



Right to Healthcare training

Improving access to primary and secondary care for people in vulnerable situations

by [Name Surname]

Doctors of the World UK, *part of the Médecins du Monde network*



AIMS

1. Understand what is meant by: refugee, asylum seeker and undocumented migrant;
2. Understand entitlement to NHS care in England;
3. Be aware of the barriers faced by migrants in accessing NHS care;
4. Have an awareness of good practice to improve access to NHS care;
5. Be able to talk about why access to healthcare for migrants is important.



DOCTORS OF THE WORLD UK

- Primary care clinic in East London for people with difficulty accessing mainstream NHS;
- Staffed by volunteer GPs, nurses & support workers;
- Advocacy service for GP registration and secondary care;



Influencing health policy and practice.



1400+ STI
screening

2000+
visits

62%
undocumented



OUR
SERVICE
USERS
2018

300
experiences
of violence



5 years
before
accessing
clinic



8725 calls



WE SAW
939
WOMEN

226
WERE PREGNANT
(15 WEEKS PREGNANT
ON AVERAGE)

33
WERE UNDER
THE AGE OF 18



13%

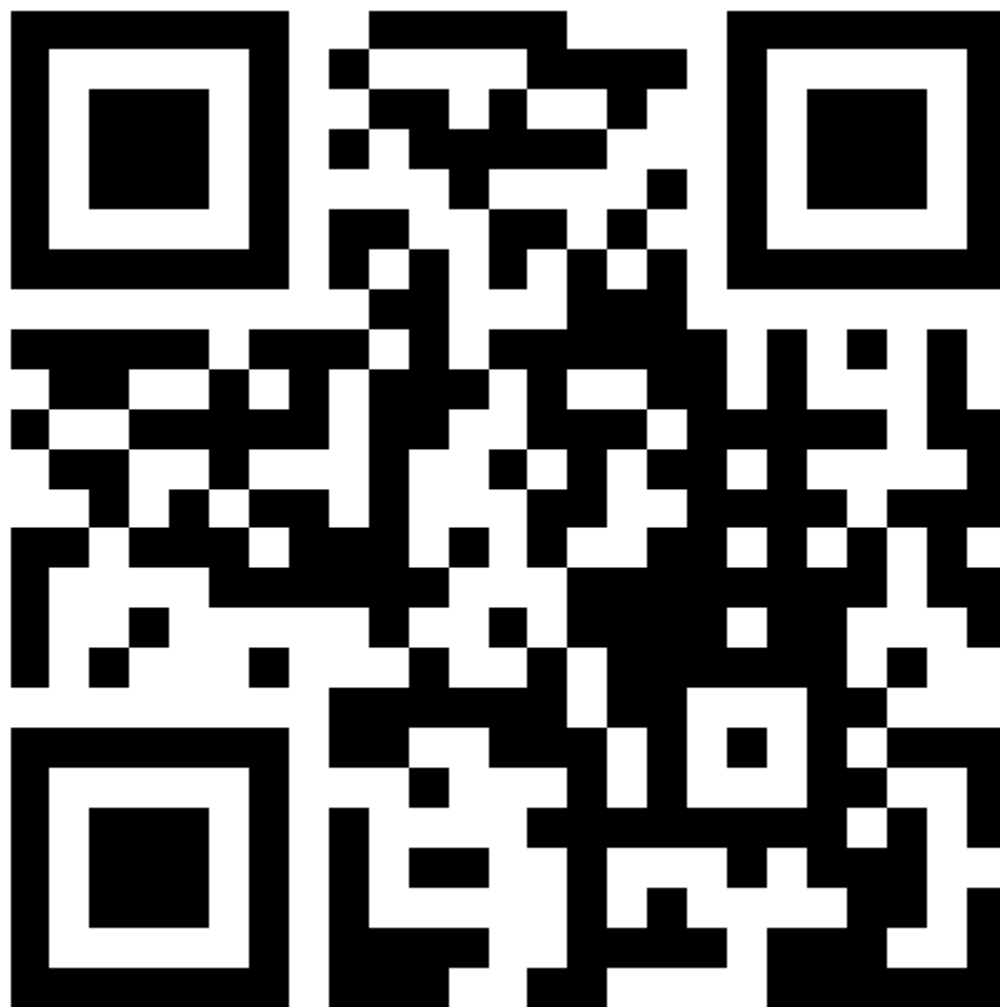
OF THE WOMEN
TRAVELLED TO THE
CLINIC FROM OUTSIDE
LONDON

37 women

ACCESSED FAMILY PLANNING THROUGH US



Test your knowledge with a Quiz!





DEFINING TERMS

Asylum
seeker

Refugee

Refused
asylum
seeker

Undocumented
migrant

Someone who enters or stays in the UK without the documents required under immigration regulations.

A person whose asylum application has been unsuccessful.

Someone whose asylum application has been successful; the Government recognises they are unable to return to their country of origin owing to a well-founded fear of being persecuted for reasons provided for in the Refugee Convention 1951 or European Convention on Human Rights.

A person who has left their country of origin and applied for asylum in another country but whose application has not yet been concluded.

Case Study: Miriam

- Miriam (28) fled Eritrea after escaping conscription into national military service.
- Imprisoned in Libya; became a street homeless and a victim of sexual assault in Italy.
- Smuggled to “the Jungle” in Calais and then to London.
- Street homeless in London, after 2 months taken to a church by a lady she met on the street.



**What is Miriam's
immigration status?**



WHO ARE UNDOCUMENTED MIGRANTS?

‘Undocumented’ migrants find themselves without the right documents for a variety of reasons, often beyond their control.

People who don't claim asylum due to lack of legal advice

Refused asylum seekers

People who came to UK to work without a visa

People whose visa has expired (student/working)

Survivors of trafficking

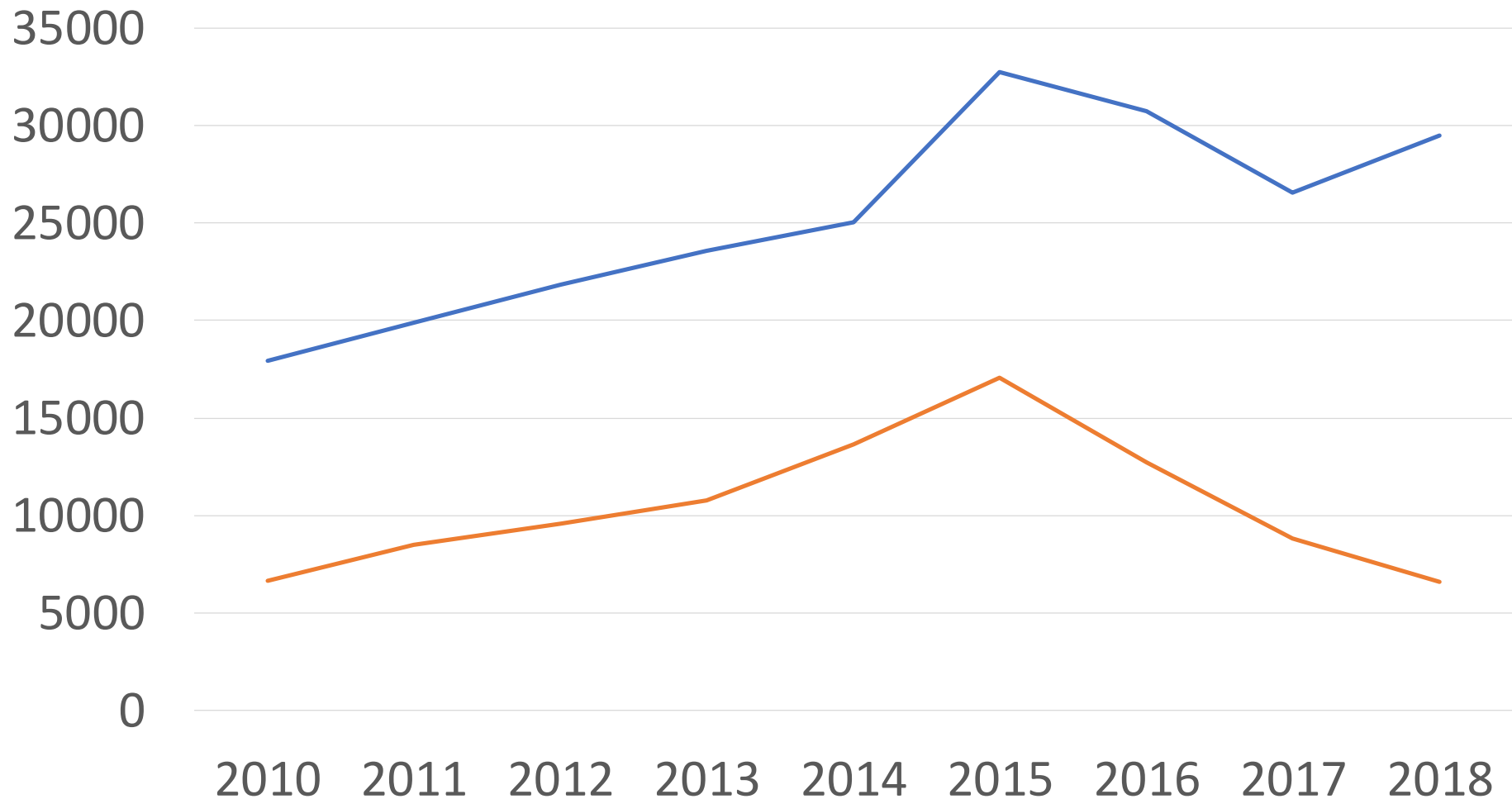
People who came to the UK as children with undocumented parents

People on spousal visas whose relationship breaks down

Domestic workers on expired visas which their employer doesn't renew

Asylum applications lodged & protection granted in the UK

— Applications — Grants



Refusal rate: 73% 65% 63% 62% 56% 60% 68% 71% 58%

Undocumented migrant population

MAYOR OF LONDON

**London's children and young people who are not British citizens:
A profile**



Institute for Community Research and Development

UK undocumented population

- 674,000

London

- 397,000

Children

- undocumented children in the UK increased by almost 56% between 2011 and 2017
- Almost half of the undocumented children with insecure immigration status is born in the UK



ACCESSING HEALTHCARE: ENTITLEMENTS AND BARRIERS

Primary care

Case Study: Miriam

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- Imprisoned in Libya; became a street homeless and a victim of sexual assault in Italy.
- Smuggled to “the Jungle” in Calais and then to London.
- Street homeless in London, after 2 months taken to a church by a lady she met on the street.

What were the barriers Miriam likely faced in registering with a GP?





Key barriers faced



Lack of ID / proof of address



Fear of arrest / data sharing

Immigration status



Language barrier





CASE STUDY: MIRIAM

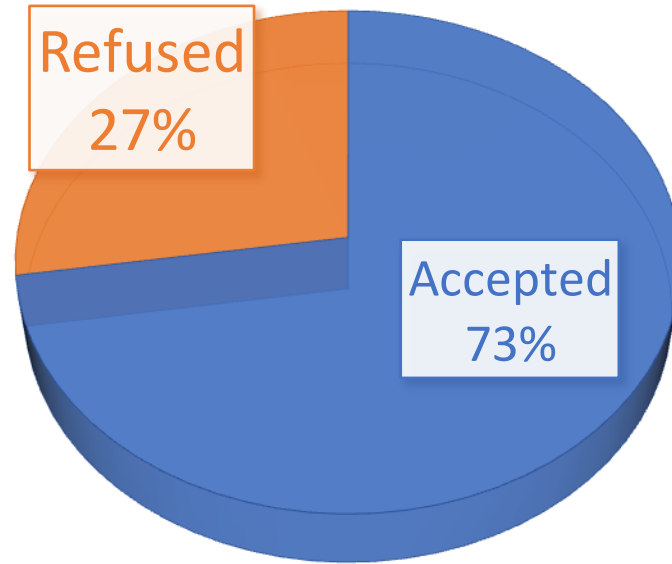
- Miriam was turned away from GP practices 3 times.
- Came to DoTW clinic in 2015 and was registered with a GP.
- 29 weeks pregnant before first antenatal appointment.

Registration Refused Report 2019

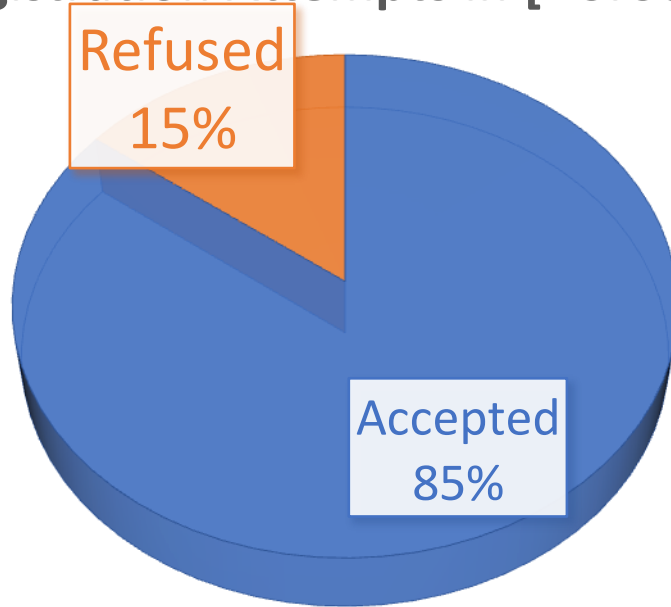


- Out of the **2873** attempts by DOTW to register patients with their local GP in 2019, **787** were **refused**.

Registration Attempts in England



Registration Attempts in [Borough]



- Out of the **109** attempts by DOTW to register patients with Tower Hamlets in 2019, **16** were **refused**.

NHS England Guidance on Registration

2019/20 General Medical Services (GMS) contract

Guidance and audit requirements for GMS contract

May 2019

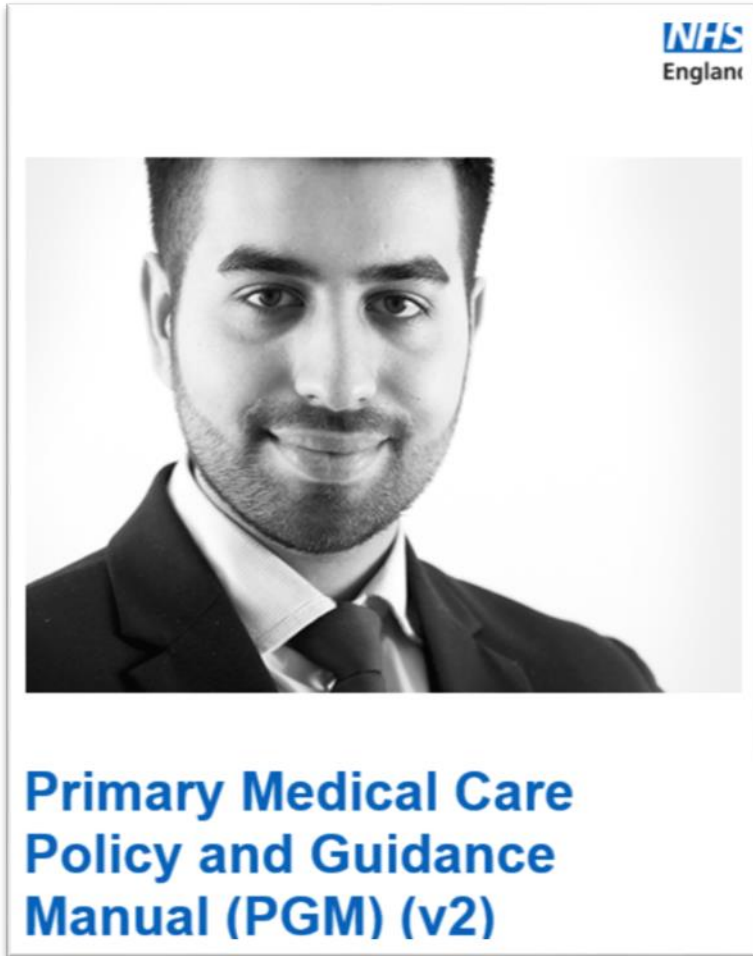


Primary Medical Care Policy and Guidance Manual (PGM) (v2)

Nationality and immigration status are **not** relevant to GP registration:

- “**anybody** in England may register and consult with a GP without charge”
- “**all** asylum seekers and refugees, overseas visitors, students, people on work visas and those who are homeless, **whether lawfully in the UK or not**, are eligible to register with a GP practice”
- “A patient does not need to be ‘**ordinarily resident**’ in England to be eligible for NHS primary medical care”

NHS England Guidance on Registration

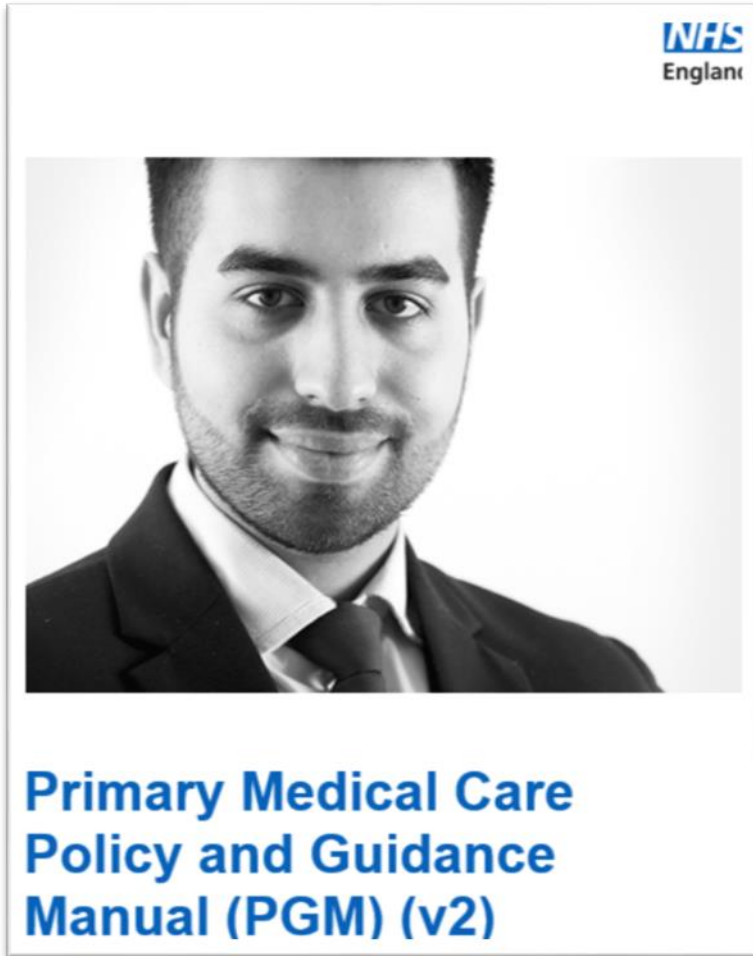


Documentation for registration?

- “***there is no regulatory requirement to prove identity, address, immigration status or the provision of an NHS number in order to register***”
- Lack of **proof of address/ID** “*would not be considered reasonable grounds to refuse to register a patient*” or withhold appointments
- “Where necessary, (e.g. homeless patients), the ***practice may use the practice address*** to register them if they wish”

NHS England Guidance on Registration

Refusing registration



- “If a practice refuses any patient registration then they must record the name, date and reason for the refusal and write to the patient explaining why they have been refused, within a period of 14 days of the refusal”.
- “This information should **be made available to commissioners on request.**”.



What can be done?



In recognition of the increasing workloads faced by GP practice staff and the widespread barriers to registration, DOTW UK launched the Safe Surgeries Initiative in May 2018.

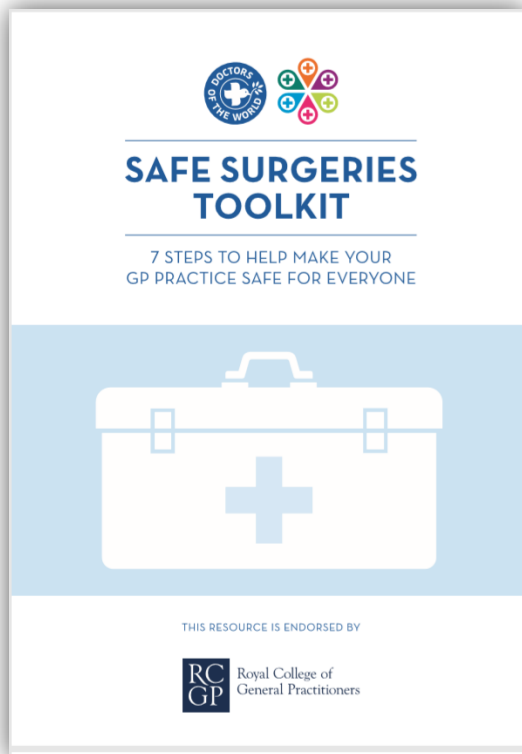


- A **Safe Surgery** is any GP practice which commits to taking steps to tackle the barriers to healthcare faced by migrants.
- It's a **supportive national network** of practices;
- It supports staff **learning and skills-building**;
- It offers **visibility and recognition**.



For inclusive and protective patient registration..

Our aim is to improve GP registration practices nationally, and bring them in line with NHS guidance.



**Don't have documents?
Don't worry...**

We are a Safe Surgery for everyone in our practice area. We might ask for ID or proof of address. But if you don't have any and you live in our practice area you can still register with us. We won't ask for immigration documents.

All are welcome!
Your nationality or immigration status do not affect your right to register here

We are a Safe Surgery for everyone in our practice area.

- 📍 Everyone living in England has the right to free care from a GP.
- 📍 Ask reception for an interpreter if you find it difficult to communicate in English.
- 📍 Our receptionists won't ask you about your immigration status.
- 📍 If you are worried about giving us your address, please let us know. Your information is safe with us.

WHAT CAN WE DO TO HELP?

GP practices can take concrete steps, both at reception and in consultations, to improve equity of access to their services.

✓	1	Don't insist on proof of address documents
✓	2	Don't insist on proof of identification
✓	3	Never ask to see a visa or proof of immigration status
✓	4	Make sure patients know that their personal information is safe
✓	5	Use an interpreter, if needed
✓	6	Display posters to reassure patients that your surgery is a safe space
✓	7	Empower frontline staff with training and an inclusive registration policy



7 Steps for Safe patient registration..

WHAT CAN WE DO TO HELP?

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- ☒ **7** Empower frontline staff with training and an inclusive registration policy

- Don't insist on proof of address
- Don't insist on ID
- Never ask about immigration status
- Keep information safe
- Use an interpreter
- Display Posters
- Empower frontline staff

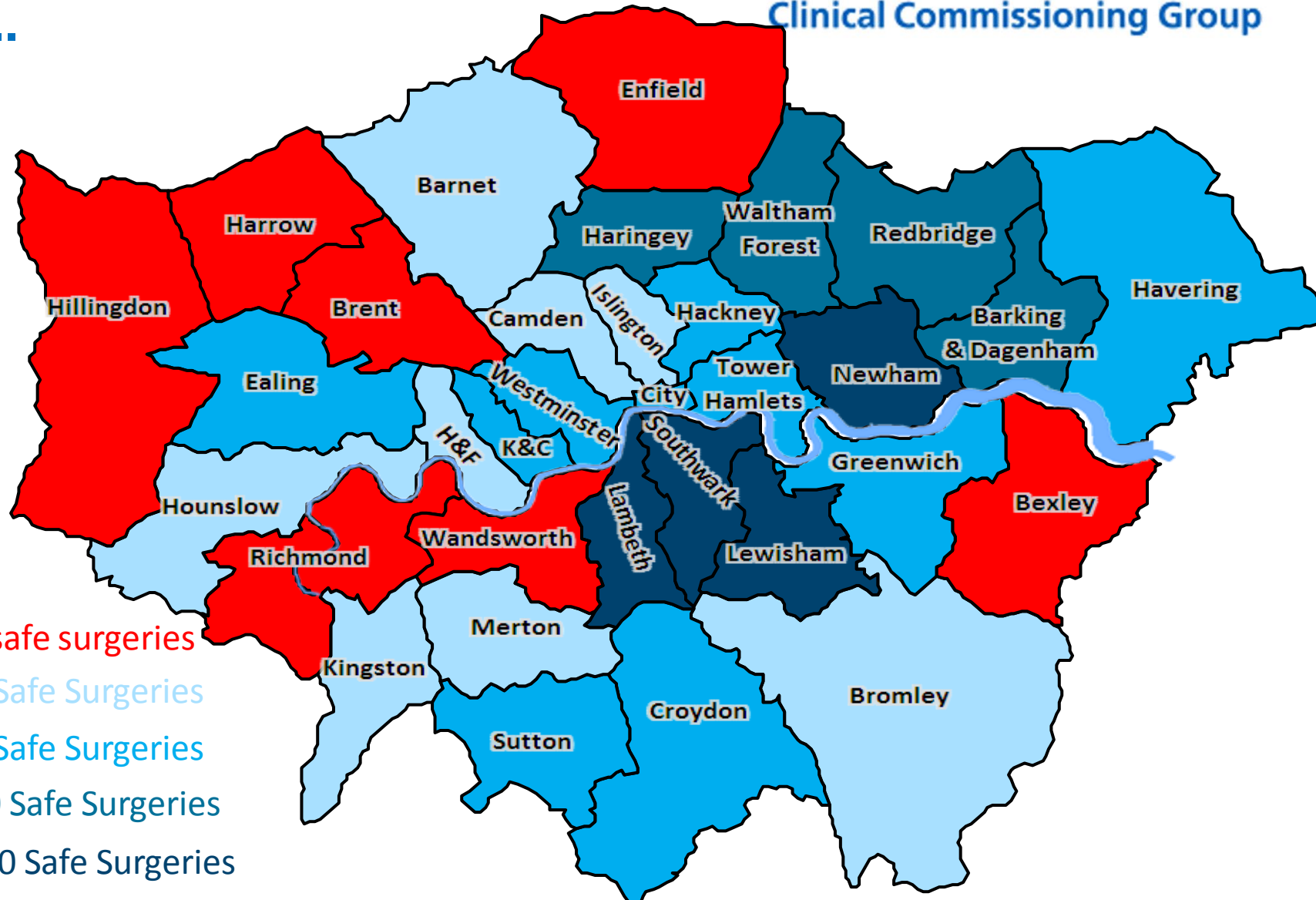


Why are these protections so important?

- Some patients living in the practice area will be unable to prove it.
- Some patients will not have any proof of ID.
- Immigration status queries deter undocumented patients.
- New rules (charging and checks) in hospitals limit access to specialist care.
- Fear of being reported to the Home Office is justified.



128 London Safe Surgeries, and increasing support from LAs and CCGs..

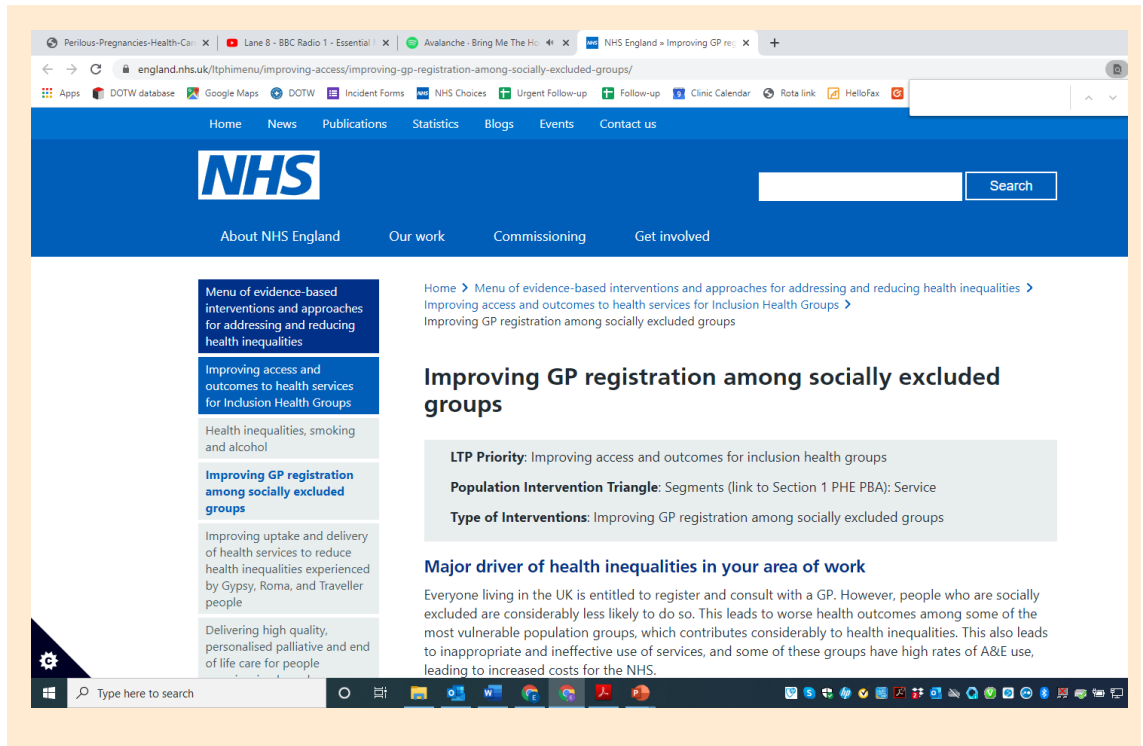




Why become a Safe Surgery?

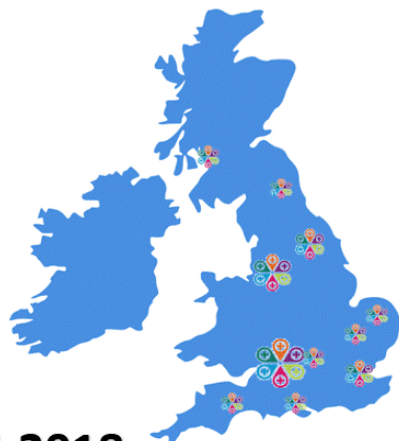
- Comply with NHS policy
- CQC approved
- Improve reception time management and communication
- Improve patient experience and meet the needs of your community

In 2019, the Safe Surgeries initiative was listed as an evidence-based intervention in the NHS long term plan.



BMA





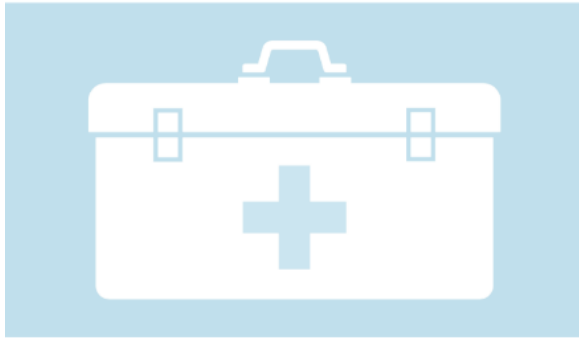
A growing community: Safe Surgeries

August 2018





SAFE SURGERIES TOOLKIT



7 STEPS TO HELP MAKE YOUR
GP PRACTICE SAFE FOR EVERYONE





WHAT CAN I DO?

- Sign up at www.bit.ly/newsafesurgery or use QR code above
- Engage with your CCG, other practices, community organisations and safeguarding team




Secondary Care Charging

- 
- There are restrictions on some secondary care services dependant on a person's immigration status

- But, some secondary care services are free for all patients (or must not be withheld)
- 

- GP practices must **ALWAYS** refer patients to secondary care regardless of immigration status



- 
- Hospitals have teams who will work out patients entitlement to secondary care after they have been referred.



Department
of Health &
Social Care

Guidance on implementing the overseas visitor charging regulations

October 2019

Access to Secondary Care

ACCESS TO SECONDARY CARE

There are restrictions on some secondary care services dependant on a person's immigration status:

- Undocumented migrants are charged for some services – *this includes refused asylum seekers in England*
- Charges must be paid before treatment.



But:

- Some services are always free - *A&E, communicable diseases and family planning.*
- **“Urgent or immediately necessary”** treatment to be provided regardless of ability to pay



GROUPS EXEMPT FROM CHARGES

- Refugees and asylum seekers 
- Refused asylum seekers receiving “section 4” support - *those destitute and prevented from returning to country of origin* 
- Survivors of trafficking 
- Children looked after by a local authority 
- People treated under the Mental Health Act 
- People in immigration detention. 
- Treatment caused by sexual or domestic violence, FGM, or torture 



Secondary care



- GP practices must ALWAYS refer patients to secondary care regardless of immigration status.



- Hospitals have teams who will work out patients entitlement to secondary care after they have been referred and secondary care clinical staff assess urgency of care needed.

How can you help your patient?

OVMs sometimes don't identify people as **asylum seekers, refugees, or victims of trafficking** and charge them

- If your patient falls into one of these groups and is entitled to free care, include this in a referral letter.

OVMs often don't identify treatment for conditions resulting from **torture, sexual abuse, domestic abuse or FGM** and charge patients

- If your patient's treatment is caused by one of these types of violence, include this in a referral letter.

If your patient is **refused treatment**:

- Refer them to DOTW's casework team

*"an OVMs should accept: **confirmation from a medical professional who is aware of the patient's health record** that the patient is a victim of torture / sexual violence / domestic violence / FGM, **including a referring GP** ...and that the treatment accessed is attributable to this."*

*"Provision of treatment should be holistic, **include medical and psychological care**, and may include measures such as medical, physical and psychological rehabilitative services."*

Department of Health, Guidance on implementing the overseas visitor charging regulations

Use our Secondary Care Guide

WHEN IS MY PATIENT LIKELY TO RETURN HOME?



You are being asked to decide if care is, or will become, urgent in the time before a patient returns home. This means that a condition that may not be urgent for a person

who is likely to leave the UK within the next couple of months, **may be considered urgent** for a patient who is not likely to leave in the next 6 months.

What does the guidance say?

For undocumented migrant patients, including failed asylum seekers, the likely date of return may be unclear, and will have to be assessed on a case-by-case basis, including their ability to return home. Some may be prevented by travel or entry clearance restrictions in their country of origin, or by other conditions beyond their control.

For some cases relating to undocumented migrants, it will be particularly difficult to estimate their return date. Relevant bodies may wish to estimate that such patients will remain in the UK initially for 6 months, and the clinician can then consider if treatment can or cannot wait for six months, bearing in mind the definitions of urgent and non-urgent treatment given above. However, there may be circumstances when the patient is likely to remain in the UK longer than six months, in which case a longer estimate of return can be used.

DHSC, 2017. Guidance on implementing the overseas visitor charging regulations.

For some patients it will be easy to know when they will return home. However, in the case of **UNDOCUMENTED MIGRANTS** and **REFUSED ASYLUM SEEKERS (RAS)** it is more difficult.

UNDOCUMENTED MIGRANTS

There are many reasons why a patient may find themselves undocumented. This group includes domestic workers, survivors of trafficking and modern slavery and people who have not received support to make an asylum claim. They may owe debts to their employer or be unable to return home.

When making decisions about the care of undocumented migrants, it is worth considering how long the patient has been living in the UK.

REFUSED ASYLUM SEEKERS

RAS can live in the UK for years without being returned. This can be because it is not safe for them to return, their home country will not accept them or the Home Office does not take steps to deport them.

When making decisions about the care of RAS it is worth considering how long the patient has already lived in the UK without being returned.

Regardless of a patient's immigration status, ensure that the date of return used is based on a conversation with the patient and takes account of all the information they're able to provide. Record the date of return used in the Clinician Patient Assessment Form.

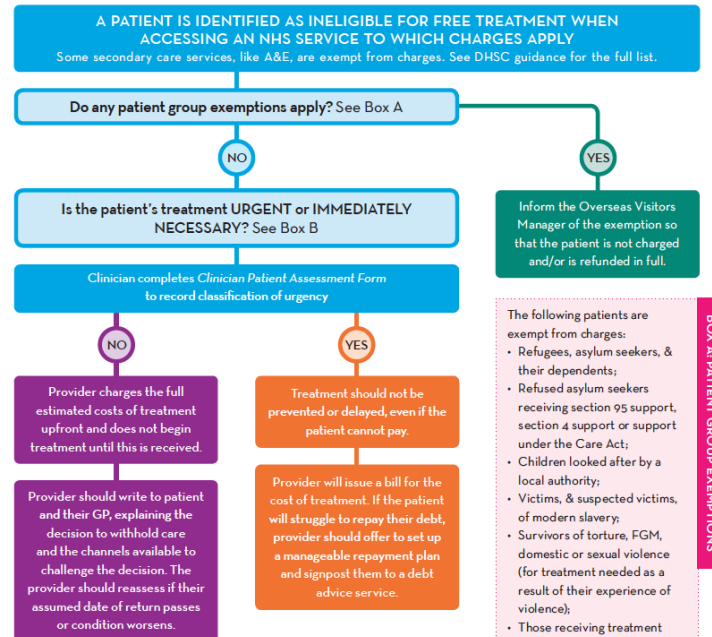
NAVIGATING NHS CHARGING IN SECONDARY CARE



A guide for NHS clinicians in England, based on Department of Health and Social Care guidance¹

This guide supports NHS doctors to ensure that their patients' human rights are protected while in their care. The right to health is protected by various international instruments ratified by the UK. Ensuring that patients access urgent treatment is

also crucial to upholding their rights to life and freedom from inhumane or degrading treatment (Human Rights Act 1998, art. 2, 3). These legal protections apply to everyone, no matter what their immigration status, and bind all UK public authorities.



BOX B: DEFINITIONS

'Urgent' care is care that cannot wait until they can leave the UK.*

- Should take into account pain, disability, and the risk of the delay exacerbating their condition.
- For undocumented migrants, assume they may not be able to return within 6 months.

'Immediately necessary' care is care that:

- is life saving;
- will prevent a condition becoming life-threatening or;
- will prevent permanent serious damage.

*See page 2

¹ Department of Health and Social Care, 2017. Guidance on overseas visitors' hospital charging regulations. <https://www.gov.uk/government/publications/guidance-on-overseas-visitors-hospital-charging-regulations>



Department
of Health &
Social Care

Guidance on implementing the overseas visitor charging regulations

October 2019

Access to Secondary Care



CASE STUDY: MIRIAM

- At the hospital the Overseas Visitors Manager identifies Miriam as an undocumented migrant.
- She is sent an invoice for her ANC.

Is the Overseas Visitors Manager correct?

Case Study: Miriam



As an undocumented migrant, Miriam **was** chargeable for secondary care. **But:**

- Maternity services are 'immediately necessary' so should not be denied, delayed or discouraged.
- If pregnancy is as a result of rape, it's not chargeable.



ACCESS TO SECONDARY CARE

There are restrictions on some secondary care services dependant on a person's immigration status:

- Undocumented migrants are charged for some services – *this includes refused asylum seekers in England*
- Charges must be paid before treatment.



But:

- Some services are always free - *A&E, communicable diseases and family planning.*
- **“Urgent or immediately necessary”** treatment to be provided regardless of ability to pay



GROUPS EXEMPT FROM CHARGES

- Refugees and asylum seekers 
- Refused asylum seekers receiving “section 4” support - *those destitute and prevented from returning to country of origin* 
- Survivors of trafficking 
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What is “immediately necessary” care?

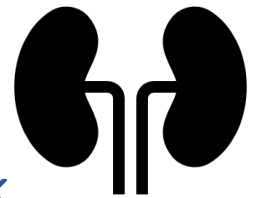
“Life saving, will prevent a condition becoming life-threatening or will prevent permanent serious damage.”



- Maternity services are always “immediately necessary”.
- Everything else is based on the treating clinician's decision.

Examples in Department of Health guidance:

- Acute renal disease requiring 3x dialysis a week



Immediately necessary care must be given regardless of ability to pay but patient will be charged after receiving care.



What is “urgent” care?

“Care that cannot wait until the person leaves the UK. Should take into account **pain, disability, and the risk of the delay** exacerbating their condition.”



- First, the OVM establishes date they are “reasonably expected to leave the UK”.
- This is not “fitness to fly” test.
- **For undocumented migrants** *“the likely date by which the person can reasonably be expected to leave the UK may be unclear, and will have to be **assessed on a case-by-case basis**. ... [Trusts] may wish to **estimate that such patients will remain in the UK initially for 6 months**, ... However, there may be circumstances when the patient is likely to remain in the UK longer than 6 months, in which case **a longer estimate can be used**.”* (Department of Health guidance)

What is “urgent” care?



- Then clinician makes assessment if care is “urgent” or if it can wait.
- *“If the person is unlikely to leave the UK for some time treatment which clinicians might otherwise consider non-urgent is more likely to be considered by them as urgent.”* (Department of Health guidance)

Examples in Department of Health guidance:

- Undocumented migrant unlikely to leave the UK in the next year with a non-melanoma skin cancer – treatment (cryotherapy) is urgent
- An undocumented migrant unlikely to leave the UK in the next 6 months with bunions - treatment (osteotomy) is urgent



£ Urgent care must be given regardless of ability to pay but patient will be charged for the care.



Charging as a barrier to healthcare

Deterrence

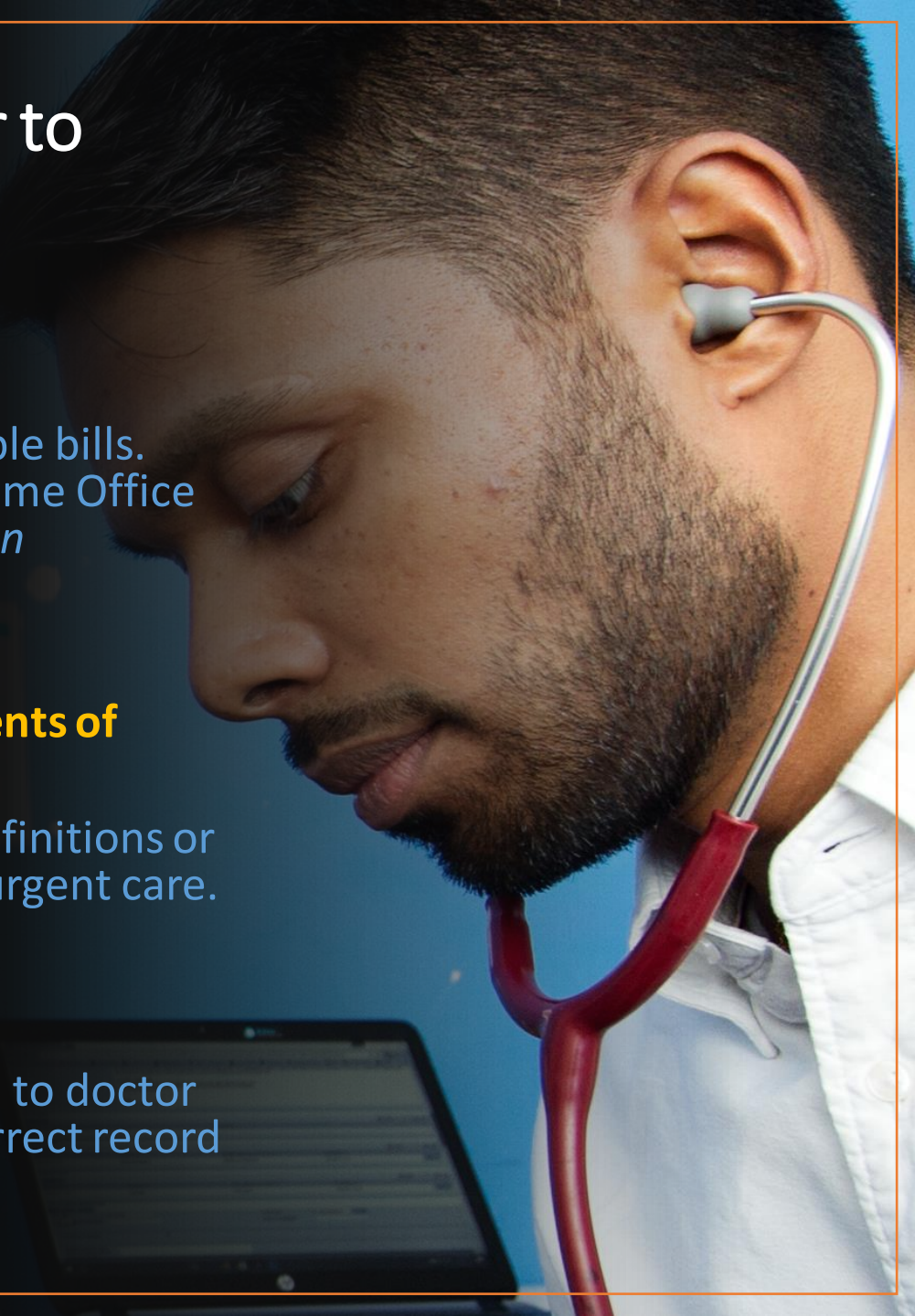
- Patients fear ID checks & unaffordable bills. Debts of £500+ are reported to the Home Office after two months – *affects immigration applications.*

Incorrect / untransparent assessments of urgency

- OVMs or clinicians wrongly apply definitions or use unrealistic return date, and deny urgent care.

Gatekeeping by admin staff

- Reception staff delay or deny access to doctor due to ID checking bureaucracy / incorrect record of patient's immigration status.



Policy Context: A 'Hostile' NHS?



Immigration Act 2014: Extended 'hostile environment' for undocumented migrants into schools, banks and the NHS.

Since 2017, there are obligatory immigration checks and upfront charges in **hospitals & community health services**.

Looking ahead: DH has announced intention to charge in primary care and further consult on charging in A&E.





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**What can be
done?**

Best practice for clinicians



THINK: Is your patient exempt from charges?

Are they an **asylum seeker or refugee**?

Are they a victim of **modern slavery or trafficking**?

- This includes trafficking in human beings; slavery; servitude; or forced or compulsory labour.
- Health services are a good place to identify victims of trafficking
- The Home Office or UK Human Trafficking Centre provide a letter confirming status of officially recognised as victims / suspected victims
- Individuals still in a trafficking situation, those awaiting a decision and those who do not apply to be recognised as a victim are not exempt from charges.
- If you suspect your patient is a victim of slavery or trafficking, talk to your safeguarding lead for advice.

Best practice for clinicians



THINK: Is your patient's treatment exempt from charges?

Is it diagnostics/treatment for **communicable disease** or **family planning**?

Is treatment a result of **torture, sexual or domestic violence or FGM**?

- Trusts often fail to identify victims of violence but clinical staff (including GPs) can play a role in informing OVMs:
- If you think your patient's treatment is caused by one of these types of violence include it in your referral letter / inform the OVM.
- Includes mental health services
- See DOTW's resource: ["Navigating NHS Charging in Secondary Care"](#)

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Department of Health, Guidance on implementing the overseas visitor charging regulations

Best practice for clinicians



THINK: Is your patient's care "urgent" or "immediately necessary"?

This decision must be **made by the treating clinician**, not the OVM.

- Care should not be withheld until the clinician confirms that it is non-urgent care (see [Clinical patient assessment form](#)).
- Diagnostics required to establish whether a service is "Urgent" or "immediately necessary" should not be withheld.

Clinician patient assessment form

NAME OF PATIENT

Date of birth/...../..... Hospital number

Date the patient can be reasonably expected to leave the UK

Patient not expected to leave the UK for at least 6 months, or at all ☐

You are asked to provide your considered clinical opinion and tick one of the below declarations:

- ☐ Having made the appropriate diagnostic investigations, I intend to give treatment that is immediately necessary to save the patient's life, prevent a condition from becoming immediately life-threatening or needed promptly to prevent permanent serious damage occurring. All maternity treatment is considered immediately necessary.
- ☐ Having made the appropriate diagnostic investigations, I intend to give urgent treatment that is not immediately necessary to save the patient's life but cannot wait until the patient can leave the UK. If the patient's ability to leave the UK changes, I will reconsider my opinion.
- ☐ Having made the appropriate diagnostic investigations, I do not intend to provide treatment unless payment is made in advance, since the patient's need is non-urgent and it can wait until the patient can leave the UK. If the patient's ability to leave the UK changes, I will reconsider my opinion.
- ☐ I must make further investigations before I can assess urgency.

Date/...../..... Signed (doctor)

Date/...../..... Signed (overseas visitors manager/administrator)

Best practice for clinicians



THINK: Is your patient's care "urgent" or "immediately necessary"?

When will your patient realistically return home?

- To decide whether care is urgent, an accurate date of return is essential. The OVM will establish the date of return.
- Remember: this is not a fitness to fly test.
- Remember: refused asylum seekers and undocumented migrants often face many obstacles to leaving the UK.
- Challenge the date of return if you think its not reasonable.
- See DOTW's guide *"When is my patient likely to return home?"*

Use our Secondary Care Guide

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What does the guidance say?

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For some cases relating to undocumented migrants, it will be particularly difficult to estimate their return date. Relevant bodies may wish to estimate that such patients will remain in the UK initially for 6 months, and the clinician can then consider if treatment can or cannot wait for six months, bearing in mind the definitions of urgent and non-urgent treatment given above. However, there may be circumstances when the patient is likely to remain in the UK longer than six months, in which case a longer estimate of return can be used.

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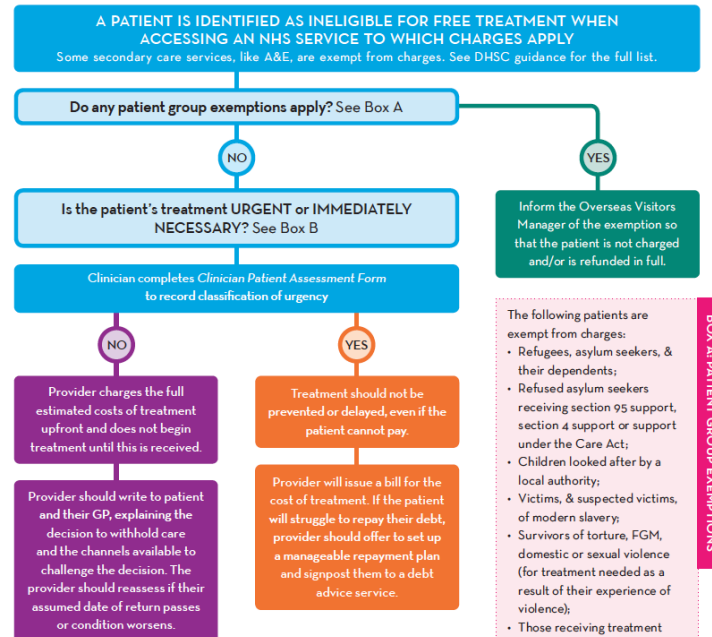
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- will prevent permanent serious damage.

*See page 2

¹ Department of Health and Social Care, 2017. Guidance on overseas visitors' hospital charging regulations. <https://www.gov.uk/government/publications/guidance-on-overseas-visitors-hospital-charging-regulations>



Our Advocacy Work on Secondary Charging

- Reform healthcare charges to make them **affordable** for all, including an exemption for people living in destitution or on a low income, and refused asylum seekers.
- **Exempt children and pregnant women** from all charges.
- Remove the obligation on NHS Trust to charge patients **upfront**.
- Implement a **full-scale, independent review** of all NHS Charging Regulations which includes the equality impact on all migrant groups and British citizens, patient outcomes, and public health implications.



Exercise: *True or false?*

1. GPs can refuse to register a person if they cannot prove they live in their catchment area.
2. GPs can accept any person as an NHS patient and give them free care.
3. NHS England requires GPs to check new patients' residency status when registering them.



Exercise: *True or false?*

1. It is the role of the OVM alone to determine who should pay upfront for treatment.
2. Urgent or immediately necessary care is always provided free of charge in the NHS.
3. Refugees and asylum seekers should never be charged for NHS care.



Exercise

Vignettes

For each, what steps could a GP take to help to ensure they access the treatment they need?

Case Study: Miriam



- Miriam (28) fled Eritrea after escaping conscription into national military service.
- Imprisoned in Libya; street homeless in Italy and was raped by a group of men.
- Smuggled to “the Jungle” in Calais and then to London.
- Street homeless in London, after 2 months taken to a church by a lady she met on the street.
 - *‘I started to beg her, my feet were swollen and I had been walking up and down for 2 days... She could see that I was pregnant.’*



CASE STUDY: MIRIAM

- Miriam was turned away from GP practices 3 times.

What were the barriers Miriam likely faced in registering with a GP?

- Came to DoTW clinic in 2015 and was registered with a GP.
- 29 weeks pregnant before first antenatal appointment.

Would she be charged for antenatal care?



CASE STUDY: MIRIAM

- At the hospital the Overseas Visitors Manager identifies Miriam as an undocumented migrant.
- She is sent an invoice for her ANC.

Is the Overseas Visitors Manager correct?

Case Study: Miriam



As an undocumented migrant, Miriam **was** chargeable for secondary care. **But:**

- Maternity services are 'immediately necessary' so should not be denied, delayed or discouraged.
- If pregnancy is as a result of rape, it's not chargeable.



Case Study: Anil



- Anil is a 35-year-old man from Kerala. He has a wife and 2 children in Kerala, India.
- He came to the UK on a tourist visa but with the intention of seeking work to send money to his family. He has been in the UK for several months.
- He has been working in a restaurant as a kitchen hand.
- He came to the DOTW clinic because he was unable to work because of a painful foot. He asked for help with GP registration.

Case Study: Anil



- When asked by the clinic supervisor and the Clinic Support worker, he said that he had no other medical problems.
- The CSW asked the GP to see Anil.
- He had an obvious infection of his toes with cellulitis.
- Anil then told the GP that he had diabetes and had been taking tablets sent from his family but had had no diabetes monitoring for several months.
- He was sent straight to hospital, was admitted and subsequently had several toes amputated.

Case Study: Anil



- He should not be charged in advance for immediately necessary treatment, and will be chargeable for long term care.
- As he accumulates debts, he will need to discuss this with the Overseas Visitor Manager.
- As he is only paid if he works he will be destitute and may lose his accommodation.
- His family will lose his financial support.
- He may have a debt to the 'agent' who helped with his journey to the UK.



Lucy

Having been misinformed by an agent, Lucy, 22, came to the UK on a student visa but was then unable to pay her university fees. After her visa expired she paid an agent to get her a new visa. The agent took her money and passport without securing her any papers.

Lucy came to the DOTW clinic when she was 3 months pregnant. She had been too scared to see a GP, but was experiencing abdominal pain. DOTW sent her immediately to A&E, where she was found to be healthy.

After her first antenatal check, she was sent a bill for £329 and returned to DOTW for advice.

Lucy



What fears were likely to have prevented Lucy from registering with a GP ?



Is Lucy required to pay the bill ?



What options were available to the hospital to mitigate the challenges she was facing ?

MARIA



Maria is 39 years old from the Philippines. She has been in the UK for 5 years.



She and her husband fled the Philippines after violence and death threats. They have 2 children who they left in the care of their grandmother. Her house has been set on fire, and there are continuing threats of violence against the children.



Maria and her husband have been denied asylum after two appeals. They have been detained for several months in the past.



While the appeal was in process, they were housed and registered with a GP, so Maria has an NHS number.

Maria



Since their last appeal was rejected, they have been living in fear of further arrest.



Maria came to the clinic when she was 30 weeks pregnant. She wanted to be referred for antenatal care, and to register with a GP, but was unwilling to give her address.



How did we overcome this obstacle , and help Maria manage her future ?

Maria

- The hospital did accept a referral, with Maria classed as homeless.
- Maria was very frightened to attend appointments. At her first scan there was a policeman in the waiting room, and she wanted to leave. She would not let her husband go to the hospital with her. She had nightmares about being chained to the bed while in labour.
- She was signposted to a charity who helped with clothes and equipment for her baby. She was referred to a partner organisation for housing advice.
- She needed a Caesarian delivery, so was given an invoice for several thousand pounds. She was put in contact with another charity for advice on how to manage payment.

Tavish

- Tavish is a 27-year-old man from Sri Lanka, who fled to the UK after having been arrested and tortured because of his involvement with a political group.
- After claiming asylum Tavish was moved to Birmingham. He then managed to get in touch with one of his brothers in London, and has been living with him ever since.
- Tavish's physical and mental health deteriorated as a result of the torture he suffered. He suffers pain in his lower back, has little appetite and has bad dreams every night.
- Tavish tried to register with his brother's local GP, but was refused as his Home Office papers all had the Birmingham address. Tavish was eventually registered and is having regular counselling with Freedom from Torture.
- **1. Is the GP acting in accordance with NHS England guidance?**
- **2. If Tavish were referred to secondary care by his GP, what barriers may he face?**

MIRAN



Miran is a DOTW service user originally from Palestine. He has made two claims for asylum, both of which have been refused. He is working with his lawyer to prepare an appeal, but this has not yet been lodged with the Home Office.



Miran's mental health has been declining as a result of his precarious situation. Last month he was sectioned under the Mental Health Act. Whilst in hospital, a problem was detected with his heart and he was referred to a cardiologist for further care. Miran has received a bill for £3000 from the hospital for his cardiac treatment.

Is Miran required to pay the bill ?
Should he expect a similar bill for the mental health care he received ?

OMAR



- Omar, 17, came to the UK with his family from Somalia for a better life. They have been living as undocumented migrants in London for one year when the GP found a tumour in Omar's shoulder and referred him to hospital for treatment.
- At the hospital the Overseas Manager identifies Omar as an undocumented migrant and refuses treatment unless Omar's family pays in advance. They cannot afford to pay and request to pay in installments is denied. Omar is discharged without treatment.

OMAR



- Following discharge, Omar's GP issued repeat prescriptions for painkillers. Omar came to DOTWs clinic 3 years later in constant pain, dependent on painkillers and with visible wasting of his left arm.
- Was the hospital correct to withhold treatment ?
- What were the options available to
 - a) Omar's GP
 - b) the hospital clinician
 - c) The hospital OVM



ZACHARY

- Zachary, 17, is from Somalia. He has been living undocumented in London since 2007 with his mother and four siblings. Early last year, he started complaining about mild headaches. His GP gave him migraine medication, but the pain persisted to the point that he was rushed to A&E. After a series of tests, doctors found that he was suffering from meningitis.
- After Zachary's recovery, his mother received bills totaling over £555 for her son's treatment. They were told that they had to pay immediately.

Is Zachary's mother required to pay the hospital bill ?

If the bill goes unchallenged, what are the likely consequences for Zachary and his family ?

Why is migrant access to healthcare important?



It is a human right



It is important for Public Health



It is cost-effective



There are barriers for this group
in accessing healthcare

Access to healthcare is a human right

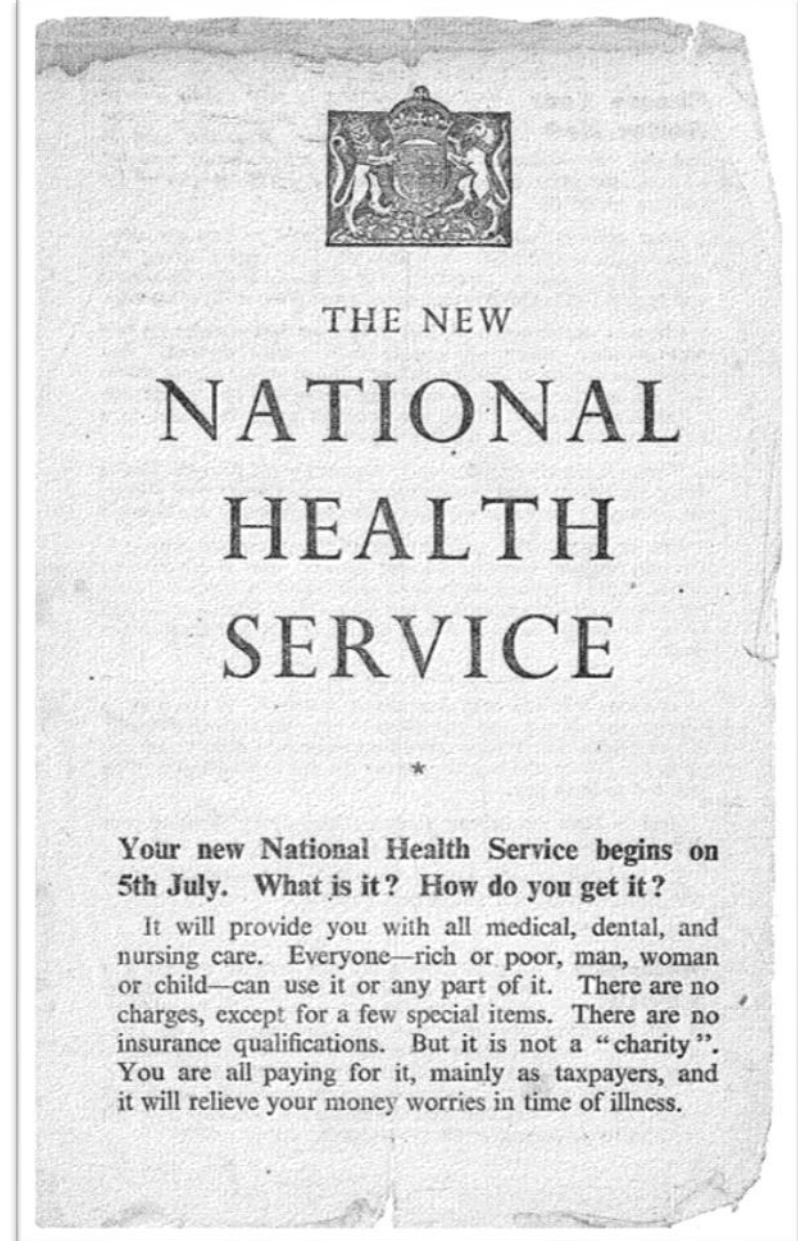
It is a basic human right

- International Covenant on Economic, Social and Cultural Rights.

Medical ethics & NHS principles and values

- NHS treatment “based on clinical need, not ability to pay” (1948).
- NHS value: “everyone counts: make sure nobody is excluded, discriminated against or left behind.”

Sustainable Development Goals



Moved to the UK:

Get up-to-date
with your
vaccinations



Mental Health



Public Health

It is financially efficient



- **Delayed access to treatment & Inappropriate use of services**
 - Early diagnosis and treatment save lives and cut treatment costs
- **Health inequalities cost**
 - In England, the cost of treating illness and disease arising from health inequalities has been estimated at £5.5 billion per year
- **Resource burden of checking & charging patients**
 - Operating an overseas visitors charging system is costly

How much do migrants cost the NHS?



£107 billion

Total NHS England spend 2012-13

£1.95
billion

Estimated cost to the NHS of EEA and non-EEA visitors, temporary migrants, students, British ex-patriots, “deliberate health tourists” and those “taking advantage”

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Independent report

Overseas visitors and migrant use of the NHS: extent and costs

Findings of qualitative and quantitative research into the extent and costs of migrant and overseas visitor use of the NHS.

Published 22 October 2013
From: [Department of Health and Social Care](#)

There are barriers to access healthcare:

Key barriers faced



Lack of ID / proof of address



Fear of arrest / data sharing

Immigration status



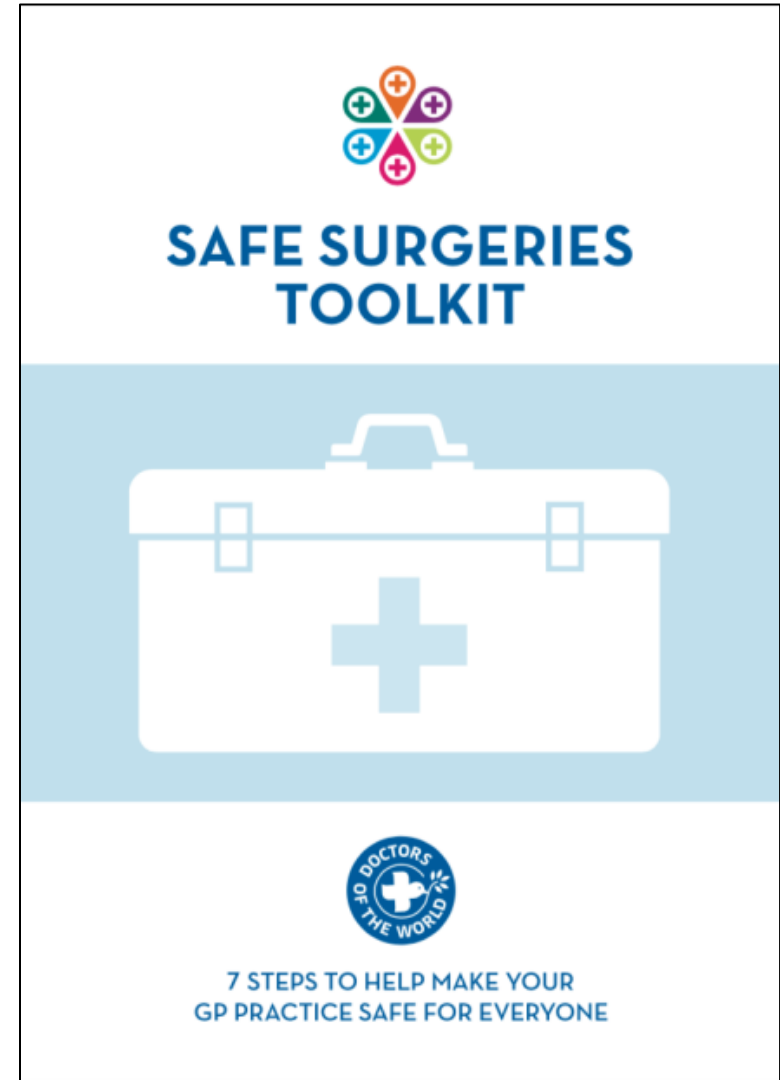
Language barrier





WHAT IS THE SAFE SURGERY QIP?

- ST3 led Quality Improvement Project
- Designed to disseminate the Safe Surgeries Initiative across GP practices
- Aims to improve access to healthcare for migrants in vulnerable circumstances.
- ST3 will assess current practices, implement the Safe Surgeries training, reassess the success of the training and present their findings





WHAT WILL HAPPEN AND WHEN?

Everyone in the practice admin and clinical fill out the knowledge and attitudes questionnaire



1 hour training session for both admin and clinical staff



ST3 observe/interview admin staff to assess current practices over 1-2 weeks.



A new patient registration policy will be implemented in the practice and the practice will join the Safe Surgeries network



3 months re-assessment



Present your findings

[Up for a final Quiz? Use your mobile device to connect](#)





More info: www.bit.ly/safesurgeries

Join Safe Surgeries Network:
www.bit.ly/newsafesurgery

Contact us:
SafeSurgeries@DoctorsOfTheWorld.org.uk


Trust for London
Tackling poverty and inequality

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