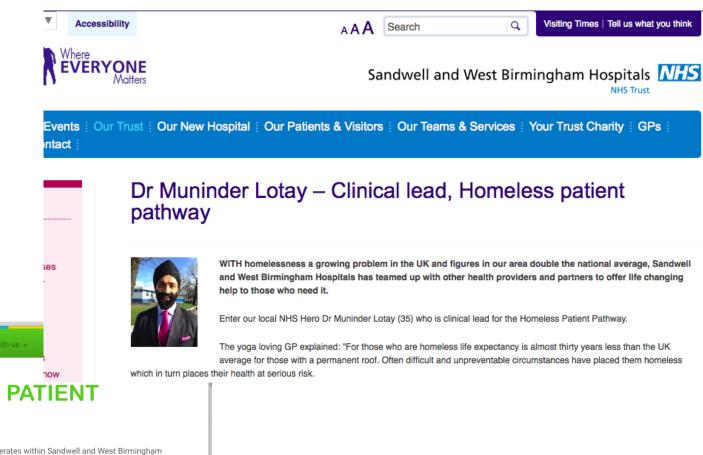
ect continues this valuable work as it reflects most closely the distinctiveness of our work in supporting those who are excluded and unable to access mainstream serv







the Infant Jesus Sisters and the Parish of St Philip N



Our Services -



**Our Services** 

Support Health and Wellbeing

Call Solutions

#### HOMELESS PATIENT PATHWAY

Our Homeless Patient Pathway operates within Sandwell and West Birmingham Hospital Trust and Heart of England Foundation Trust, identifying those who are IN THIS SECTION at risk of rough sleeping prior to discharge. Our clinical team led by an experienced GP works alongside our housing specialists to provide both health and housing support and advice. We have worked alongside the hospital trusts and other health partners to develop a clear pathway for all patients who access **Domestic Abuse** acute hospitals who are risk of being homeless.

> In the first six months of the pathway over 180 patients experiencing homelessness were safely discharged to suitable accommodation, as well as being supported to better manage their health once out in the community. The pathway's ground breaking work has recently been acknowledged when they won a GP Enterprise Award in the Caring for Vulnerable Groups Category in 2014.

Services

Home Care

# E25,000 haul of drug-habit thief

A West Bromwich man stole nearly £25,000 in the months in a string of burglaries and thefts to finance a drug habit, a court heard.

Robert Morris admitted burgling two homes on three recommendastealing two cars when he appeared at Weberthampson i reservice yesterday. Morris, aged 21, of Colos Lans. Hill Top, also solver to another 15 offeness of burglary and taking without consoling to taken into consideration.

Records Mr Higer Smith schol Marcia e Mi months consurrently for marked a highlarian and this stary strengt

# Crime GRIP

GETTING RESEARCH INTO PRACTICE

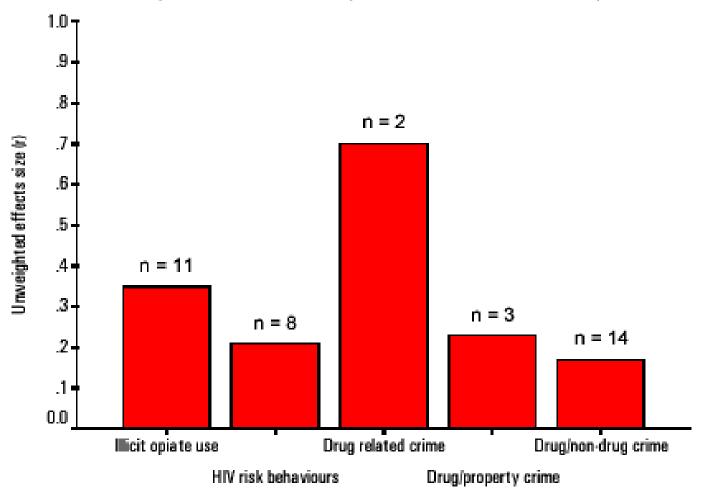
# West Midlands Crime GRIP Project

### Getting Research Into Practice that Reduces Crime and Improves Health

Crime GRIP disseminates and encourages implementation of evidenced-based interventions that simultaneously reduce crime and improve health; the evidence being obtained from critically appraised systematic reviews. Systematic reviews attempt to combine the results of many individual trials of a given intervention

# Methadone Maintenance Treatment Workshop<sup>1</sup> Flyer

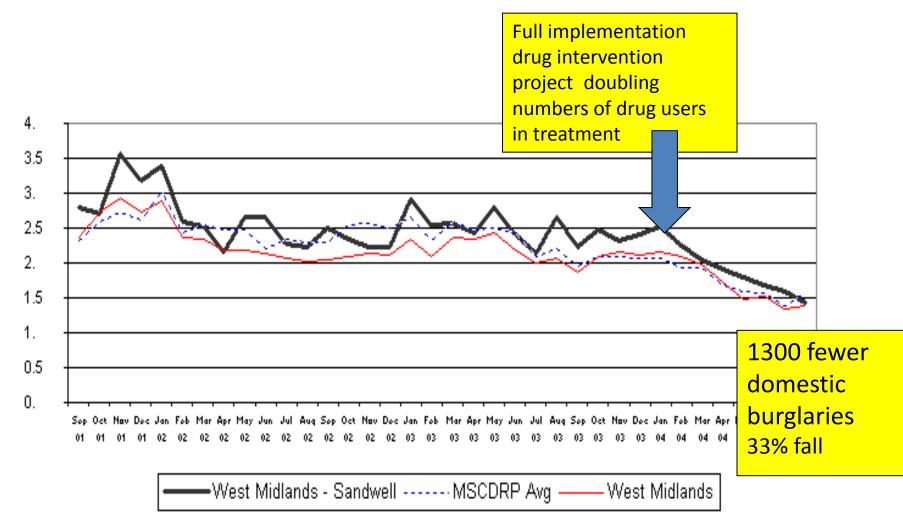
#### Composite magnitude of the experimental effect (r) of MMT on outcomes

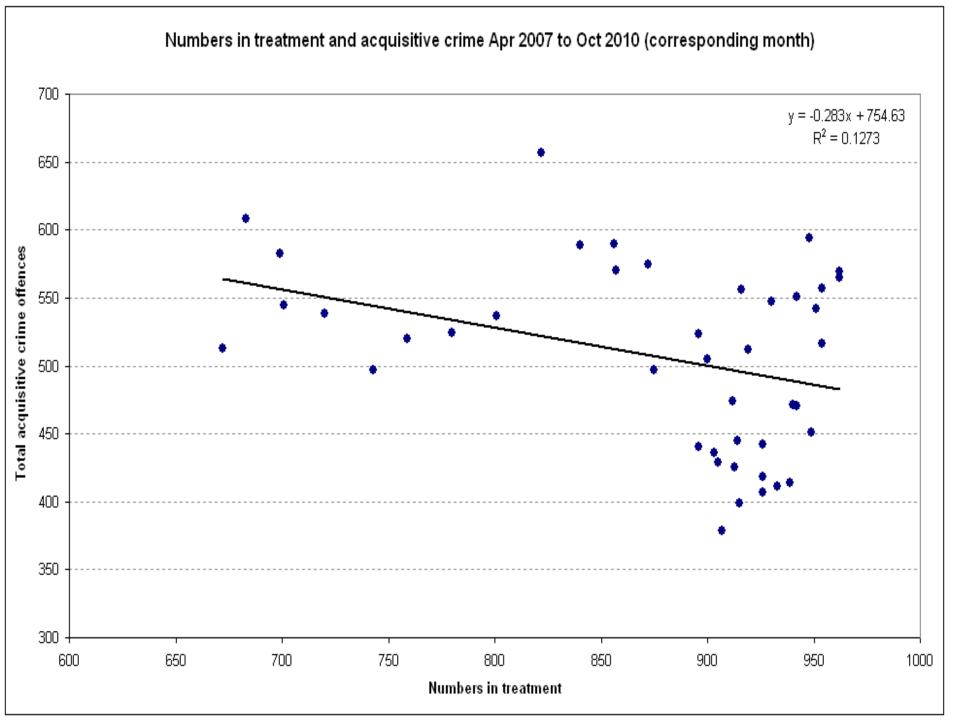


Synthesis of individual study effects sizes from the meta-analysis

Marsch Addiction 1998

# Domestic burglary Sandwell 2001-2005







# EDITORIALS

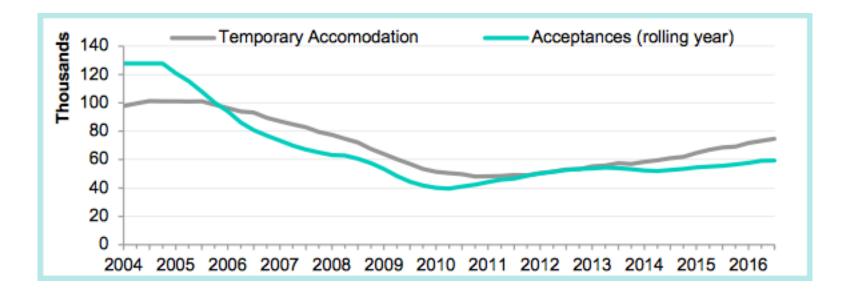
### Drug related deaths in England and Wales

A public health and primary care emergency

John Middleton president<sup>1</sup>, Sara McGrail independent health policy specialist<sup>2</sup>, Ken Stringer independent consultant in substance misuse<sup>2</sup>

<sup>1</sup>Faculty of Public Health, London NW1 4LB, UK; <sup>2</sup>Telford, Shropshire, UK

http://www.bmj.com/content/355/bmj.i5259



74600 Statutorily homeless 30/9/16 52,920 received 'prevent and relieve support'





#### Councils spent £3.5bn on temporary housing in last five years

By Michael Buchanan & Sophie Woodcock **BBC News** 

© 17 November 2016 UK

< Share



Lucy Surridge has spent nine weeks living in a hostel with her two children

Councils in Britain have spent more than £3.5bn on temporary accommodation for homeless families in the last five years, data obtained by the BBC shows.

# Rough Sleeping Statistics Autumn 2016, England

This publication provides information on the single night snapshot of rough sleeping that is taken annually in England using street counts and intelligence driven estimates.

- The autumn 2016 total number of rough sleepers counted and estimated is 4,134.
- This is up 565 (16%) from the autumn 2015 total of 3,569.
- The number of rough sleepers has increased by 3% in London and 21% in the rest of England since autumn 2015.
- London had 964 rough sleepers in autumn 2016, which is 23% of the England total. This is down from 26% of the England total in autumn 2015.

Table 1: Rough sleeping counts and estimates for England, London and Rest of England, 2010 to 2016

				r		
		% change		% change		% change
		on previous		on previous	Rest of	on previous
	England	year	London	year	England	year
2010	1,768		415		1,353	
2011	2,181	23%	446	7%	1,735	28%
2012	2,309	6%	557	25%	1,752	1%
2013	2,414	5%	543	-3%	1,871	7%
2014	2,744	14%	742	37%	2,002	7%
2015	3,569	30%	940	27%	2,629	31%
2016	4,134	16%	964	3%	3,170	21%

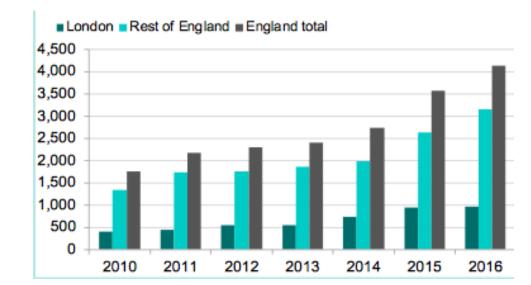
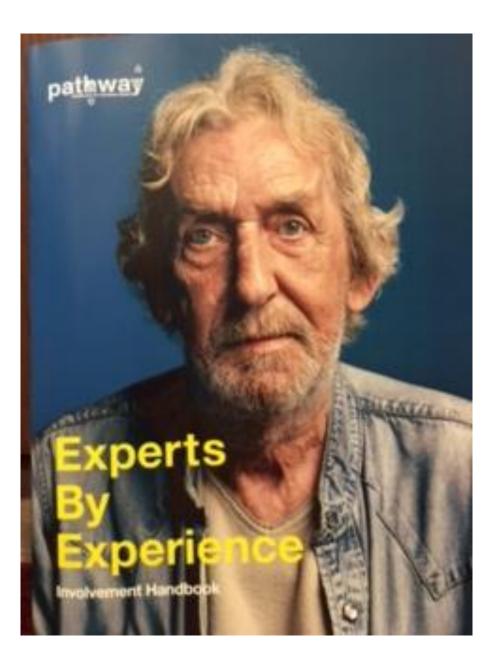


Table 2: Top ten highest local authority rough sleeping counts and estimates, England, autumn 2016					
Local Authority	Total Count or Estimate				
Westminster	260				
Brighton and Hove	144				
Cornwall	99				
Manchester	78				
Luton	76				
Bristol	74				
Croydon	68				
Redbridge	60				
Bedford	59				
Birmingham	55				

Table 3: CHAIN data, Nationality of rough sleepers in London, 2015-16				
Nationality (or continent)	Number	% of known		
United Kingdom	3,271	41.2		
CEE countries that joined the EU in 2004 or 2007 <sup>(a)</sup> Of which:	2,924	36.8		
Romania	1,546	19.5		
Poland	695	8.7		
Lithuania	220	2.8		
Other EEA countries	745	9.4		
Other Europe	83	1.0		
Africa	434	5.5		
Asia	386	4.9		
Americas	92	1.2		
Australasia	11	0.1		
Total non-UK	4,675	58.8		
Total for which information exists		100.0		
Not known	150			



#### Walter Segal Self Build Trust

back home

#### CONSORTIUM SELF BUILD, PECKHAM, LONDON

Nine single person units built by young homeless people for themselves

Consortium Self build was set up after research funded by Charity Projects.

It was conceived to confront several of the problems facing young homeless people in the London Borough of Southwark. There was a lack of single person accommodation in the area which made it difficult for young people in hostels to move onwards. Many of these young people in housing need were also found to have employment problems due to lack of skills.

The project was for 9 single person homes on a small plot adjacent to a disused canal in Peckham - to be self built by local young people in housing need. The build was linked to a local training centre where the self builders were trained up to NVQ level 2 Carpentry and Joinery.

Consortium, a local umbrella group of housing charities, employed a worker to research the project and get it off the ground. This worker stayed on for the build process and acted as a support worker to the self builders. The site was managed by a full time site/project manager who had built on a previous self build scheme and who had youth work experience.

On completion of the scheme the builders became tenants of South London Family Housing Association, who had acted as development agents for the project

A very thorough and honest review report on the project is available from CSBA

Unit 26 Finsbury Business Centre 40 Bowling Green Lane EC1R 0NE

0207 415 7092

CSBA have a range of other reports on Self Build Schemes for young People. It is also worth contacting The Young Builders Trust

#### Construction: Timberland SB group Developer: Consortium (with SLFHA as agent) Architect: Architype









# Options for life: self-built community centre





**Options for life** 

CAFÉ ART WHERE HOMELESSNESS, GREAT ART & COFFEE MEET

Recognising and celebrating the talent of people affected by homelessness in a unique, positive & inspiring way!





# Sajid Javid: a housing market that works for everyone

 From:
 Department for Communities and Local Government, Gavin Barwell MP, and The Rt Hon Sajid Javid MP

 Part of:
 Rented housing sector, Housing for older and vulnerable people, and House building

 First published:
 24 November 2016

Government sets out comprehensive housing measures in the Autumn Statement.



The government has set out comprehensive housing measures that will address the needs of people at different stages of their lives, ensuring the housing market works for everyone, not just the privileged few.



5 HOUSING

# Major housebuilder warns of extended right-tobuy impact

8 FEBRUARY, 2017 BY DAVID PAINE

#### 🕑 🛅 🗗 🤒

COMMENT

One of the biggest council-owned housing companies would stop building homes if the government extended the right-to-buy to affordable properties, as mooted in the government's housing white paper.

It would also deter private developers from funding the construction of homes through joint ventures, Barking & Dagenham LBC's director for growth and homes John East warned.

LGC reported yesterday how affordable homes built by local authorities through housing companies could be subject to right-to-buy rules.

In 2011 Barking & Dagenham LBC became one of the first councils to set up a housing company – Barking and Dagenham Reside. It has now got more than 620 properties which it rents out at sub-market rates – anything between 50% and 85% of the market value. Several hundred more



ULAR MOST COMMENTE People news: County chie



Rogers to take early retire



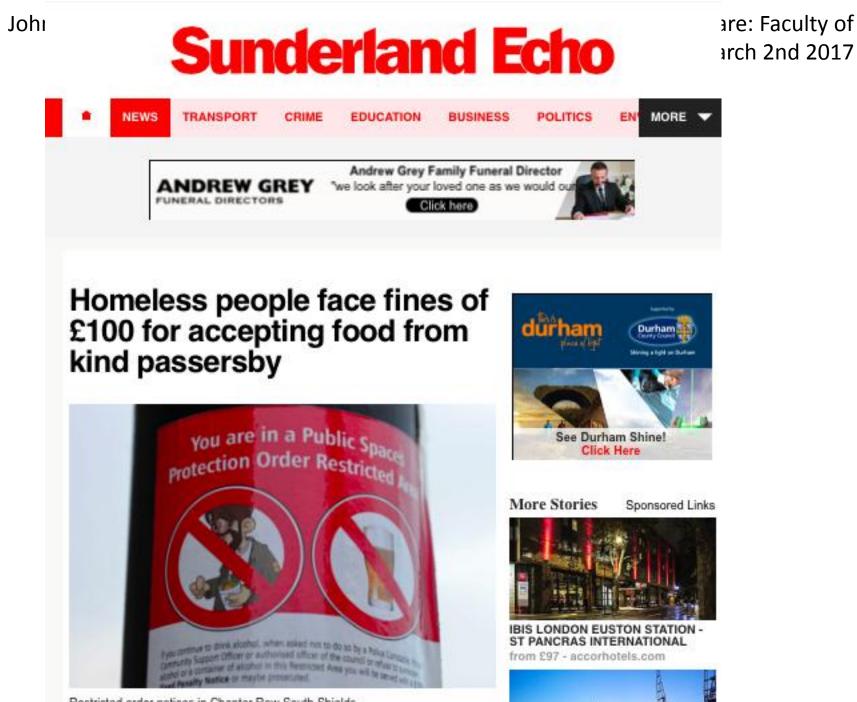
Panel: Birmingham's management failed to 'ful grip' budget issues



Budget set to extend CQI to oversee new social car funding



Treasury seeks savings to up social care



Restricted order notices in Chapter Row South Shields

Homeless people and people on the edge face the triple whammy: Absence of housing availability Cuts in benefits and inaccessibility of beneift And cuts in services

# Expect more, not less homelessness

# Government is redefining what vulnerable is:

# Not vulnerable if you don't vote

# Not vulnerable if you don't have a bank account

Not disabled if mentally ill

# Where there is no vision the people suffer

Andrija Stampar, Yugoslavian Public health pioneer and WHO founding father

After Proverbs/29-18.

# Post Brexit:

# Can Britain house itself?

......Feed itself? Power itself ? Employ itself? Train itself?

And to conclude .....

#### she can't change her environment...

but you can change her mond a th-

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While several distances that has been derived a several several distances for a several distance of the several distance of th

Figure 31 The ultimate technological fix?

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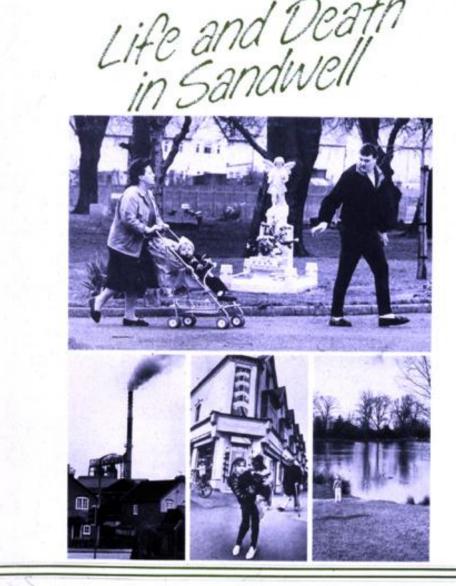
1.00

0.04



SANDWELL HEALTH AUTHORITY

it's not who your doctor is, it's who you vote for, that most affects your health



Thank you Professor John Middleton Faculty of Public Health president@fph.org.uk