

Enabling Environments and Psychologically Informed Environments

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Enabling Environments and PIEs

- ❑ Enabling Environments is an RCPsych-sponsored quality system, and a tool to support patient-focused therapeutic care
- ❑ Psychologically Informed Environments is an approach which enables more effective support and containment in a therapeutic environment for homeless people with 'complex needs', usually including mental health problems and substance dependencies

Enabling Environments

□ Principles of Enabling Environments:

1. The nature and quality of relationships are of primary importance
2. There are expectations of behaviour and processes to maintain and review them
3. It is recognised that people communicate in different ways
4. There are opportunities to be spontaneous and try new things
5. Everyone shares responsibility for the environment

Enabling Environments

▣ Principles of Enabling Environments

- 6 Support is available for everyone
- 7 Engagement and purposeful activity is actively encouraged
- 8 Power and authority are open to discussion
- 9 Leadership takes responsibility for the environment being enabling
- 10 External relationships are sought and valued

PIEs

□ Principles:

1. Social spaces
2. Staff support/reflective practice
3. Psychological framework
4. Managing relationships
5. Evaluating process and outcomes

6. Client involvement
7. Access to psychotherapy

Proposition

- Enabling Environments provides a framework for designing and commissioning services for homeless people (and other marginalised groups) with mental health problems
- PIEs provide a framework for the delivery of services for homeless people (and other marginalised groups) with mental health problems

Proposition

- Enabling Environments could be used by statutory mental health services, MH Trusts and social services, NHS and Housing Commissioners, and homelessness agencies' Senior Managers to create communities of practice around mental health and homelessness
- The PIE approach could be used for the delivery of services, both accommodation based (wards, hostels, shelters, housing) and community (outreach, clinics)

Potential of Integration

- Taking this approach of Enabling Environments and Psychologically Informed Environments, the potential is for a positive impact on:
- Prevention of homelessness among 'chaotic' people with mental health problems
- Enabling people with mental health problems to move out of the homelessness system
- Enabling homeless people with mental health problems to be discharged from hospitals

Ask

We are looking for
an area
to pilot this approach

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