



Moving On. Transitioning from homelessness into a sustained tenancy

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Background



- Cyclical nature of homelessness^{1,2}
- Complex pattern of movement³
- Multiple exclusion homelessness⁴
- Suitable accommodation with appropriate support⁵

Studies to date



- Facilitators include positive support^{1,2}, 'turning points'³, personal factors⁴
- Barriers include social isolation⁵, substance misuse⁶, familiarity with life⁷
- Housing models^{8,9} and interventions¹⁰
- Occupational therapy interventions^{11,12}
- Limited research on the maintenance of a settled home following homelessness¹³

PhD study

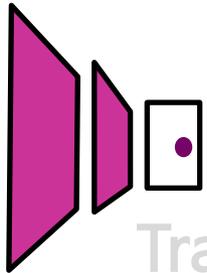


Moving On

Transitioning from homelessness into a sustained tenancy: what enables a successful tenancy?

- What are the experiences of people who face multiple exclusion homelessness moving from homelessness services to their own homes?
- What enables successful tenancy sustainment following homelessness?
- What is the role of occupation in facilitating this transition and how this increased understanding of transition will inform occupational therapy practice?

PhD study



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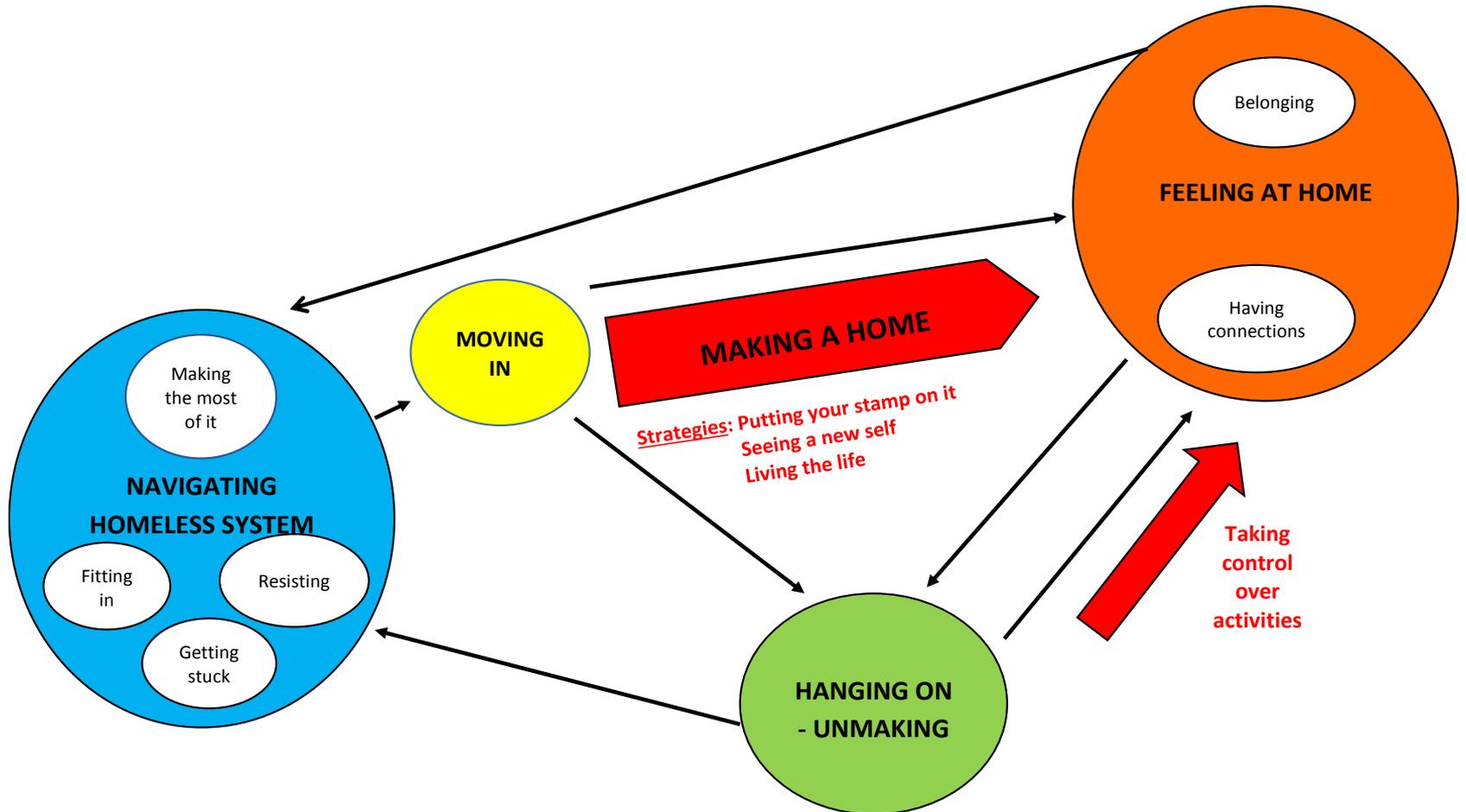
Methodology



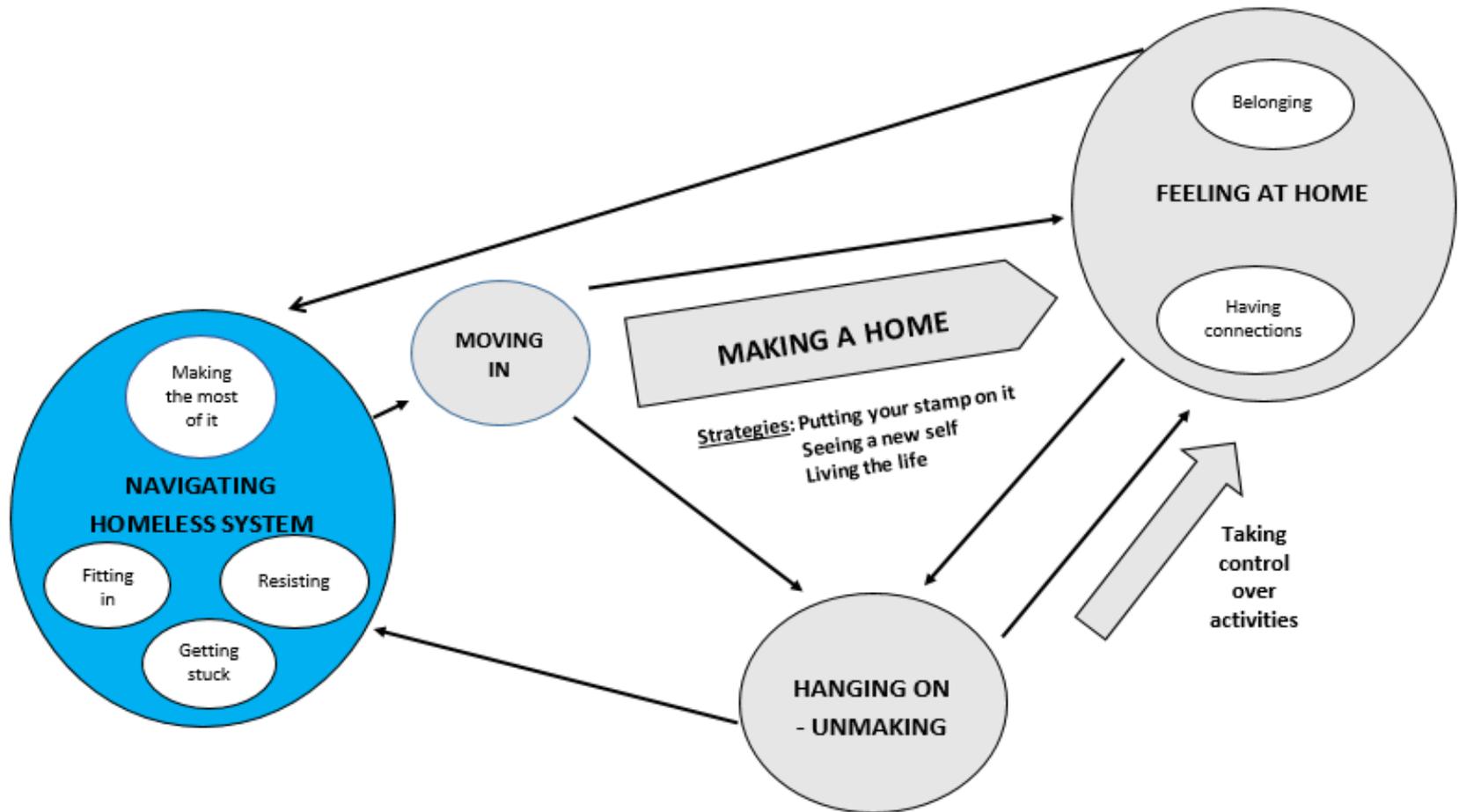
- Constructivist grounded theory study¹
- Reflexive photography²
- Purposive & theoretical sampling using gatekeepers

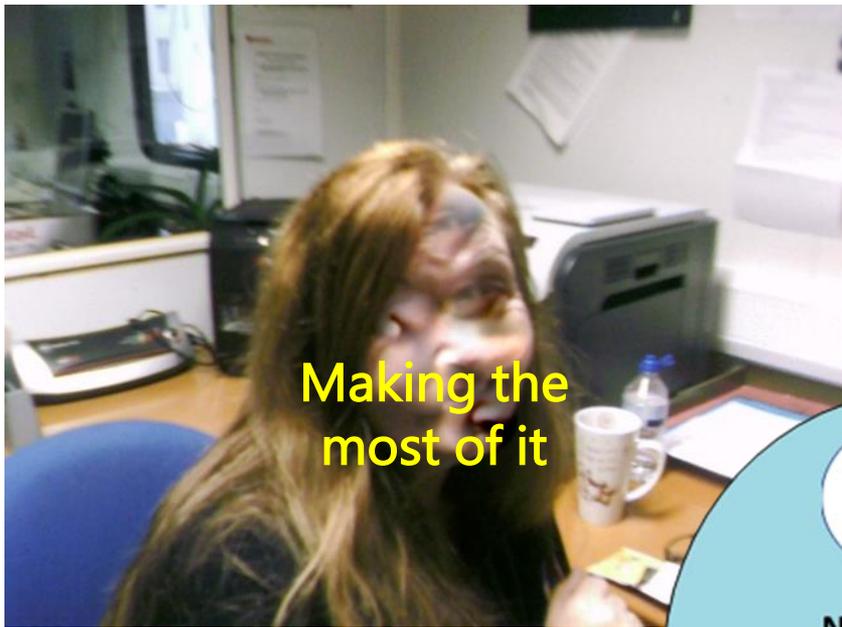
- 29 individuals with experience of homelessness – 17 in hostels, 12 in flats
- 6 staff members

Making a home following homelessness



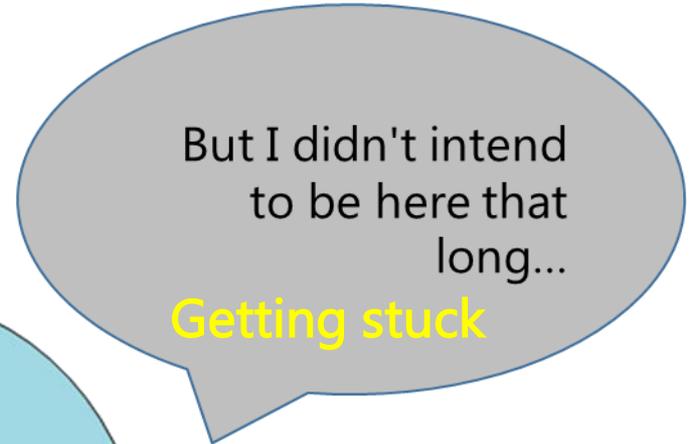
Navigating the homeless system





Making the most of it

Amy, 20



But I didn't intend to be here that long...
Getting stuck

Richard, 25



Fitting in

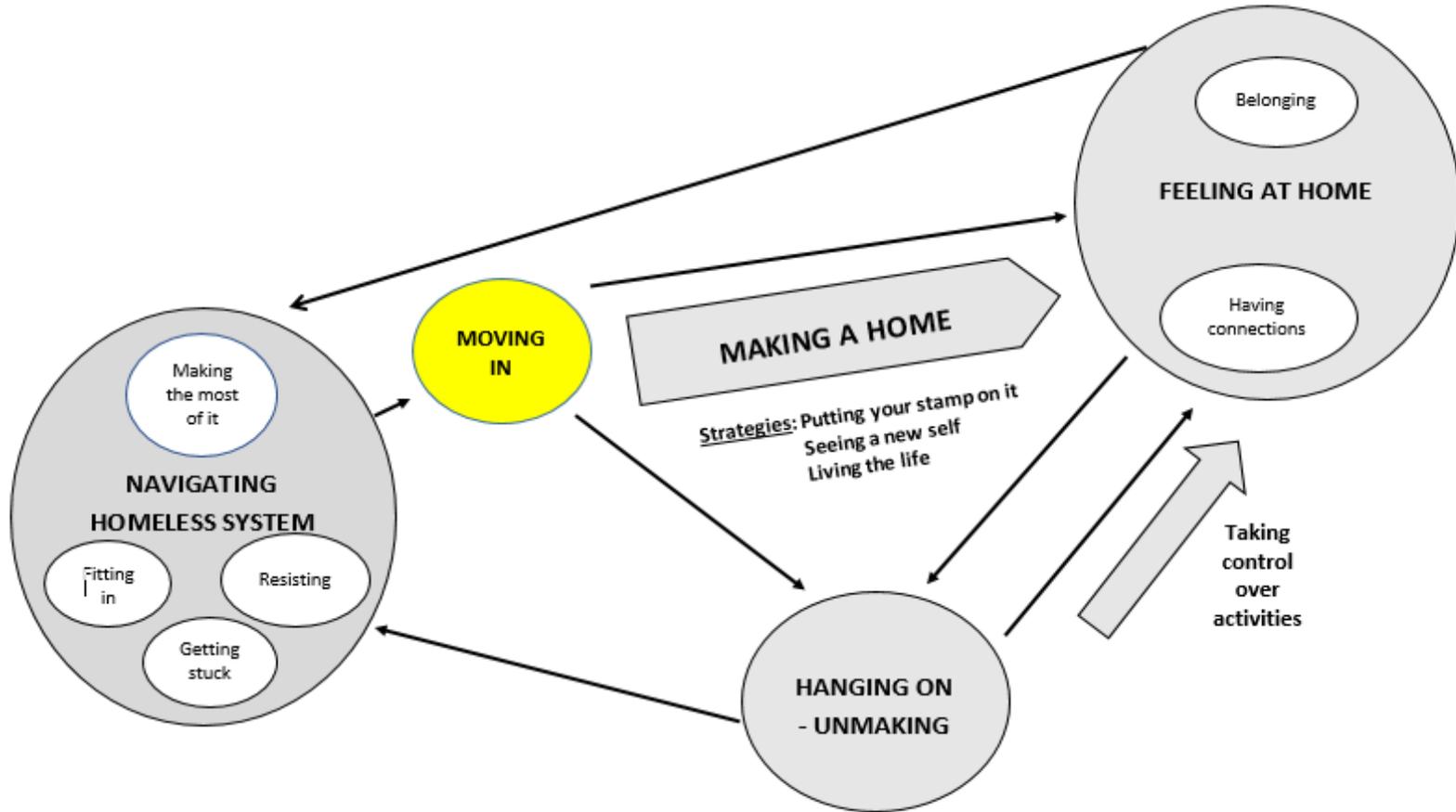
Roxy, 42



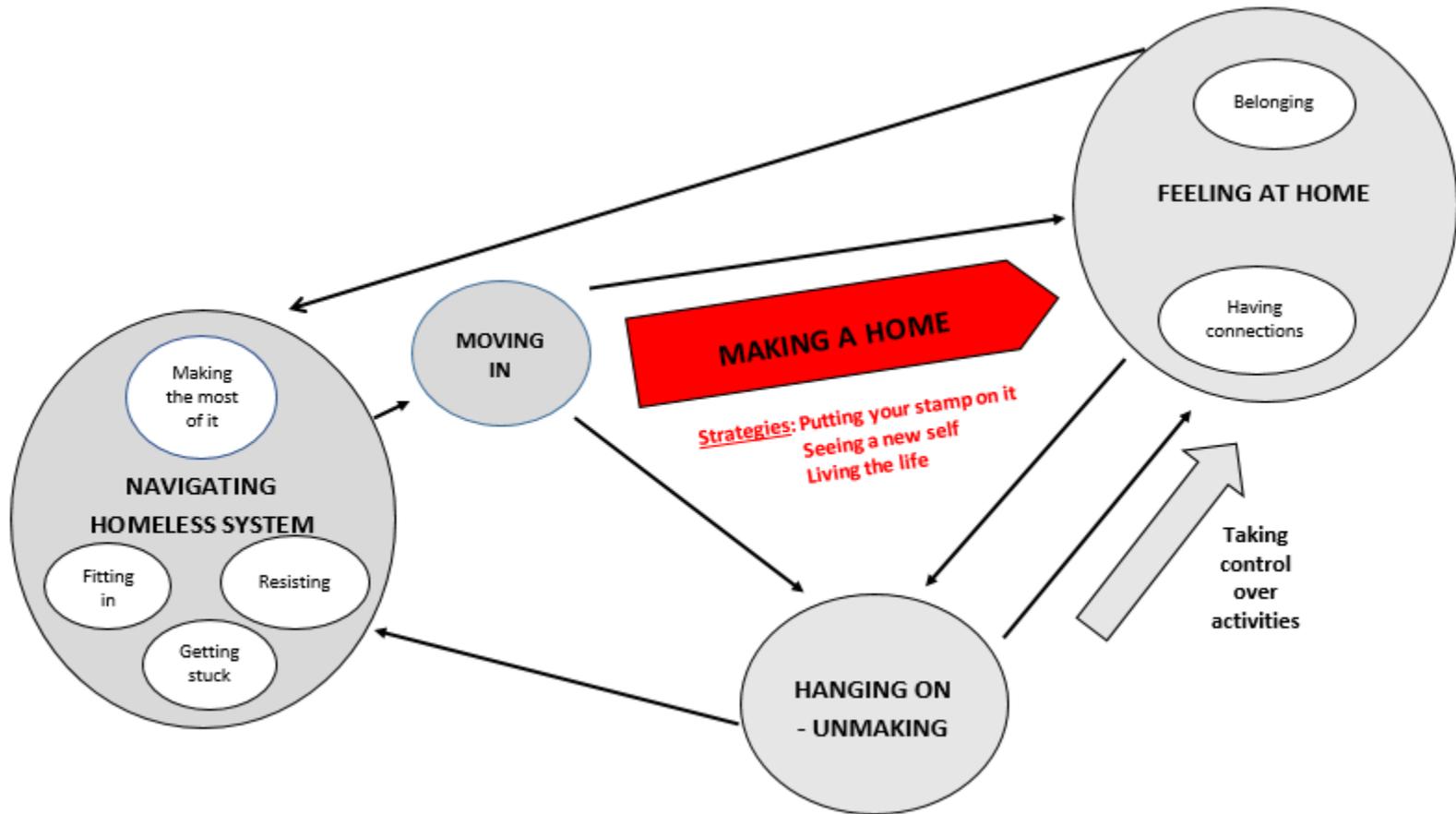
Resisting

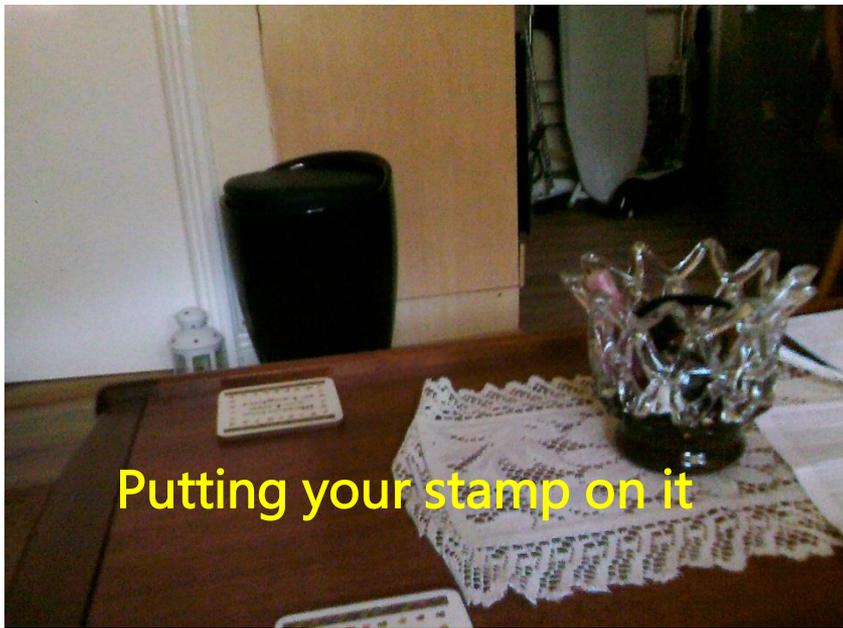
William, 38

Moving in



Making a home



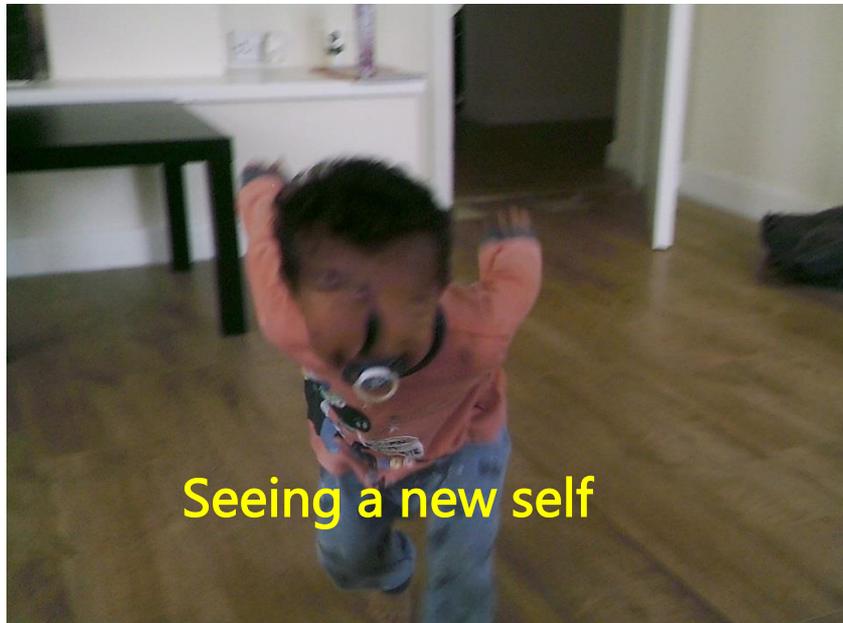


Putting your stamp on it

Bernice, 42



Strategies



Seeing a new self

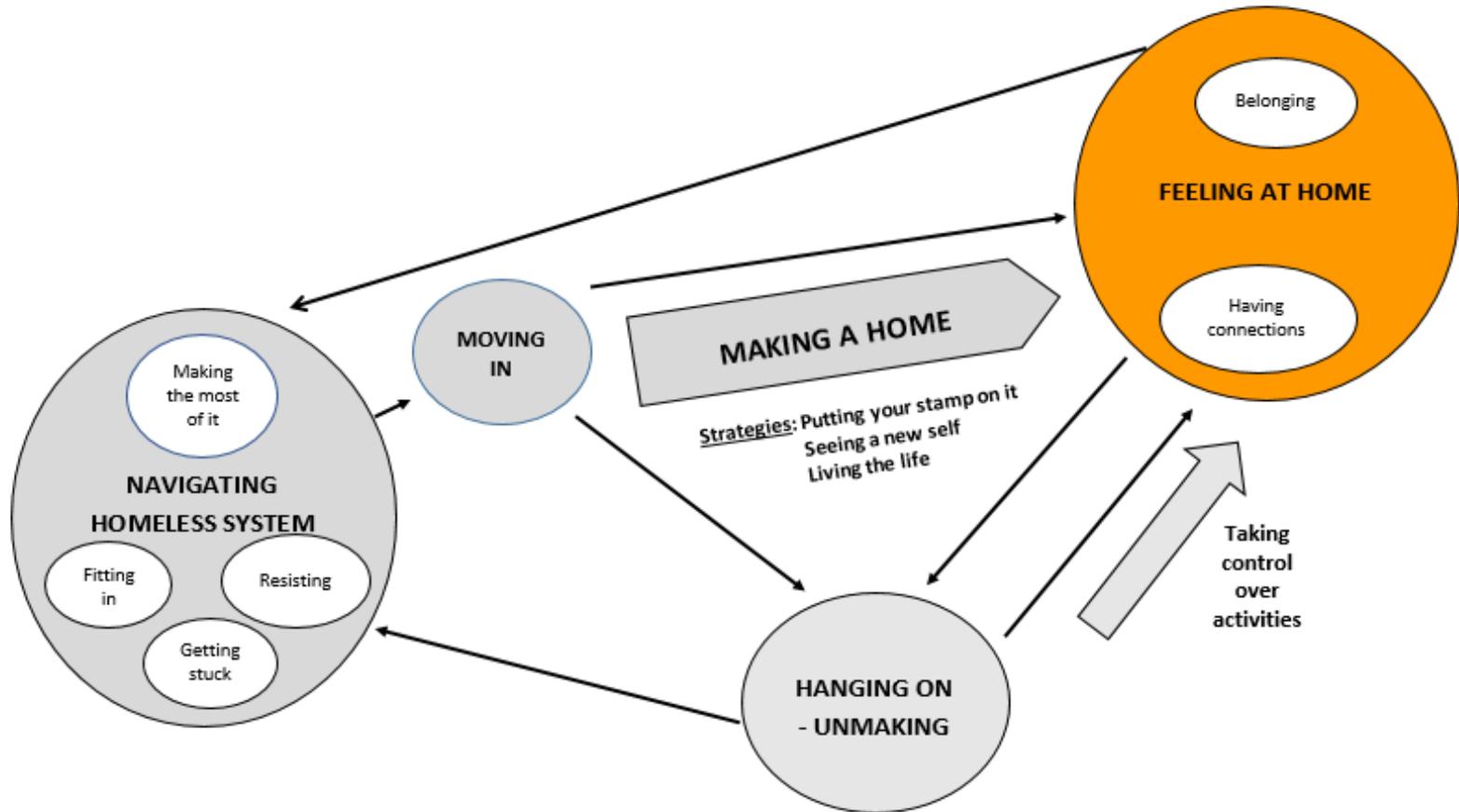
Timothy, 20



Living the life

Lily, 62

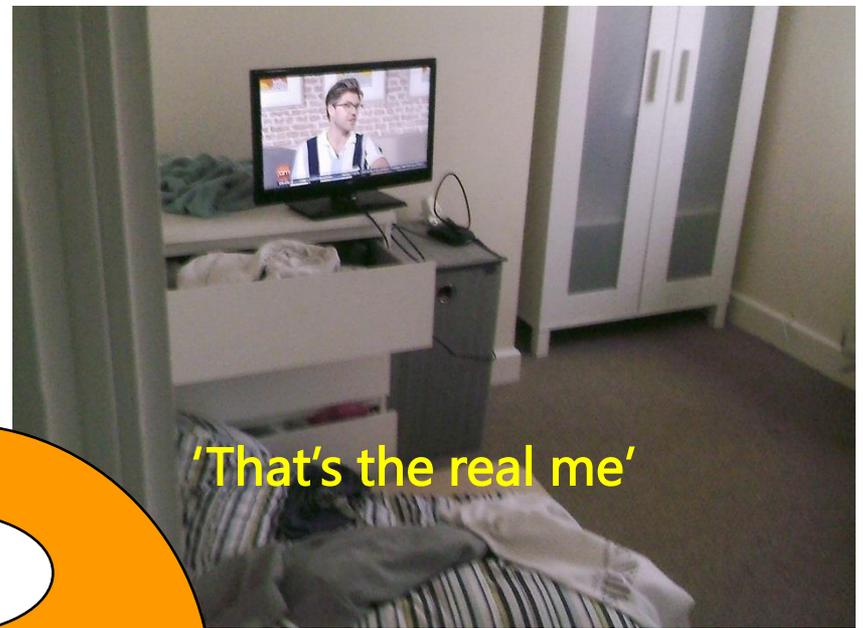
Feeling at home





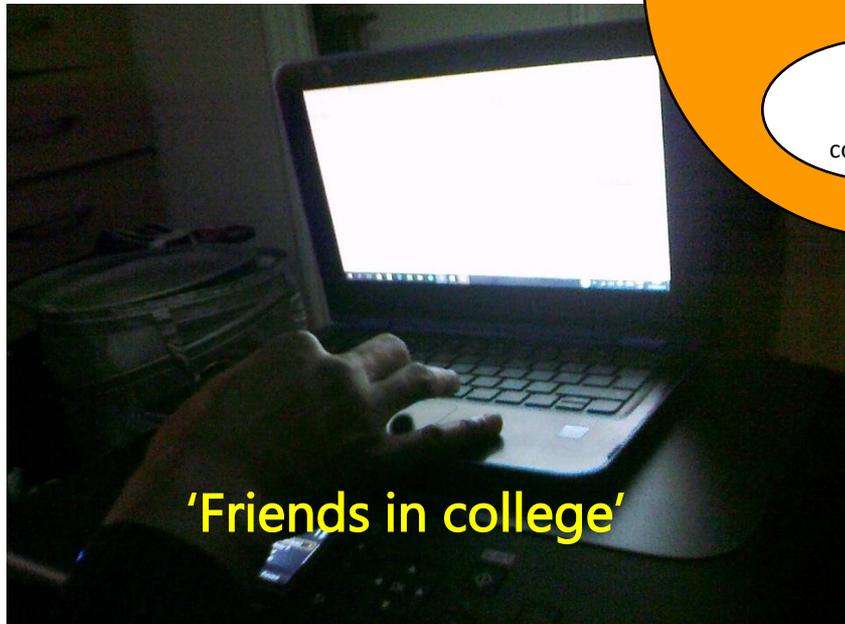
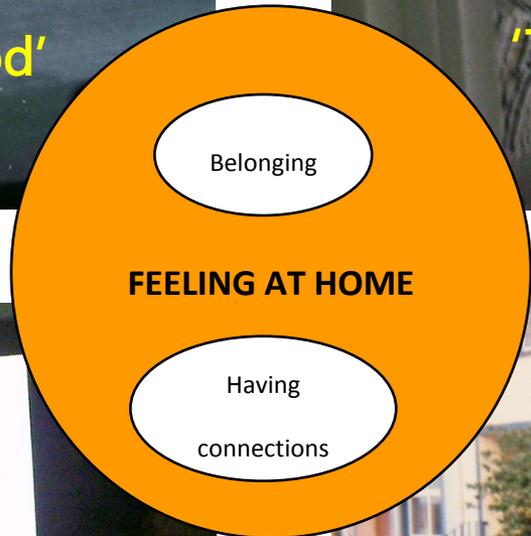
'It's my neighbourhood'

Xenophon, 41



'That's the real me'

Timothy, 20



'Friends in college'

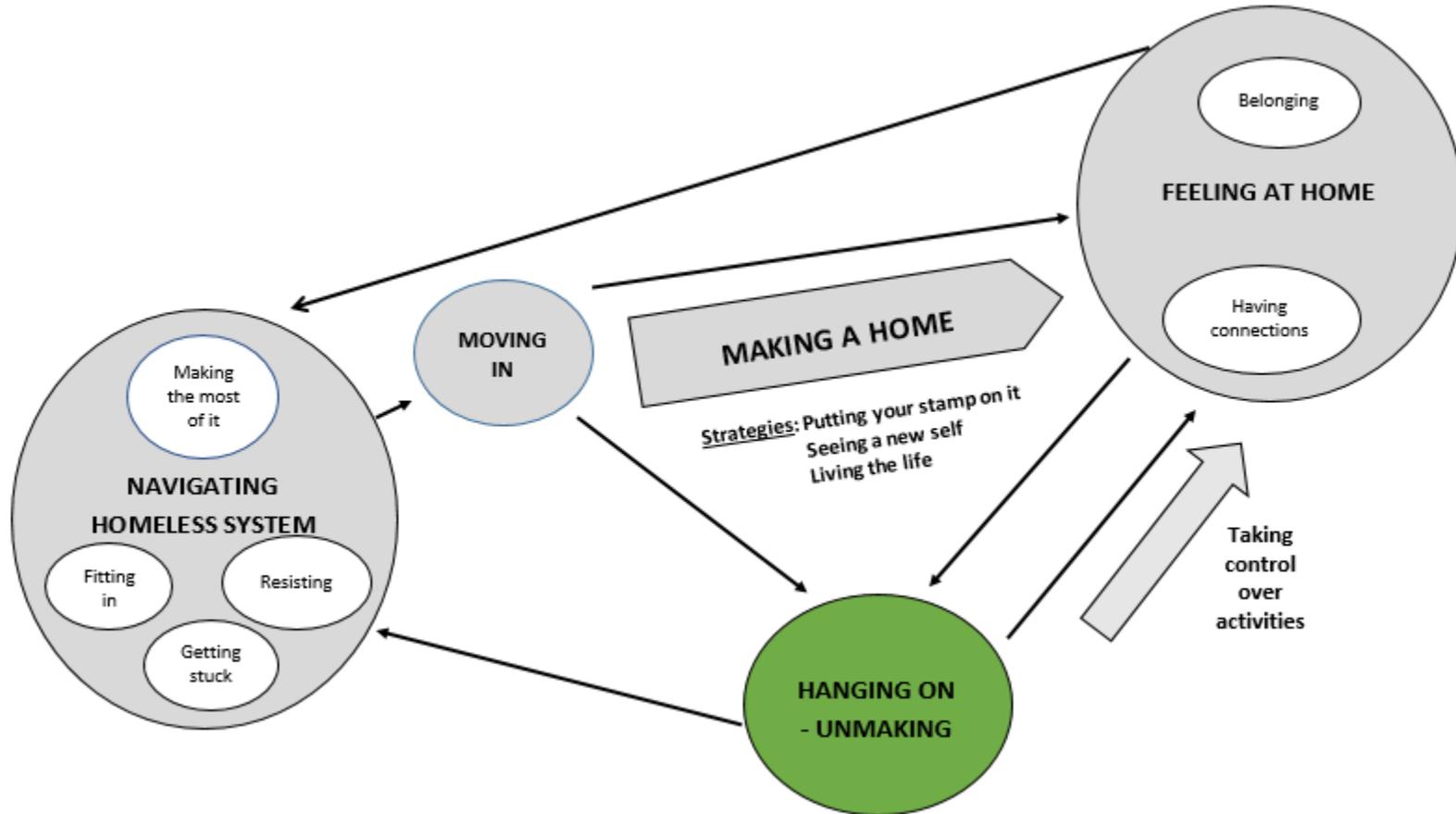
Bernice, 42



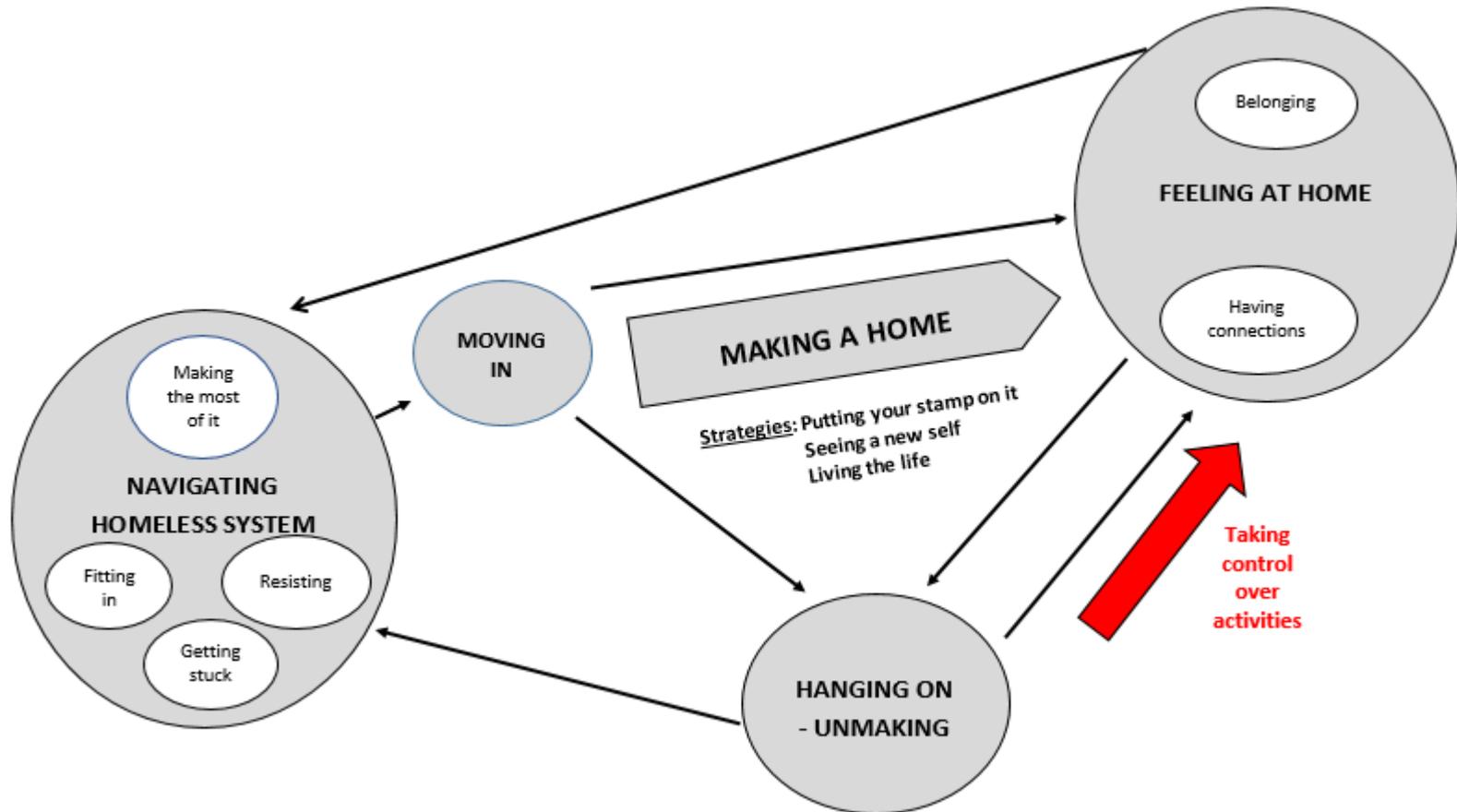
'Meet more people through the flowers'

Joe, 54

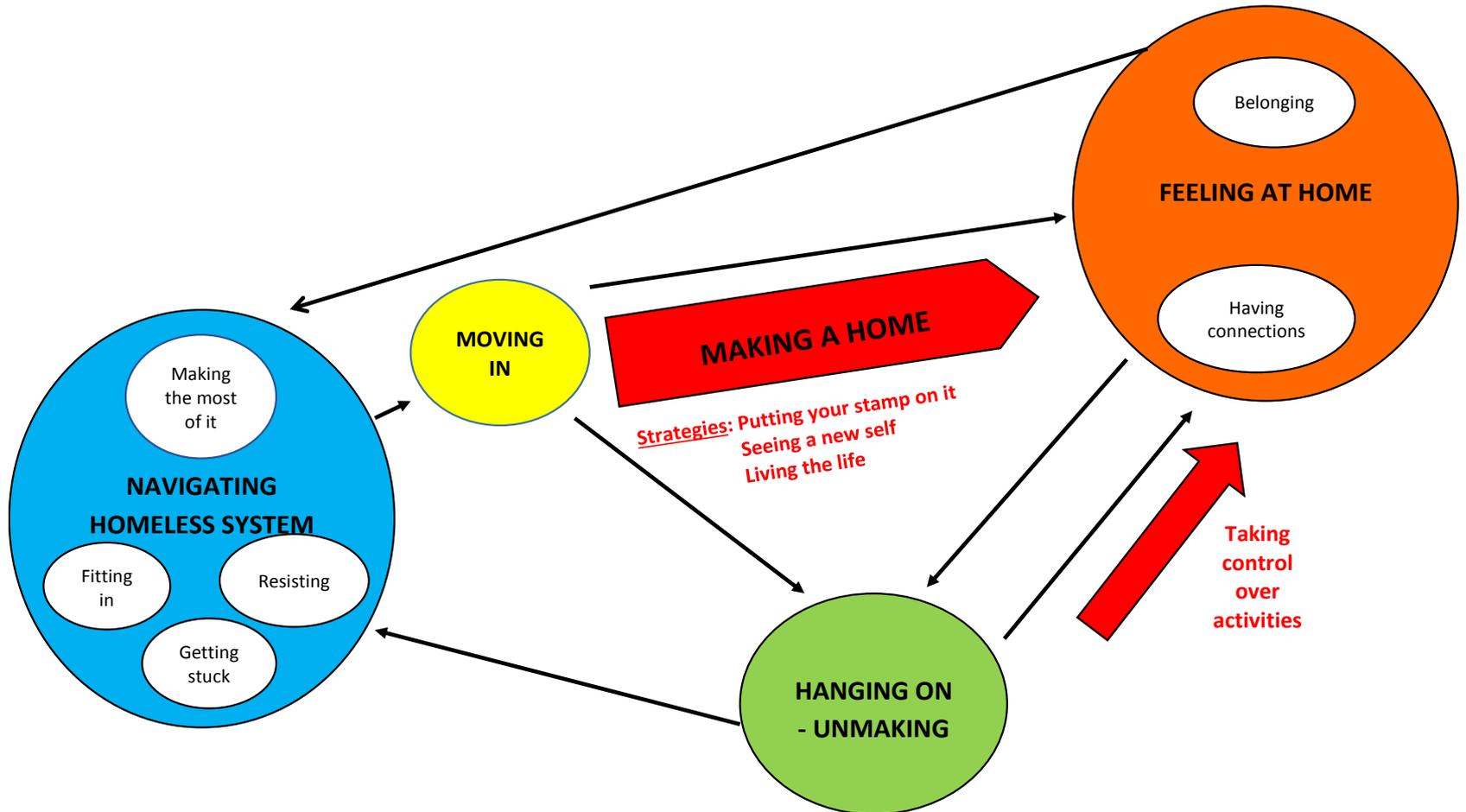
Hanging on – unmaking



Taking control



Making a home following homelessness



Discussion



- Home is not static – it is a process that is made and unmade
- Key strategies for 'making a home'
- Taking control is the change mechanism
- Being a service recipient is part of the process of transition from homelessness
- Broaden measure of tenancy sustainment beyond time alone
- Foundation of an occupational therapy intervention for tenancy sustainment following homelessness

Concluding thought



If taking control is the mechanism of change for tenancy sustainment:

- What opportunities are available within services and teams to enable people develop a sense of control as well as the strategies to make a home?
- How are we facilitating a sense of control?



Thank you for listening

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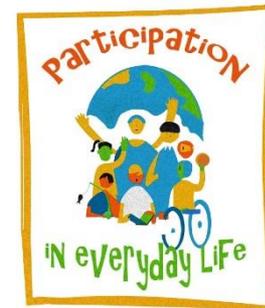
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